

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
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## Results of all Finals and Heats

Ordered by Item types

Performance Scores: ASA\_2016 table, Electronic Time, Height above sea=1400

Item	202 16:05 Final Women U18 100m							-0.5
1	MALNGA,Nosipho, 256	TPC	12.08	8	840	G	AGN AQ	
2	ELLERD,Charlize, 5	AHM	12.18	7	826	S	AGN AQ	
3	VAN WYK,Odette, 221	OVK	12.28	6	812	B	AGN AQ	
4	JONKER,Mariska, 539	ZWK	12.36	5	801		AGN AQ	
5	RAMUKHUBATHI,Rudzani, 335	TUKS	12.39	4	797		AGN AQ	
6	MABUZA,Andile, 314	TUKS	12.40	3	796		AGN AQ	
7	BLIGNAUT,Janie, 151	MEN	12.41	2	794		AGN AQ	
8	VLOK,Kyla, 165	MSC	12.57	1	773		AGN AQ	

Item	149 11:00 Heat 1 of 2 Women U18 100m							+1.1
1	MALNGA,Nosipho, 256	TPC	12.08		840		AGN AQ	
1	RAMUKHUBATHI,Rudzani, 335	TUKS	12.08		840		AGN AQ	
3	VAN WYK,Odette, 221	OVK	12.18		826		AGN AQ	
4	MABUZA,Andile, 314	TUKS	12.29		811		AGN AQ	
5	VLOK,Kyla, 165	MSC	12.30		810		AGN AQ	
6	GERBER,JoanÈ, 7	AHM	12.32		807		AGN AQ	

Item	150 11:00 Heat 2 of 2 Women U18 100m							+2.7
1	ELLERD,Charlize, 5	AHM	11.95		860		Wind	
2	JONKER,Mariska, 539	ZWK	12.16		829		Wind	
3	BLIGNAUT,Janie, 151	MEN	12.36		801		Wind	
4	MMATLI,Tumisho, 258	TPC	12.51		781		Wind	
5	MOTAUNG,SEITHATI, 557	TUKS	12.95		728		Wind	
6	ZIETSMAN,Erin, 534	WHC	13.29		691		Wind	

Item	199 15:45 Final Men U18 100m							-1.1
1	HLOHLOLO,THABANG, 560	TUKS	10.44	8	934	G	AGN AQ	
2	POTGIETER,Eckhart, 23	AHS	10.59	7	895	S	AGN AQ	
3	GRAY, Samuel, 395	TUKS	10.83	6	842	B	AGN AQ	
4	VENTER ,Jaco, 482	TUKS	11.04	5	800			
5	TEMBANI,Azola, 474	TUKS	11.09	4	790			
6	TANDT,Keanu, 536	WHC	11.14	3	780			
7	MOLEFE,Rivaldo, 430	TUKS	11.16	2	776			
0	NKAHLE,RAPPIE, 282	TPC	DNS	0	0			

Item	154 11:10 Heat 1 of 2 Men U18 100m							-1.4
1	HLOHLOLO,THABANG, 560	TUKS	10.58		897		AGN AQ	
2	POTGIETER,Eckhart, 23	AHS	10.61		891		AGN AQ	
3	MOLEFE,Rivaldo, 430	TUKS	11.12		784			
4	TEMBANI,Azola, 474	TUKS	11.20		769			
5	NKAHLE,RAPPIE, 282	TPC	11.20		769			
6	MAMAGASE,Thado H, 93	F&W	11.35		742			
7	NETSHIOMBO,Tshilidzi, 250	STAC	11.40		733			
8	MATHEWS,CONNOR, 568	TUKS	11.80		670			
0	LINDE,Marnus, 232	PHB	DNS		0			

Item	155 11:10 Heat 2 of 2 Men U18 100m							+1.1
1	GRAY, Samuel, 395	TUKS	10.88		831			
2	VENTER ,Jaco, 482	TUKS	11.19		770			
3	TANDT,Keanu, 536	WHC	11.21		767			
3	THANTSA,NEO, 565	TUKS	11.21		767			
5	NKOANA,Jeff M, 94	F&W	11.36		740			
6	PAMLA,Lethabo, 283	TPC	11.49		718			
7	MOGELA,Jose, 243	ROS	12.17		617			
0	JANSE VAN RENSBURG,Carlo, 218	OMH	DNS		0			
0	MABUNDA,Mbhoni, 415	TUKS	DNS		0			

Item	201 15:55 Final Women U20 100m							-0.8
1	XEYI,Rose, 263	TPC	11.92	8	838	G	AGN AQ	
2	KUBHEKA,Phindile, 310	TUKS	12.22	7	796	S	AGN AQ	
3	MOFOMME,Michelle, 572	TUKS	12.26	6	790	B	AGN AQ	

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4	HANEKOM,Natalie, 154	MEN	12.28	5	788		AGN AQ
5	BURGESS,Susan, 83	ELD	12.45	3.5	766		
5	LEGODI,KARABO, 559	TUKS	12.45	3.5	766		
7	JANSEN,Demee, 215	OMH	12.71	2	734		
0	PIETERS,Nikysha, 112	JS	DNS	0	0		

**Item 143 10:50 Heat 1 of 2 Women U20 100m****+0.4**

1	HANEKOM,Natalie, 154	MEN	12.21		797		AGN AQ
1	KUBHEKA,Phindile, 310	TUKS	12.21		797		AGN AQ
3	MOFOMME,Michelle, 572	TUKS	12.25		792		AGN AQ
4	BURGESS,Susan, 83	ELD	12.40		772		
5	SMITH,Eidalene, 121	MAM	12.79		725		
6	VAN DER MERWE,Esmarie, 55	CEN	12.92		710		

**Item 144 10:50 Heat 2 of 2 Women U20 100m****+0.6**

1	XEYI,Rose, 263	TPC	11.76		863		AGN AQ
2	LEGODI,KARABO, 559	TUKS	12.29		786		AGN AQ
3	JANSEN,Demee, 215	OMH	12.50		760		
4	PIETERS,Nikysha, 112	JS	12.51		758		
5	JANSE VAN RENSBURG,Marionet, 307	TUKS	12.54		755		

**Item 198 15:40 Final Men U20 100m**

1	MASWNGANYI,Phatutshedzo, 248	STAC	10.25	8	946	G	AGN AQ
2	MOHAMED,Mikaa-il, 428	TUKS	10.38	7	910	S	AGN AQ
3	MIYA,Sifiso, 272	TPC	10.54	6	871	B	AGN AQ
4	NGOVENI,Sammy, 442	TUKS	10.77	5	822		AGN AQ
5	VAN WYK,Edwin, 481	TUKS	10.90	4	796		
6	KUNZ,Pieter, 116	JS	11.24	3	733		
7	DEAN,Tristan, 227	PHB	11.29	2	725		
0	JOUBERT,Matthew, 404	TUKS	DNS	0	0		

**Item 13 13:33 Final Men U20 100m Decathlon****Item 136 10:25 Heat 1 of 4 Men U20 100m**

1	NGOVENI,Sammy, 442	TUKS	10.64		850		AGN AQ
2	DEAN,Tristan, 227	PHB	10.70		836		AGN AQ
3	MAZIBUKO,Xolan Tristine, 423	TUKS	11.04		769		
4	MOHALE,Katlego, 39	AKA	11.12		755		
5	NTSHABELENG,Kgomotso, 128	MAM	11.15		750		
0	MTHIMUNYE,David, 435	TUKS	DNS		0		
0	JOOD,ASHWIN, 571	TUKS	DNS		0		

**Item 137 10:25 Heat 2 of 4 Men U20 100m**

1	MASWNGANYI,Phatutshedzo, 248	STAC	10.56		866		AGN AQ
2	LEMAO,TSHENOLO, 136	MAS	10.78		820		AGN AQ
3	NGCOBO,Simphiwe, 441	TUKS	11.17		746		
0	WYLBACHT,Wendell, 64	CEN	DNS		0		
0	PELEGWO,Mopho, 448	TUKS	DNS		0		
0	PELOEOWE,Mpho, 449	TUKS	DNS		0		

**Item 138 10:25 Heat 3 of 4 Men U20 100m****+1.1**

1	MOHAMED,Mikaa-il, 428	TUKS	10.53		873		AGN AQ
2	MIYA,Sifiso, 272	TPC	10.57		864		AGN AQ
3	HLOHLOLO,THABANG, 560	TUKS	10.58		862		AGN AQ
4	JOUBERT,Matthew, 404	TUKS	10.98		780		
5	KUNZ,Pieter, 116	JS	11.17		746		
6	THANTSA,NEO, 565	TUKS	11.21		738		
7	SESANA,Boitumelo, 147	MAS	11.25		731		

**Item 139 10:25 Heat 4 of 4 Men U20 100m****-1.5**

1	VAN WYK,Edwin, 481	TUKS	11.05		767		
2	NDLELA,Jordan, 440	TUKS	11.75		651		
3	VAN DER WALT,Jacobus Stefnus, 130	MAM	12.18		591		
0	NGOBENI,Khongelo, 41	AKA	DNS		0		
0	DIAS,Jayden, 222	OVK	DNS		0		

**Item 170 13:10 Semi Final 1 of 2 Men U20 100m****+0.5**

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	MOHAMED,Mikaa-il, 428	TUKS	10.51		877		AGN AQ
2	NGOVENI,Sammy, 442	TUKS	10.85		806		
3	DEAN,Tristan, 227	PHB	10.88		800		
4	JOUBERT,Matthew, 404	TUKS	10.90		796		
<b>Item 171 13:10 Semi Final 2 of 2 Men U20 100m</b>					<b>+0.3</b>		
1	MASWNGANYI,Phatutshedzo, 248	STAC	10.50		880		AGN AQ
2	MIYA,Sifiso, 272	TPC	10.51		877		AGN AQ
3	VAN WYK,Edwin, 481	TUKS	10.90		796		
4	KUNZ,Pieter, 116	JS	11.19		742		
5	VAN DER WALT,Jacobus Stefnus, 130	MAM	12.19		590		
<b>Item 200 15:50 Final Women Senior 100m</b>					<b>-1.7</b>		
1	MAMATU,Tebogo, 318	TUKS	11.51	8	0	G	AGN AQ
2	JONES,Cherese (s), 308	TUKS	11.95	7	0	S	AGN AQ
3	MOLOI,REABETSOE, 563	MAS	12.03	6	0	B	
4	NEL,Valeska, 325	TUKS	12.22	5	0		
5	TSHEMESE,BOIPELO, 566	TUKS	12.61	4	0		
6	ROBERTSON,Nikita, 339	TUKS	12.77	3	0		
7	VORSTER,Tashalie, 191	MOOT	13.39	2	0		
0	DU TOIT,Danielle, 297	TUKS	DNS	0	0		
<b>Item 141 10:40 Heat 1 of 2 Women Senior 100m</b>					<b>+0.0</b>		
1	MAMATU,Tebogo, 318	TUKS	11.44		0		AGN AQ
2	NEL,Valeska, 325	TUKS	12.19		0		
3	TSHEMESE,BOIPELO, 566	TUKS	12.66		0		
4	KHUMALO,Phumi, 309	TUKS	13.47		0		
5	DLAMINI,Nonkululeko, 487	TUT	15.69		0		
0	MATLOU,Lynette, 170	MMA	DNS		0		
0	STEENKAMP,Rikenette, 349	TUKS	DNS		0		
<b>Item 142 10:40 Heat 2 of 2 Women Senior 100m</b>					<b>+1.7</b>		
1	JONES,Cherese (s), 308	TUKS	11.84		0		AGN AQ
2	MOLOI,REABETSOE, 563	MAS	11.86		0		AGN AQ
3	DU TOIT,Danielle, 297	TUKS	12.49		0		
4	ROBERTSON,Nikita, 339	TUKS	12.53		0		
5	VORSTER,Tashalie, 191	MOOT	13.23		0		
6	BRADLEY,Lynn, 292	TUKS	14.26		0		
<b>Item 197 15:35 Final Men Senior 100m</b>					<b>-0.3</b>		
1	ERASMUS,Emile, 26	AGNI	10.46	8	0	G	AGN AQ
2	SEPOTOKELE,Lethogonolo, 520	TUT	10.52	7	0	S	AGN AQ
3	MICHAU,Keenan, 425	TUKS	10.56	6	0	B	
4	MAJA,Deneshe, 500	TUT	10.63	5	0		
5	DUKE,Kuali, 178	MONT	10.64	4	0		
6	UNGERE,Walter, 479	TUKS	10.73	3	0		
7	DINGISWAYO,Silusapho, 386	TUKS	10.95	2	0		
0	ROTO,Thando, 459	TUKS	DNS	0	0		
<b>Item 14 13:33 Final Men Senior 100m Decathlon</b>							
1	FALLERT,Khuco, 388	TUKS	11.19		819		
2	MCGLADDERY,DUNCAN (1),	TUKS	11.31		793		
3	MATSEKANE,Katlego, 139	MAS	11.64		723		
<b>Item 129 10:10 Heat 1 of 4 Men Senior 100m</b>					<b>+1.5</b>		
1	ROTO,Thando, 459	TUKS	10.53		0		AGN AQ
2	DUKE,Kuali, 178	MONT	10.62		0		
2	SEPOTOKELE,Lethogonolo, 520	TUT	10.62		0		
4	MABENA,Willy, 117	JS	10.67		0		
5	ALFONSO,Brendon, 369	TUKS	11.42		0		
6	MARAKALLA,Kenneth, 126	MAM	12.29		0		
0	MOSAMEDI,MPHO, 561	IKH	DNS		0		
0	MUDIMELI,Fhatuwani, 510	TUT	DNS		0		
<b>Item 130 10:10 Heat 2 of 4 Men Senior 100m</b>					<b>+1.2</b>		
1	MICHAU,Keenan, 425	TUKS	10.55		0		=AGN AQ
2	DE BRUIN,Darren, 114	JS	10.98		0		

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
3	ABRAHAMS,Sylverster, 122	MAM	11.09		0		
4	ZAKWE,Bongani, 521	TUT	11.11		0		
5	DIPHULO,Mmuso, 495	TUT	11.97		0		
6	MATLOU,Lynette, 170	MMA	12.54		0		
0	SEAKAMELA,Thabiso, 463	TUKS	DNS		0		
<b>Item 131 10:10 Heat 3 of 4 Men Senior 100m</b>					<b>-0.3</b>		
1	MAJA,Deneshe, 500	TUT	10.78		0		
2	DINGISWAYO,Silusapho, 386	TUKS	10.79		0		
3	FREITAS, Michael Alvies, 391	TUKS	10.96		0		
4	MOSOATHLE,Sakhile, 127	MAM	11.17		0		
5	KHOZA,Amukelani, 124	MAM	11.94		0		
6	MOSAMEDI,Mpho, 28	AGNI	12.68		0		
0	ZEELIE,Jp, 484	TUKS	DNS		0		
<b>Item 132 10:10 Heat 4 of 4 Men Senior 100m</b>					<b>+0.8</b>		
1	ERASMUS,Emile, 26	AGNI	10.56		0		
2	UNGERE,Walter, 479	TUKS	10.77		0		
3	MWIMBA,Olivier Sefu, 511	TUT	10.95		0		
4	NYATHI,Siyabonga, 515	TUT	10.99		0		
5	MAAGA,Lebogang, 125	MAM	11.15		0		
6	DUMEZWENI,THEMBA, 558	JS	11.28		0		
7	SEAMKAMELE,Thabiso, 464	TUKS	11.38		0		
0	KUALI,Duke, 181	MONT	DNS		0		
<b>Item 163 13:00 Semi Final 1 of 2 Men Senior 100m</b>					<b>+1.6</b>		
1	ROTO,Thando, 459	TUKS	10.27		0		AGN AQ
2	ERASMUS,Emile, 26	AGNI	10.32		0		AGN AQ
3	DUKE,Kuali, 178	MONT	10.49		0		AGN AQ
4	UNGERE,Walter, 479	TUKS	10.67		0		
5	MABENA,Willy, 117	JS	10.71		0		
6	FREITAS, Michael Alvies, 391	TUKS	10.90		0		
7	DE BRUIN,Darren, 114	JS	11.04		0		
8	ZAKWE,Bongani, 521	TUT	11.08		0		
<b>Item 164 13:00 Semi Final 2 of 2 Men Senior 100m</b>					<b>+1.0</b>		
1	SEPOTOKELE,Letlhogonolo, 520	TUT	10.51		0		AGN AQ
2	MICHAU,Keenan, 425	TUKS	10.54		0		AGN AQ
3	MAJA,Deneshe, 500	TUT	10.60		0		
4	DINGISWAYO,Silusapho, 386	TUKS	10.62		0		
5	MWIMBA,Olivier Sefu, 511	TUT	11.06		0		
6	ABRAHAMS,Sylverster, 122	MAM	11.46		0		
<b>Item 86 20:10 Final Women U18 200m</b>					<b>-0.7</b>		
1	BLIGNAUT,Janie, 151	MEN	24.94	8	844	G	AGN AQ
2	COMPAAN,Mila, 69	ECA	25.04	7	837	S	AGN AQ
3	VAN WYK,Odette, 221	OVK	25.08	6	835	B	
4	SHABANGU,Banele, 261	TPC	25.26	4.5	823		
4	VLOK,Kyla, 165	MSC	25.26	4.5	823		
6	MABUZA,Andile, 314	TUKS	25.51	3	808		
7	DUBE,Simamkele, 299	TUKS	26.21	2	768		
8	BRAZER,AmorÈ, 29	AKA	26.87	1	733		
<b>Item 87 20:15 Final Women U18 200m Heptathlon</b>							
<b>Item 44 15:35 Heat 1 of 2 Women U18 200m</b>							
1	COMPAAN,Mila, 69	ECA	25.01		839		AGN AQ
2	VAN WYK,Odette, 221	OVK	25.29		821		
3	VLOK,Kyla, 165	MSC	25.32		820		
4	MABUZA,Andile, 314	TUKS	25.70		797		
5	BRAZER,AmorÈ, 29	AKA	26.41		757		
0	MALNGA,Nosipho, 256	TPC	DNS		0		
<b>Item 45 15:35 Heat 2 of 2 Women U18 200m</b>							
1	SHABANGU,Banele, 261	TPC	24.84		850		AGN AQ
2	BLIGNAUT,Janie, 151	MEN	25.51		808		

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
3	DUBE,Simamkele, 299	TUKS	26.24		766		
4	MOTAUNG,SEITHATI, 557	TUKS	26.47		754		
5	ZIETSMAN,Erin, 534	WHC	28.60		652		
0	LOUW,Jeanette, 541	ZWK	DNS: .		0		
<b>Item 83 19:50 Final Men U18 200m</b>					<b>-0.4</b>		
1	DAMBILE,Sinesipho, 379	TUKS	20.43	8	1018	G	AGN AQ
2	JOHNSON,Elviano, 403	TUKS	20.99	7	930	S	AGN AQ
3	POTGIETER,Eckhart, 23	AHS	21.03	6	925	B	AGN AQ
4	GRAY, Samuel, 395	TUKS	21.75	5	850		AGN AQ
5	MABUNDA,Mbhoni, 415	TUKS	22.05	4	821		=AGN AQ
6	VENTER ,Jaco, 482	TUKS	22.07	3	820		
7	NKAHLE,RAPPIE, 282	TPC	22.14	2	813		
8	TANDT,Keanu, 536	WHC	22.26	1	803		
<b>Item 37 15:15 Heat 1 of 3 Men U18 200m</b>							
1	DAMBILE,Sinesipho, 379	TUKS	20.32		1038		AGN AQ
2	TANDT,Keanu, 536	WHC	22.15		813		
3	MOLEFE,Rivaldo, 430	TUKS	22.59		776		
4	REHLAMFU,Musa, 570	MAM	23.21		727		
5	MOTAUNG,SEITHATHI,	TUKS	23.71		691		
0	SAM,Khanya, 285	TPC	DNS: .		0		
<b>Item 38 15:15 Heat 2 of 3 Men U18 200m</b>							
1	JOHNSON,Elviano, 403	TUKS	20.67		975		AGN AQ
2	MABUNDA,Mbhoni, 415	TUKS	22.12		815		
3	MAXAMBELA,Ntsika, 421	TUKS	22.74		764		
4	NKOANA,Jeff M, 94	F&W	23.23		725		
5	VAN BILJON,Baren, 199	MOOT	23.28		722		
0	MOGELA,Jose, 243	ROS	DNS: .		0		
<b>Item 39 15:15 Heat 3 of 3 Men U18 200m</b>							
1	POTGIETER,Eckhart, 23	AHS	20.94		936		AGN AQ
2	GRAY, Samuel, 395	TUKS	21.67		857		AGN AQ
3	NKAHLE,RAPPIE, 282	TPC	21.83		842		AGN AQ
4	VENTER ,Jaco, 482	TUKS	21.96		830		AGN AQ
5	MAMAGASE,Thado H, 93	F&W	22.25		804		
0	NEL,Marthinus, 535	WHC	DNR: .		0		
<b>Item 85 20:00 Final Women U20 200m</b>					<b>-0.8</b>		
1	VAN DER MERWE,Antoinette, 85	ELD	24.10	8	877	G	AGN AQ
2	MOFOMME,Michelle, 572	TUKS	24.69	7	837	S	AGN AQ
3	BURGESS,Susan, 83	ELD	24.85	6	827	B	AGN AQ
4	HANEKOM,Natalie, 154	MEN	25.01	5	816		AGN AQ
5	KELLERMAN,SIMONE, 405	TUKS	25.29	4	800		
6	PIETERS,Nikysha, 112	JS	25.69	3	776		
7	JANSEN,Demee, 215	OMH	25.96	2	761		
0	VAN NIEKERK,Sancha, 359	TUKS	DNS: .	0	0		
<b>Item 88 20:20 Final Women U20 200m Heptathlon</b>					<b>-0.6</b>		
1	THERON,Liezel, 529	WTK	25.69		824		
<b>Item 40 15:25 Heat 1 of 2 Women U20 200m</b>							
1	VAN DER MERWE,Antoinette, 85	ELD	24.21		869		AGN AQ
2	MOFOMME,Michelle, 572	TUKS	24.70		836		AGN AQ
3	KELLERMAN,SIMONE, 405	TUKS	24.99		818		AGN AQ
4	HANEKOM,Natalie, 154	MEN	25.04		815		AGN AQ
5	JANSEN,Demee, 215	OMH	25.62		780		
6	VAN DER MERWE,Esmarie, 55	CEN	26.48		733		
0	BRONT-MEEK,Monique, 110	JS	DNS: .		0		
0	KUBHEKA,Phindile, 310	TUKS	DNS: .		0		
<b>Item 41 15:25 Heat 2 of 2 Women U20 200m</b>							
1	BURGESS,Susan, 83	ELD	24.99		818		AGN AQ
2	PIETERS,Nikysha, 112	JS	25.43		791		
3	VAN NIEKERK,Sancha, 359	TUKS	25.92		763		
4	SMITH,Eidalene, 121	MAM	26.44		735		

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
5	JANSE VAN RENSBURG, Martonet, 307	TUKS	26.77		719		
0	VENTER, Jeanette, 158	MEN	DNS: NOT ARRIVED		0		
<b>Item 82 19:45 Final Men U20 200m</b>					<b>-0.5</b>		
1	MASWNGANYI, Phatutshedzo, 248	STAC	20.81	8	915	G	AGN AQ
2	JOUBERT, Matthew, 404	TUKS	21.71	7	824	S	AGN AQ
3	DEAN, Tristan, 227	PHB	22.04	6	795	B	
4	KUNZ, Pieter, 116	JS	22.16	5	785		
5	DIAS, Jayden, 222	OVK	22.30	4	773		
6	MTHIMUNYE, David, 435	TUKS	22.57	3	751		
0	LEMAO, TSHENOLO, 136	MAS	Disq: .	0	0		
0	NGCOBO, Simphiwe, 441	TUKS	DNS: .	0	0		
<b>Item 27 15:00 Heat 1 of 3 Men U20 200m</b>							
1	JOUBERT, Matthew, 404	TUKS	22.10		790		
2	DEAN, Tristan, 227	PHB	22.43		762		
3	SESANA, Boitumelo, 147	MAS	23.20		704		
4	NDLELA, Jordan, 440	TUKS	23.78		664		
0	MOHALE, Katlego, 39	AKA	DNS: not arrived		0		
0	VICTOR, Willem, 119	JS	DNS: not arrived		0		
<b>Item 28 15:00 Heat 2 of 3 Men U20 200m</b>							
1	MASWNGANYI, Phatutshedzo, 248	STAC	21.38		856		AGN AQ
2	MTHIMUNYE, David, 435	TUKS	23.01		717		
3	LEMAO, TSHENOLO, 136	MAS	23.06		714		
0	NTSHABELENG, Kgomotso, 128	MAM	DNS: .		0		
0	WYLBACHT, Wendell, 64	CEN	DNS: .		0		
<b>Item 29 15:00 Heat 3 of 3 Men U20 200m</b>							
1	KUNZ, Pieter, 116	JS	22.17		784		
2	DIAS, Jayden, 222	OVK	22.38		766		
3	NGCOBO, Simphiwe, 441	TUKS	22.79		734		
4	MTHIMKULU, Simphiwe, 280	TPC	23.13		709		
5	VAN DER WALT, Jacobus Stefnus, 130	MAM	23.97		652		
<b>Item 84 19:55 Final Women Senior 200m</b>					<b>-0.7</b>		
1	NEL, Wenda, 327	TUKS	24.57	8	0	G	
2	NEL, Benee, 326	TUKS	24.72	7	0	S	
3	THEMESE, BOIPELO, 566	TUKS	25.15	6	0	B	
4	NEL, Valeska, 325	TUKS	25.24	5	0		
5	DU TOIT, Danielle, 297	TUKS	25.32	4	0		
6	MEYER, Soandri, 319	TUKS	25.46	3	0		
7	ROBERTSON, Nikita, 339	TUKS	25.50	2	0		
8	VAN DYK, Mariska, 358	TUKS	25.73	1	0		
<b>Item 89 20:25 Final Women Senior 200m Heptathlon</b>							
1	VERSTER, Shannon, 363	TUKS	27.51		670		
2	MULLER, Kyla, 323	TUKS	29.68		505		
<b>Item 42 15:25 Heat 1 of 2 Women Senior 200m</b>							
1	THEMESE, BOIPELO, 566	TUKS	25.08		0		
2	NEL, Valeska, 325	TUKS	25.26		0		
3	MEYER, Soandri, 319	TUKS	25.36		0		
4	VAN DYK, Mariska, 358	TUKS	25.82		0		
5	BRADLEY, Lynn, 292	TUKS	30.05		0		
0	MATLOU, Lynette, 170	MMA	DNS: .		0		
<b>Item 43 15:25 Heat 2 of 2 Women Senior 200m</b>							
1	NEL, Wenda, 327	TUKS	24.27		0		AGN AQ
2	NEL, Benee, 326	TUKS	24.69		0		
3	DU TOIT, Danielle, 297	TUKS	25.04		0		
4	ROBERTSON, Nikita, 339	TUKS	25.47		0		
5	KHUMALO, Phumi, 309	TUKS	27.49		0		
<b>Item 81 19:40 Final Men Senior 200m</b>					<b>-0.7</b>		
1	MAKUSHA, Ngoni, 537	ZIM	20.84	8	0	G	AGN AQ
2	MABENA, Willy, 117	JS	21.21	7	0	S	
3	DINGISWAYO, Silusapho, 386	TUKS	21.26	6	0	B	

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4	MAJA,Deneshe, 500	TUT	21.47	5	0		
5	DUKE,Kuali, 178	MONT	21.60	4	0		
6	ZAKWE,Bongani, 521	TUT	22.38	3	0		
7	MAAGA,Lebogang, 125	MAM	24.92	2	0		
0	ABRAHAMS,Sylverster, 122	MAM	DNS: .	0	0		
<b>Item 21 14:35 Heat 1 of 4 Men Senior 200m</b>							
1	DUKE,Kuali, 178	MONT	21.63		0		
2	MAAGA,Lebogang, 125	MAM	22.93		0		
3	SEBODI,Esrom, 96	FWA	23.81		0		
4	FREITAS, Michael Alvies, 391	TUKS	23.99		0		
5	DIPHULO,Mmuso, 495	TUT	24.29		0		
6	MOSAMEDI,Mpho, 28	AGNI	25.49		0		
7	DAVIES,Connor, 380	TUKS	26.46		0		
<b>Item 22 14:35 Heat 2 of 4 Men Senior 200m</b>							
1	MABENA,Willy, 117	JS	21.57		0		
2	DINGISWAYO,Silusapho, 386	TUKS	21.66		0		
3	ABRAHAMS,Sylverster, 122	MAM	22.89		0		
4	ALFONSO,Brendon, 369	TUKS	23.14		0		
5	KUALI,Duke, 181	MONT	27.66		0		
0	SEPOTOKELE,Letlhogonolo, 520	TUT	DNS: Not arrived		0		
0	SEAKAMELA,Thabiso, 463	TUKS	DNS: not arrived		0		
<b>Item 23 14:35 Heat 3 of 4 Men Senior 200m</b>							
1	MAKUSHA,Ngoni, 537	ZIM	21.00		0		AGN AQ
2	MAJA,Deneshe, 500	TUT	21.63		0		
3	MOSOATHLE,Sakhile, 127	MAM	22.41		0		
4	TSHEMESE,BOIPELO,	TUKS	22.54		0		
5	SEAMKAMELE,Thabiso, 464	TUKS	23.46		0		
6	KHOZA,Amukelani, 124	MAM	23.90		0		
7	MAMPANE,Moses, 501	TUT	26.88		0		
<b>Item 24 14:35 Heat 4 of 4 Men Senior 200m</b>							
1	ZAKWE,Bongani, 521	TUT	22.75		0		
2	ZEELIE,JP, 484	TUKS	23.00		0		
3	ERASMUS,Emile, 26	AGNI	23.09		0		
4	MARAKALLA,Kenneth, 126	MAM	24.97		0		
0	UKONA,Khuzwayo, 149	MAS	DNS: not arrived		0		
0	SEHOGODI,Esrom, 95	F&W	DNS: not arrived		0		
0	LUBBE,Christian, 414	TUKS	DNS: not arrived		0		
<b>Item 56 17:00 Semi Final 1 of 2 Men Senior 200m</b>							
					<b>+1.2</b>		
1	MAKUSHA,Ngoni, 537	ZIM	20.49		0		AGN AQ
2	DINGISWAYO,Silusapho, 386	TUKS	20.99		0		AGN AQ
3	DUKE,Kuali, 178	MONT	21.16		0		
4	ERASMUS,Emile, 26	AGNI	23.04		0		
5	MOSOATHLE,Sakhile, 127	MAM	23.25		0		
6	SEAMKAMELE,Thabiso, 464	TUKS	23.47		0		
<b>Item 57 17:00 Semi Final 2 of 2 Men Senior 200m</b>							
1	MABENA,Willy, 117	JS	21.17		0		
2	MAJA,Deneshe, 500	TUT	21.42		0		
3	ZAKWE,Bongani, 521	TUT	21.96		0		
4	MAAGA,Lebogang, 125	MAM	22.41		0		
5	ABRAHAMS,Sylverster, 122	MAM	22.65		0		
6	ALFONSO,Brendon, 369	TUKS	22.86		0		
<b>Item 191 14:35 Final Women U18 400m</b>							
1	STRIJDOM,Angelique, 15	AHM	0:57.12	8	844	G	AGN AQ
2	SWART,Charne, 156	MEN	0:58.36	7	814	S	
3	VISSER,Michelle, 367	TUKS	0:59.28	6	793	B	
4	DUBE,Simamkele, 299	TUKS	0:59.78	5	782		
5	BRAZER,AmorÈ, 29	AKA	0:59.99	4	777		
0	VERMAAK,Shani, 17	AHM	DNS	0	0		
0	KRUGER,Izelle, 201	MRB	DNS	0	0		

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0	SHONGWE,Wendy, 346	TUKS	DNS	0	0		
<b>Item 114 08:55 Heat 1 of 2 Women U18 400m</b>							
1	SWART,Charne, 156	MEN	1:05.00		680		
1	VERMAAK,Shani, 17	AHM	1:05.00		680		
1	KRUGER,Izelle, 201	MRB	1:05.00		680		
1	SHONGWE,Wendy, 346	TUKS	1:05.00		680		
<b>Item 115 08:55 Heat 2 of 2 Women U18 400m</b>							
1	STRIJDOM,Angelique, 15	AHM	1:05.00		680		
1	BRAZER,AmorÈ, 29	AKA	1:05.00		680		
1	VISSER,Michelle, 367	TUKS	1:05.00		680		
1	DUBE,Simamkele, 299	TUKS	1:05.00		680		
<b>Item 185 14:20 Final Men U18 400m</b>							
1	MAHLANGU,Ntando, 137	MAS	0:45.71	8	953	G	AGN AQ
2	NORTJIE,Antonie, 445	TUKS	0:47.65	7	867	S	AGN AQ
3	MADONSELA,Karabo, 417	TUKS	0:48.32	6	840	B	AGN AQ
4	NKAHLE,RAPPIE, 282	TPC	0:48.65	5	828		AGN AQ
5	MQCINA,Bongani, 434	TUKS	0:50.82	4	753		
6	REHLAMFU,Musa, 570	MAM	0:51.27	3	739		
<b>Item 110 08:35 Heat 1 of 2 Men U18 400m</b>							
1	MAHLANGU,Ntando, 137	MAS	0:48.34		840		AGN AQ
2	MADONSELA,Karabo, 417	TUKS	0:49.57		795		AGN AQ
3	MQCINA,Bongani, 434	TUKS	0:51.15		743		
4	GREEF,Ruben, 197	MOOT	0:52.44		704		
5	DAMOS,Kutlwane, 34	AKA	0:53.25		682		
6	RATLHAGANA,Alexander, 245	ROS	0:56.28		605		
0	GREEF,Martin, 196	MOOT	DNS		0		
<b>Item 111 08:35 Heat 2 of 2 Men U18 400m</b>							
1	NKAHLE,RAPPIE, 282	TPC	0:49.42		800		AGN AQ
2	NORTJIE,Antonie, 445	TUKS	0:50.53		763		
3	REHLAMFU,Musa, 570	MAM	0:51.93		719		
4	VAN BILJON,Baren, 199	MOOT	0:53.65		671		
5	MLINDAZO,Aphiwe, 426	TUKS	0:53.74		669		
6	NEL,Marthinus, 535	WHC	0:55.04		635		
<b>Item 190 14:30 Final Women U20 400m</b>							
1	VELDTMAN,Mathabo, 362	TUKS	0:56.62	8	837	G	AGN AQ
2	VAN NIEKERK,Sancha, 359	TUKS	0:57.01	7	827	S	AGN AQ
3	VAN DER MERWE,Jana, 54	CEN	0:58.65	6	788	B	
0	VENTER,Jeanette, 158	MEN	DNS	0	0		
0	KOTZE,Charmarie, 8	AHM	DNS	0	0		
0	VAN DER WALT,Zeney, 356	TUKS	DNS	0	0		
<b>Item 184 14:15 Final Men U20 400m</b>							
1	DE JONGH,Ruan, 382	TUKS	0:47.13	8	860	G	AGN AQ
2	GOUWS,Joshua, 195	MOOT	0:47.27	7	855	S	AGN AQ
3	NHLAPHO,Sbusiso, 443	TUKS	0:48.68	6	802	B	AGN AQ
4	KHOZA,Amos, 265	TPC	0:49.04	5	789		
5	MTHIMKULU,Simphiwe, 280	TPC	0:49.78	4	764		
6	SEGATLHE,Rorisang, 466	TUKS	0:49.94	3	759		
7	FAKUDE,Donell, 35	AKA	0:49.97	2	758		
8	SMIT,Ivan, 104	GRF	0:50.22	1	750		
<b>Item 90 20:30 Final Men U20 400m Decathlon</b>							
<b>Item 107 08:25 Heat 1 of 2 Men U20 400m</b>							
1	GOUWS,Joshua, 195	MOOT	0:47.98		827		AGN AQ
2	DE JONGH,Ruan, 382	TUKS	0:48.33		814		AGN AQ
3	SEGATLHE,Rorisang, 466	TUKS	0:49.27		781		
4	MTHIMKULU,Simphiwe, 280	TPC	0:50.05		755		
5	NHLAPHO,Sbusiso, 443	TUKS	0:50.14		752		
0	NGOBENI,Khongelo, 41	AKA	DNS		0		
<b>Item 108 08:25 Heat 2 of 2 Men U20 400m</b>							



## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	KHOZA,Amos, 265	TPC	0:49.52		773		
2	SMIT,Ivan, 104	GRF	0:49.86		762		
3	FAKUDE,Donell, 35	AKA	0:50.07		755		
4	MOTLOGELOA,Tshiamo, 249	STAC	0:51.06		724		
5	BEZUIDENHOUT,Gerhardus, 372	TUKS	0:51.09		723		
6	RAMOLORSI/ SEEMA,Moalosi, 455	TUKS	0:52.16		691		
0	MOKOENA,Tebogo David, 506	TUT	DNS		0		

**Item 186 14:25 Final Women Senior 400m**

1	NEL,Wenda, 327	TUKS	0:54.37	8	0	G	AGN AQ
2	BEELDT,Taylon, 290	TUKS	0:54.90	7	0	S	AGN AQ
3	LEEVENINK,Chanel, 311	TUKS	0:57.16	6	0	B	
4	VAN DYK,Mariska, 358	TUKS	0:59.14	5	0		
5	RHEEDER,Tania, 247	SAS	1:00.88	4	0		

**Item 112 08:50 Heat 1 of 2 Women Senior 400m**

1	LEEVENINK,Chanel, 311	TUKS	1:05.00		0		
1	NEL,Wenda, 327	TUKS	1:05.00		0		

**Item 113 08:50 Heat 2 of 2 Women Senior 400m**

1	RHEEDER,Tania, 247	SAS	1:05.00		0		
1	VAN DYK,Mariska, 358	TUKS	1:05.00		0		
1	BEELDT,Taylon, 290	TUKS	1:05.00		0		

**Item 183 14:10 Final Men Senior 400m**

1	HLUNGWANI,ASHLEY, 134	MAS	0:46.92	8	0	G	AGN AQ
2	BARNES,Andrew, 370	TUKS	0:47.28	7	0	S	AGN AQ
3	MADIMA,Themba, 72	ECA	0:47.36	6	0	B	AGN AQ
4	UKONA,Khuzwayo, 149	MAS	0:47.57	5	0		AGN AQ
5	NCAMANE,Jabolane, 74	ECA	0:48.62	4	0		
6	DIKGALE,Ranti, 71	ECA	0:50.42	3	0		

**Item 91 20:35 Final Men Senior 400m Decathlon**

1	MCGLADDERY,DUNCAN (1),	TUKS	0:49.60		833		
2	FALLERT,Khuco, 388	TUKS	0:50.50		792		
3	MCGLADDERY,DUNCAN, 564	TUKS	0:51.80		0	B	
4	MATSEKANE,Katlego, 139	MAS	0:52.20		716		
0	AL-MANNAI,Mohammed, 237	QUA	DNS: .		0		

**Item 103 08:15 Heat 1 of 4 Men Senior 400m**

1	MUDIMELI,Fhatuwani, 510	TUT	0:47.95		0		
2	BARNES,Andrew, 370	TUKS	0:48.42		0		
3	LESEGO,Motlatla, 499	TUT	0:48.74		0		

**Item 104 08:15 Heat 2 of 4 Men Senior 400m**

1	HLUNGWANI,ASHLEY, 134	MAS	0:46.76		0		AGN AQ
2	MADIMA,Themba, 72	ECA	0:48.41		0		
3	SEELIGER,Jon, 465	TUKS	0:49.74		0		
4	RUTHVEN,Marco, 76	ECA	0:50.92		0		
5	NGCEBO,Phungulo, 513	TUT	0:52.14		0		

**Item 105 08:15 Heat 3 of 4 Men Senior 400m**

1	DIKGALE,Ranti, 71	ECA	0:46.68		0		AGN AQ
2	MOGAWANE,Kefiloe, 183	MONT	0:47.62		0		AGN AQ
3	UKONA,Khuzwayo, 149	MAS	0:48.24		0		
4	SEBOGODI,Esrom, 96	FWA	0:52.02		0		
5	PETERSON,Happiness, 516	TUT	0:53.14		0		
0	BRONS,Justin, 376	TUKS	DNS		0		
0	BORNMAN,Marcus, 576	TUKS	DNS		0		

**Item 106 08:15 Heat 4 of 4 Men Senior 400m**

1	NCAMANE,Jabolane, 74	ECA	0:48.99		0		
2	MOODIE,Thomas, 431	TUKS	0:50.11		0		
3	WIID,Fourie, 533	WIL	0:51.29		0		
4	DE VILLIERS,Derrick, 383	TUKS	0:51.62		0		
5	DAVIES,Connor, 380	TUKS	0:57.46		0		
0	LANGA,Miclas, 89	ENT	DNS		0		

**Item 156 12:00 Semi Final 1 of 2 Men Senior 400m**

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	SEELIGER,Jon, 465	TUKS	0:46.52		0		AGN AQ
2	DIKGALE,Ranti, 71	ECA	0:46.78		0		AGN AQ
3	UKONA,Khuzwayo, 149	MAS	0:47.17		0		AGN AQ
4	MUDIMELI,Fhatuwani, 510	TUT	0:47.63		0		AGN AQ
5	MADIMA,Themba, 72	ECA	0:47.64		0		AGN AQ
6	RUTHVEN,Marco, 76	ECA	0:50.26		0		
7	MOODIE,Thomas, 431	TUKS	0:51.24		0		
8	SEBOGODI,Esrom, 96	FWA	0:52.43		0		

**Item 157 12:00 Semi Final 2 of 2 Men Senior 400m**

1	HLUNGWANI,ASHLEY, 134	MAS	0:46.76		0		AGN AQ
2	BARNES,Andrew, 370	TUKS	0:46.89		0		AGN AQ
3	NCAMANE,Jabolane, 74	ECA	0:48.28		0		
4	BRONS,Justin, 376	TUKS	0:49.77		0		
5	WIID,Fourie, 533	WIL	0:51.97		0		
6	DE VILLIERS,Derrick, 383	TUKS	0:52.40		0		

**Item 74 18:55 Final Women U18 800m**

1	SEKGODISO,Prudence, 343	TUKS	2:03.98	8	971	G	AGN AQ
2	SEHLABI,Hlokomelo, 342	TUKS	2:09.65	7	892	S	AGN AQ
3	BOTHA, Cyla, 97	GRF	2:11.58	6	868	B	AGN AQ
4	SWART,Charne, 156	MEN	2:12.62	5	855		AGN AQ
5	DU PLESSIS,Chaneel, 172	MONT	2:13.24	4	848		AGN AQ
6	VISSER,Michelle, 367	TUKS	2:14.22	3	837		AGN AQ
7	AUCAMP,JohnE, 1	AHM	2:15.01	2	828		AGN AQ
8	SHONGWE,Wendy, 346	TUKS	2:18.42	1	792		
9	GAIT-SMITH,Gabrielle, 111	JS	2:18.49	0	791		
10	STEYNBERG,Nadia, 547	ZWK	2:20.80	0	768		
11	MOOLMAN,Anri, 164	MSC	2:22.34	0	753		
12	NEU,Tine, 543	ZWK	2:29.42	0	692		
13	KNOETZE,Nicola, 540	ZWK	2:30.61	0	682		
14	PHAKANE,Tshepang, 332	TUKS	2:46.35	0	571		

**Item 203 16:15 Final Women U18 800m Heptathlon****Item 71 18:35 Final Men U18 800m**

1	MAHLANGU,Ntando, 137	MAS	1:45.57	8	1133	G	AGN AQ
2	DU PLESSIS,Edmund, 19	AHS	1:49.94	7	975	S	AGN AQ
3	MADONSELA,Karabo, 417	TUKS	1:50.96	6	940	B	AGN AQ
4	CHOBABednico, 377	TUKS	1:51.57	5	920		AGN AQ
5	BLIGNAUT,Juwan, 531	WTK	1:51.99	4	907		AGN AQ
6	KHOZA,Siphesihle, 406	TUKS	1:56.10	3	794		
7	MQCINA,Bongani, 434	TUKS	1:56.34	2	788		
8	LOUSHER,Migael, 182	MONT	1:57.06	1	771		
9	MOLOKOMME,Tetelo, 276	TPC	1:57.77	0	754		
10	GAIT-SMITH,Michael, 115	JS	2:00.47	0	696		
11	OBERHOLZER,Christiaan, 86	ELD	2:03.27	0	641		
12	SEGUROLA,Martin, 198	MOOT	2:07.64	0	564		
13	KHAYA,Pabaya, 206	NED	2:07.83	0	561		
14	VAN WYK,Adriaan, 188	MONT	2:09.68	0	531		
15	PAIS-MAMEDE,Tristan, 447	TUKS	2:11.75	0	499		

**Item 19 14:25 Heat 1 of 2 Men U18 800m**

1	KHAYA,Pabaya, 206	NED	1:59.00		727		
1	MOLOKOMME,Tetelo, 276	TPC	1:59.00		727		
1	DU PLESSIS,Edmund, 19	AHS	1:59.00		727		
1	OBERHOLZER,Christiaan, 86	ELD	1:59.00		727		
1	LOUSHER,Migael, 182	MONT	1:59.00		727		
1	GAIT-SMITH,Michael, 115	JS	1:59.00		727		
1	CHOBABednico, 377	TUKS	1:59.00		727		
1	KHOZA,Siphesihle, 406	TUKS	1:59.00		727		
1	MADONSELA,Karabo, 417	TUKS	1:59.00		727		

**Item 20 14:25 Heat 2 of 2 Men U18 800m**

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	MAHLANGU,Ntando, 137	MAS	1:59.00		727		
1	BLIGNAUT,Juwan, 531	WTK	1:59.00		727		
1	SEGUROLA,Martin, 198	MOOT	1:59.00		727		
1	VAN WYK,Adriaan, 188	MONT	1:59.00		727		
1	MQCINA,Bongani, 434	TUKS	1:59.00		727		
1	PAIS-MAMEDE,Tristan, 447	TUKS	1:59.00		727		

**Item 73 18:50 Final Women U20 800m**

1	VAN DER MERWE,Jana, 54	CEN	2:11.90	8	861	G	AGN AQ
2	DE BEER,JeannÉ, 4	AHM	2:12.48	7	855	S	AGN AQ
3	JANSE VAN RENSBURG,Janie, 306	TUKS	2:12.82	6	850	B	AGN AQ
4	KOTZE,Mianco, 9	AHM	2:17.42	5	800		
5	SENOSI,Keletso, 344	TUKS	2:18.94	4	784		

**Item 204 16:15 Final Women U20 800m Heptathlon**

1	THERON,Liezel, 529	WTK	2:28.82		708		
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**Item 69 18:30 Final Men U20 800m**

1	NWAGU,Tshegofatso, 446	TUKS	1:50.42	8	886	G	AGN AQ
2	SWART,Christopher, 79	ECA	1:51.41	7	857	S	AGN AQ
3	NHLAPHO,Sbusiso, 443	TUKS	1:51.46	6	855	B	AGN AQ
4	BLIGNAUT,Martin, 532	WTK	1:52.81	5	818		AGN AQ
5	FAKUDE,Donell, 35	AKA	1:52.94	4	815		AGN AQ
6	ROOS ,Paul, 458	TUKS	1:54.67	3	772		
7	OBERHOLZER,Stefan, 87	ELD	1:54.82	2	768		
8	LE ROUX,Rouxan, 162	MEN	1:55.64	1	748		
9	KASIGWA,Don, 219	OMH	1:58.24	0	691		
10	KHOZA,Amos, 265	TPC	1:58.39	0	688		
11	BEZUIDENHOUT,Gerhardus, 372	TUKS	1:59.31	0	670		
12	JANSEN VAN RENSBURG,Thinus, 58	CEN	2:01.14	0	634		
13	MPINDA,Simangaliso, 433	TUKS	2:02.33	0	612		
14	ZWANE, Christopher, 486	TUKS	2:03.95	0	583		
15	MADLALA,Alex, 416	TUKS	2:07.46	0	525		
16	GAULD,Nathan, 229	PHB	2:09.64	0	491		
0	SISHUBA,Xobane, 287	TPC	DNS: .	0	0		

**Item 17 14:20 Heat 1 of 2 Men U20 800m**

1	JANSEN VAN RENSBURG,Thinus, 58	CEN	1:59.00		676		
1	LE ROUX,Rouxan, 162	MEN	1:59.00		676		
1	KHOZA,Amos, 265	TPC	1:59.00		676		
1	OBERHOLZER,Stefan, 87	ELD	1:59.00		676		
1	KASIGWA,Don, 219	OMH	1:59.00		676		
1	MPINDA,Simangaliso, 433	TUKS	1:59.00		676		
1	ZWANE, Christopher, 486	TUKS	1:59.00		676		
1	MADLALA,Alex, 416	TUKS	1:59.00		676		
1	NWAGU,Tshegofatso, 446	TUKS	1:59.00		676		

**Item 18 14:20 Heat 2 of 2 Men U20 800m**

1	BLIGNAUT,Martin, 532	WTK	1:59.00		676		
1	SWART,Christopher, 79	ECA	1:59.00		676		
1	GAULD,Nathan, 229	PHB	1:59.00		676		
1	FAKUDE,Donell, 35	AKA	1:59.00		676		
1	ROOS ,Paul, 458	TUKS	1:59.00		676		
1	BEZUIDENHOUT,Gerhardus, 372	TUKS	1:59.00		676		

**Item 72 18:45 Final Women Senior 800m**

1	GRIMES,Kelly, 70	ECA	2:08.80	8	0	G	AGN AQ
2	NICE,Anuscha, 120	LOW	2:10.58	7	0	S	AGN AQ
3	REDELINGHUYIS,Michelle, 337	TUKS	2:11.54	6	0	B	AGN AQ
4	SWIEGERS,Carina, 352	TUKS	2:17.65	5	0		
5	SKOSANA,Catherine, 44	B2R	2:20.57	4	0		

**Item 205 16:15 Final Women Senior 800m Heptathlon**

1	VERSTER,Shannon, 363	TUKS	2:31.30		677		
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**Item 68 18:25 Final Men Senior 800m**

1	TSHITE,Tshepo, 148	MAS	1:44.69	8	0	G	AGN AQ
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**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
2	MADIMA,Themba, 72	ECA	1:47.42	7	0	S	AGN AQ
3	MASHABA,Tumelo, 138	MAS	1:48.87	6	0	B	AGN AQ
4	NCAMANE,Jabolane, 74	ECA	1:51.05	5	0		AGN AQ
5	MTHIMKULU,Sikhalo, 508	TUT	1:51.58	4	0		AGN AQ
6	PILANE,Tshegofatso, 146	MAS	1:52.02	3	0		
7	RUTHVEN,Marco, 76	ECA	1:53.35	2	0		
8	DE VILLIERS,Derrick, 383	TUKS	1:55.23	1	0		
9	MORUDU,Given, 289	TRC	1:56.68	0	0		
10	NGCEBO,Phungulo, 513	TUT	1:57.33	0	0		
11	LANGA,Miclas, 89	ENT	1:57.74	0	0		
12	KIESER,Mikail, 407	TUKS	2:00.15	0	0		
13	MOSAMEDI,Mpho, 28	AGNI	2:23.27	0	0		

**Item 15 14:15 Heat 1 of 2 Men Senior 800m**

1	TSHITE,Tshepo, 148	MAS	1:59.00	0		
1	PILANE,Tshegofatso, 146	MAS	1:59.00	0		
1	NCAMANE,Jabolane, 74	ECA	1:59.00	0		
1	RUTHVEN,Marco, 76	ECA	1:59.00	0		
1	MOSAMEDI,Mpho, 28	AGNI	1:59.00	0		
1	MORUDU,Given, 289	TRC	1:59.00	0		

**Item 16 14:15 Heat 2 of 2 Men Senior 800m**

1	MASHABA,Tumelo, 138	MAS	1:59.00	0		
1	MADIMA,Themba, 72	ECA	1:59.00	0		
1	LANGA,Miclas, 89	ENT	1:59.00	0		
1	NGCEBO,Phungulo, 513	TUT	1:59.00	0		
1	MTHIMKULU,Sikhalo, 508	TUT	1:59.00	0		
1	DE VILLIERS,Derrick, 383	TUKS	1:59.00	0		

**Item 124 09:55 Final Women U18 1500m**

1	SEKGODISO,Prudence, 343	TUKS	04:24.52	8	882	G	AGN AQ
2	GAIT-SMITH,Gabrielle, 111	JS	04:32.89	7	833	S	AGN AQ
3	MABUZA,Nohlanhla, 313	TUKS	04:45.52	6	768	B	
4	SEHLABI,Hlokomelo, 342	TUKS	04:53.76	5	731		
5	AUCAMP,JohnE, 1	AHM	04:56.66	4	718		
6	SHANGE,NONKULULEKO, 345	TUKS	05:07.00	3	676		
7	DE BEER,Nreize, 171	MONT	05:07.89	2	673		
8	DLAMINI,Noluthando, 295	TUKS	05:19.20	1	631		
9	KNOETZE,Nicola, 540	ZWK	05:30.97	0	591		

**Item 118 09:25 Final Men U18 1500m**

1	CHObA,Abednico, 377	TUKS	03:53.16	8	951	G	AGN AQ
2	BLIGNAUT,Juwan, 531	WTK	03:55.70	7	928	S	AGN AQ
3	VAN NIEKERK,Wian, 82	ECA	03:56.76	6	919	B	AGN AQ
4	KHOZA,Siphesihle, 406	TUKS	04:02.79	5	869		AGN AQ
5	MAYEPHU,Bhongo, 422	TUKS	04:03.70	4	862		AGN AQ
6	FARMER,Jacobus, 389	TUKS	04:08.01	3	830		
7	PRETORIUS,Armin, 61	CEN	04:09.75	2	818		
8	DE FIGUERIREDO,Danilel Phil, 381	TUKS	04:16.53	1	773		
9	SMITH,Gareth, 63	CEN	04:20.04	0	751		
10	SEGUROLA,Martin, 198	MOOT	04:30.42	0	692		
11	VAN WYK,Adriaan, 188	MONT	04:54.85	0	577		
12	MNISI,Nkosinathi, 242	ROS	05:45.68	0	397		

**Item 123 09:45 Final Women U20 1500m**

1	SENOSI,Keletso, 344	TUKS	04:40.09	8	790	G	AGN AQ
2	DU TOIT,Nadya, 298	TUKS	04:47.17	7	755	S	
3	RAYNERS,Amber, 336	TUKS	04:51.43	6	736	B	
4	STICKELLS,Izabel, 175	MONT	04:52.25	5	732		
5	DE BEER,JeannE, 4	AHM	05:10.65	4	657		

**Item 117 09:20 Final Men U20 1500m**

1	SWART,Christopher, 79	ECA	03:55.12	8	891	G	AGN AQ
2	VAN NIEKERK,Rikus, 81	ECA	03:55.62	7	887	S	AGN AQ
3	FORRESTER,Matthew, 228	PHB	03:59.07	6	859	B	AGN AQ

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
4	SIKHOSANA,Tumelo, 471	TUKS	04:01.41	5	842		
5	LE ROUX,Rouxan, 162	MEN	04:06.09	4	808		
6	MPINDA,Simangaliso, 433	TUKS	04:07.21	3	800		
7	FOURIE,Sean, 57	CEN	04:13.81	2	757		
8	MTHEMBU,Phelenani, 144	MAS	04:15.18	1	749		
9	VAN DER WESTHUIZEN,Donald, 169	MSC	04:16.50	0	741		
10	DE BEER,Brendon, 226	PHB	04:23.54	0	700		
11	DALLY,Keegan, 123	MAM	04:31.49	0	658		

**Item 209 17:05 Final Men U20 1500m Decathlon****Item 122 09:35 Final Women Senior 1500m**

1	MOKGADI,Semenya, 131	MAS	04:14.69	8	0	G	AGN AQ
2	PRINSLOO,Carmie, 174	MONT	04:19.45	7	0	S	AGN AQ
3	NICE,Anuscha, 120	LOW	04:37.21	6	0	B	
4	REDELINGHUY,SMichelle, 337	TUKS	04:38.10	5	0		
5	GRIMES,Kelly, 70	ECA	04:39.52	4	0		
6	SWIEGERS,Carina, 352	TUKS	04:44.28	3	0		
7	SKOSANA,Catherine, 44	B2R	04:44.32	2	0		
8	FERREIRA,Lizerie, 302	TUKS	04:44.72	1	0		
9	WENTZEL,Marizahn, 368	TUKS	05:05.20	0	0		

**Item 116 09:15 Final Men Senior 1500m**

1	MASHABA,Tumelo, 138	MAS	03:47.68	8	0	G	AGN AQ
2	BREDENKAMP,Johnathan, 374	TUKS	03:49.06	7	0	S	AGN AQ
3	MATLALA,MONNE, 419	TUKS	03:51.39	6	0	B	AGN AQ
4	PHEKO,Khotsofalo, 450	TUKS	03:56.89	5	0		
5	MORUDU,Given, 289	TRC	04:00.31	4	0		
6	BESTER,Robert, 133	MAS	04:00.49	3	0		
7	MTHIMKULU,Sikhalo, 508	TUT	04:02.26	2	0		
8	VAN STADEN,Brett, 88	ELD	04:14.35	1	0		
9	NGUBANE,Siphosakhe, 514	TUT	04:20.29	0	0		
10	RUSSEL,Timothy, 461	TUKS	04:36.27	0	0		
11	MTHOMBENI,Tebogo, 184	MONT	04:46.90	0	0		

**Item 210 17:05 Final Men Senior 1500m Decathlon**

1	MATSEKANE,Katlego, 139	MAS	04:55.75		584		
2	FALLERT,Khuco, 388	TUKS	05:14.32		480		

**Item 48 16:00 Heat 1 of 2 Men Senior 1500m**

1	LOMBARD,Rievan, 246	RUN	04:00.00		0		
1	PHEKO,Khotsofalo, 450	TUKS	04:00.00		0		
1	RUSSEL,Timothy, 461	TUKS	04:00.00		0		
1	MATLALA,MONNE, 419	TUKS	04:00.00		0		

**Item 49 16:00 Heat 2 of 2 Men Senior 1500m**

1	NGOETSANA,Ernest, 145	MAS	04:00.00		0		
1	VAN STADEN,Brett, 88	ELD	04:00.00		0		
1	MTHOMBENI,Tebogo, 184	MONT	04:00.00		0		
1	MORUDU,Given, 289	TRC	04:00.00		0		
1	MTHIMKULU,Sikhalo, 508	TUT	04:00.00		0		
1	NGUBANE,Siphosakhe, 514	TUT	04:00.00		0		
1	BREDENKAMP,Johnathan, 374	TUKS	04:00.00		0		

**Item 208 16:55 Final Women U18 3000m**

1	GAIT-SMITH,Gabrielle, 111	JS	09:59.76	8	893	G	AGN AQ
2	MABUZA,Nohlanhla, 313	TUKS	10:22.90	7	856	S	AGN AQ
3	DLAMINI,Noluthando, 295	TUKS	11:02.81	6	800	B	
4	VISSER,Nicole, 366	TUKS	11:15.38	5	784		
5	DURIE,Kara, 52	CEN	11:19.06	4	780		
6	SHANGE,ONKULULEKO, 345	TUKS	11:33.56	3	762		
7	VILJOEN,Lindi, 56	CEN	12:20.58	2	711		
0	DINWOODIE,Danita, 98	GRF	DNS	0	0		
0	CURLEWIS,Leshan, 526	WTK	DNS	0	0		
0	ROUX,Roux-che, 545	ZWK	DNS	0	0		

**Item 194 15:15 Final Men U18 3000m**

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	VAN NIEKERK,Wian, 82	ECA	08:49.97	8	887	G	AGN AQ
2	MONYEBODI,Kgadi, 278	TPC	08:51.70	7	882	S	AGN AQ
3	MAJA,Kabelo, 270	TPC	08:52.83	6	879	B	AGN AQ
4	MAYEPHU,Bhongo, 422	TUKS	08:58.80	5	863		AGN AQ
5	FARMER,Jacobus, 389	TUKS	09:07.53	4	841		
6	SETSHOHO,Thato, 470	TUKS	09:19.35	3	812		
7	SMITH,Gareth, 63	CEN	09:20.80	2	809		
8	PRETORIUS,Armin, 61	CEN	09:25.44	1	798		
9	MODISELLE,Tshgafatso, 252	SUT	09:34.78	0	777		
10	KHAYA,Pabaya, 206	NED	09:58.33	0	729		
11	MOGALANE,Egdar, 273	TPC	10:00.09	0	726		
12	WENHOLD,Reece, 233	PHB	10:15.50	0	697		
0	CORNELISSEN,Danie, 100	GRF	DNS	0	0		
0	THEMBA,Khoza, 211	NED	DNS	0	0		
0	WITBOOI,Xaidon, 234	PHB	DNS	0	0		
0	MAKHUVHO,Mpho, 37	AKA	DNS	0	0		
0	CHOPA,Abednico, 377	TUKS	DNS	0	0		
0	FUTHANA,Tshepo, 393	TUKS	DNS	0	0		

**Item 206 16:30 Final Women U20 5000m**

1	DUMISA,Sisanda, 300	TUKS	18:21.75	8	810	G	AGN AQ
2	CURLEWIS,Leshan, 526	WTK	18:31.59	7	802	S	AGN AQ
3	RAYNERS,Amber, 336	TUKS	18:43.02	6	794	B	AGN AQ
4	RYBNIKAR,Charlene, 53	CEN	19:38.15	5	754		
5	THEMANE,Beaatrice L, 90	EYE	21:29.93	4	685		
6	PHAHLAHLA,Maphuthi, 331	TUKS	22:02.15	3	667		
7	ROUX,Nicolise, 544	ZWK	22:37.24	2	649		
0	MAKHURA,Esabel, 488	TUT	DNS	0	0		
0	TUKS,Nadya, 354	TUKS	DNS	0	0		

**Item 192 14:40 Final Men U20 5000m**

1	LEPHOTO,TUMI, 577	TUKS	16:05.36	8	779	G	
2	STASSEN,Dylan, 186	MONT	16:43.00	7	736	S	
0	KHUMALO,Shane, 36	AKA	Disq: MISSED ONE LAP				

**Item 207 16:30 Final Women Senior 5000m**

1	MOKGADI,Semenya, 131	MAS	16:11.59	8	0	G	AGN AQ
2	XABA,Gnenrose, 47	BOX	16:53.61	7	0	S	AGN AQ
3	PRINSLOO,Carmie, 174	MONT	17:11.13	6	0	B	AGN AQ
4	SHIPALANA,Kataza, 132	MAS	18:13.71	5	0		
0	MARAIS,Stella, 202	MRB	DNS	0	0		
0	MASHIANOKE,Lorraine, 489	TUT	DNS	0	0		

**Item 193 14:40 Final Men Senior 5000m**

1	BUTHELEZI,Philani, 203	MRB	14:27.67	8	0	G	AGN AQ
2	CHOEKE,Lesiba, 494	TUT	15:15.94	7	0	S	
3	SELOLO,Tebogo, 518	TUT	15:37.37	6	0	B	
4	MATLALA,MONNE, 419	TUKS	15:41.84	5	0		
5	MASEMOLA,Kamogelo, 502	TUT	15:53.77	4	0		
6	MOTONE,Motsamz, 143	MAS	15:55.67	3	0		
7	NGOETSANA,Ernest, 145	MAS	16:43.34	2	0		

**Item 93 20:40 Final Men U20 10000m****Item 92 20:40 Final Women Senior 10000m**

1	XABA,Gnenrose, 47	BOX	33:59.70	8	0	G	AGN AQ
2	MARAIS,Stella, 202	MRB	37:20.80	7	0	S	AGN AQ
3	PEU,Tholoana, 492	TUT	44:18.90	6	0	B	
4	MASHIANOKE,Lorraine, 489	TUT	51:04.00	5	0		

**Item 94 20:40 Final Men Senior 10000m**

1	MASHELE,PRECIOUS, 573	CGA	29:03.40	8	0	G	AGN AQ
2	KEKANA,Milton, 496	TUT	29:16.14	7	0	S	AGN AQ
3	BUTHELEZI,Philani, 203	MRB	29:17.22	6	0	B	AGN AQ
4	MULAUDZI,Collen, 48	BOX	29:55.72	5	0		AGN AQ

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
5	KHATI,TSHEPISO, 574	CGA	31:16.77	4	0		AGN AQ
6	MUSA,Nkosi, 45	B2R	31:24.39	3	0		AGN AQ
7	PIENAAR,Michael, 452	TUKS	31:26.45	2	0		AGN AQ
8	CHOEKE,Lesiba, 494	TUT	32:00.73	1	0		AGN AQ
9	MAGWAI,Reghen, 65	EASY	32:08.39	0	0		AGN AQ
10	MASEMOLA,Kamogelo, 502	TUT	32:22.47	0	0		AGN AQ
11	SEGOABA,Samuel, 46	B2R	33:43.81	0	0		AGN AQ
12	MOKAKALE,Renaleone, 505	TUT	33:59.81	0	0		AGN AQ

**Item 58 17:15 Final Women U18 2000m SteepleChase**

1	BELL,Kirsti, 67	ECA	06:46.10	8	0	G	AGN AQ
2	KRUGER,Chanelle, 200	MRB	07:16.38	7	0	S	AGN AQ
3	KRUGER,Izelle, 201	MRB	07:31.68	6	0	B	AGN AQ
4	CURLEWIS,Leshan, 526	WTK	07:36.14	5	0		AGN AQ
5	DE BEER,Nreize, 171	MONT	07:40.07	4	0		
6	VISSER,Nicole, 366	TUKS	08:40.14	3	0		
7	ROUX,Roux-che, 545	ZWK	09:06.02	2	0		

**Item 59 17:25 Final Men U18 2000m SteepleChase**

1	FUTHANA,Tshepo, 393	TUKS	06:12.65	8	882	G	AGN AQ
2	MOKHOTHU,Siyabonga, 429	TUKS	06:19.31	7	859	S	AGN AQ
3	SETSHOHO,Thato, 470	TUKS	06:21.44	6	851	B	
4	YEDWA,Thato, 223	OVK	06:24.71	5	841		
5	CORNELISSEN,Danie, 100	GRF	06:36.26	4	805		
6	MODISELLE,Tshgafatso, 252	SUT	06:37.54	3	801		
7	RYBNIKAR,Ronin, 62	CEN	06:45.17	2	779		
8	LEBOHO,Willie, 267	TPC	06:57.17	1	747		
9	MOGALANE,Egdar, 273	TPC	07:11.09	0	713		
10	MAKHUVHO,Mpho, 37	AKA	07:59.76	0	610		

**Item 66 18:05 Final Women U20 3000m SteepleChase**

1	STICKELLS,Izabel, 175	MONT	11:18.72	8	845	G	AGN AQ
2	MAKHURA,Esabel, 488	TUT	12:00.57	7	794	S	

**Item 63 17:50 Final Men U20 3000m SteepleChase**

1	FORRESTER,Matthew, 228	PHB	09:29.08	8	933	G	AGN AQ
2	KOEKEMOER,Travis, 168	MSC	09:46.15	7	913	S	
3	BALOYI,Ndzolz, 33	AKA	09:51.21	6	908	B	
4	STASSEN,Dylan, 186	MONT	10:14.24	5	884		
5	MOLEKOMME,Lethabo, 40	AKA	10:33.69	4	866		
0	MITCHELL,MPHO, 241	ROS	DNS: .	0	0		

**Item 67 18:05 Final Women Senior 3000m SteepleChase**

1	MABOTSA,Fortune, 312	TUKS	11:44.89	8	0	G	AGN AQ
2	FISCHER,Carlyn, 224	PHB	12:11.32	7	0	S	

**Item 62 17:35 Final Men Senior 3000m SteepleChase**

1	LEKOPA,Dikotsi, 135	MAS	09:06.31	8	0	G	AGN AQ
2	SELOLO,Tebogo, 518	TUT	09:41.38	7	0	S	AGN AQ
3	BALOYI,Koos, 264	TPC	10:02.67	6	0	B	
4	MATLALA,DAVID, 569	TUT	10:04.05	5	0		
0	MOOKA,Mpho, 279	TPC	DNF: .	0	0		

**Item 182 14:05 Final Women U18 100m Hurdles**

					<b>+0.3</b>	76.2cm	
1	ELLERD,Charlize, 5	AHM	13.93	8	918	G	AGN AQ
2	COMPAAN,Mila, 69	ECA	14.25	7	889	S	AGN AQ
3	BEZUIDENHOUT,Chazel, 68	ECA	14.47	6	871	B	AGN AQ
4	MILES,Cherrelee, 542	ZWK	15.19	5	816		
5	LANGA,Noma, 163	MSC	18.05	4	652		

**Item 1 13:15 Final Women U18 100m Hurdles Heptathlon**

76.2cm

**Item 181 14:00 Final Women U20 100m Hurdles**

					<b>+1.7</b>	84cm	
1	VAN DER MERWE,Antoinette, 85	ELD	13.93	8	933	G	AGN AQ
2	OLKERSS,Charne-lee, 330	TUKS	14.62	7	873	S	AGN AQ
3	DU PREEZ,Annala, 296	TUKS	15.62	6	800	B	
4	WHYTOCK,Caitlin, 166	MSC	15.74	5	792		

**Item 2 13:15 Final Women U20 100m Hurdles Heptathlon**

84cm

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	HERON,Liezel, 529	WTK	15.17		819		AGN AQ
<b>Item 180 13:55 Final Women Senior 100m Hurdles</b>					<b>+2.2</b>		
1	KOCH,Lindie, 109	GRM	14.69	8	0	G	
2	STIGLINGH,Bernice, 350	TUKS	14.85	7	0	S	
<b>Item 3 13:15 Final Women Senior 100m Hurdles Heptathlon</b>							
1	VERSTER,Shannon, 363	TUKS	15.58		767		
2	MULLER,Kyla, 323	TUKS	19.51		344		
<b>Item 179 13:45 Final Men U18 110m Hurdles</b>					<b>-2.3</b>	91.4cm	
1	STRAUSS,Reynard, 78	ECA	13.73	8	940	G	AGN AQ
2	COETZEE,Dylan, 177	MONT	13.90	7	920	S	AGN AQ
3	BANGUE,Jorim, 225	PHB	13.92	6	917	B	AGN AQ
4	COETZEE,Eduan, 176	MONT	14.52	5	854		
5	KOLOANE,Dimpho, 266	TPC	15.55	4	764		
<b>Item 178 13:40 Final Men U20 110m Hurdles</b>					<b>+1.3</b>	99.5cm	
1	SCHOEMAN,Michael, 77	ECA	13.57	8	977	G	AGN AQ
2	DE LANGE,Ruan, 217	OMH	14.08	7	916	S	AGN AQ
3	J V VUUREN,Dian, 21	AHS	14.32	6	890	B	AGN AQ
4	VAN DER WLAT,Roelof, 480	TUKS	14.38	4.5	884		AGN AQ
4	RICHTERS,Rudolph, 457	TUKS	14.38	4.5	884		AGN AQ
6	VAN WYK,Edwin, 481	TUKS	14.53	3	869		AGN AQ
<b>Item 99 07:50 Final Men U20 110m Hurdles Decathlon</b>						99.5cm	
<b>Item 177 13:35 Final Men Senior 110m Hurdles</b>					<b>+2.1</b>		
1	DE VRIES,Ruan, 384	TUKS	13.42	8	0	G	Wind
2	PRETORIUS,Fredriech, 453	TUKS	14.39	7	0	S	
3	HAMMAN,Muntingh, 396	TUKS	14.46	6	0	B	
4	SKOSANA,Tshepo, 556	TUKS	15.04	5	0		
<b>Item 100 07:50 Final Men Senior 110m Hurdles Decathlon</b>							
1	MCGLADDERY,DUNCAN (1),	TUKS	15.95		738		
2	MATSEKANE,Katlego, 139	MAS	16.16		715		
3	FALLERT,Khuco, 388	TUKS	16.77		648		
<b>Item 80 19:35 Final Women U18 400m Hurdles</b>						76.2cm	
1	BEZUIDENHOUT,Chazel, 68	ECA	1:02.70	8	870	G	AGN AQ
<b>Item 77 19:15 Final Men U18 400m Hurdles</b>						84cm	
1	ERASMUS,Andre, 20	AHS	0:53.52	8	809	G	AGN AQ
2	MULLER,Gerhardt, 436	TUKS	0:54.22	7	781	S	
3	VENTER,Christian, 483	TUKS	0:54.79	6	760	B	
4	CLAYTON,Ruan, 549	ZWK	0:55.17	5	746		
5	KOLOANE,Dimpho, 266	TPC	1:02.10	4	542		
<b>Item 79 19:30 Final Women U20 400m Hurdles</b>						76.2cm	
1	LOOTS,Marzaan, 10	AHM	1:00.21	8	901	G	AGN AQ
2	KOTZE,Charmarie, 8	AHM	1:01.57	7	876	S	AGN AQ
3	VAN DEVENTER,Zane, 357	TUKS	1:04.68	6	824	B	
4	OLKERSS,Charme-lee, 330	TUKS	1:04.81	5	822		
<b>Item 76 19:10 Final Men U20 400m Hurdles</b>						91.4cm	
1	DU PLESSIS,Gerous, 18	AHS	0:51.85	8	876	G	AGN AQ
2	MYO,Adam, 438	TUKS	0:53.12	7	820	S	AGN AQ
3	NGOBENI,Khongelo, 41	AKA	0:53.57	6	802	B	AGN AQ
<b>Item 78 19:25 Final Women Senior 400m Hurdles</b>							
1	LEEVENINK,Chanel, 311	TUKS	0:59.55	8	0	G	AGN AQ
2	GERMISHUIZEN,Nikita, 303	TUKS	1:03.41	7	0	S	
<b>Item 75 19:05 Final Men Senior 400m Hurdles</b>							
1	HAMMAN,Leroux, 397	TUKS	0:50.59	8	0	G	AGN AQ
2	ROBERTS,Rivaldo, 75	ECA	0:50.73	7	0	S	AGN AQ
3	MENTZ,Ruan, 424	TUKS	0:51.89	6	0	B	
4	VAN DER WALT,Ignatius, 80	ECA	0:52.15	5	0		
5	BORNMAN,Marcus, 576	TUKS	0:52.75	4	0		
6	MATHOPA,Tshegofatso, 504	TUT	0:57.34	3	0		
0	MOGAWANE,Kefiloe, 183	MONT	Disq: d	0	0		
<b>Item 158 13:00 Final Women U18 HighJump</b>							



Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	COETZEE,Caelin, 3	AHM	1.60	8	640	G	=AGN AQ
2	GERBER,DenË, 6	AHM	1.60	7	640	S	=AGN AQ
2	MAKAMBA,Zihle, 251	SUT	1.60	7	640	S	=AGN AQ

**Item 34 15:00 Final Women U18 HighJump Heptathlon****Item 4 13:30 Final Men U18 HighJump**

1	NZOMMBE,Tanaka, 254	SUT	1.95	8	760	G	AGN AQ
2	WILKEN,Keanu, 50	CBG	1.95	7	760	S	AGN AQ
3	RULSE,Kahlim, 460	TUKS	1.85	6	660	B	
4	OOSTHUIZEN,Jacques, 185	MONT	1.80	5	610		
5	SELOANE,Junior, 469	TUKS	1.80	4	610		

**Item 145 11:00 Final Women U20 HighJump**

1	MINNAAR,JeanË, 12	AHM	1.70	8	710	G	AGN AQ
0	BRITZ,Carmen, 220	OVK	NM	0	0		

**Item 35 15:00 Final Women U20 HighJump Heptathlon**

1	THERON,Liezel, 529	WTK	1.53		655		
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**Item 187 14:30 Final Men U20 HighJump**

1	FOURIE,Enrique, 194	MOOT	2.00	8	750	G	AGN AQ
2	MASHISHI,Katlego, 38	AKA	2.00	7	750	S	AGN AQ
3	MATOME,Shabangu, 420	TUKS	2.00	6	750	B	AGN AQ
4	PLATT,Keenan, 42	AKA	1.90	5	650		=AGN AQ
0	MOJAKI,Ipeleng, 274	TPC	DNR	0	0		
0	MASUBELELE,Tshegofatso, 271	TPC	NM	0	0		

**Item 64 18:00 Final Men U20 HighJump Decathlon****Item 146 11:00 Final Women Senior HighJump**

1	SEELINGER,FRANCES, 555	TUKS	1.65	8	0	G	AGN AQ
2	SCHULTZ,Rose, 341	TUKS	1.55	7	0	S	
0	ROBSON,Yvonne, 340	TUKS	DNR	0	0		
0	RAPHUTI,Mokgethwa, 493	TUT	NM	0	0		

**Item 36 15:00 Final Women Senior HighJump Heptathlon**

1	VERSTER,Shannon, 363	TUKS	1.62		759		AGN AQ
2	MULLER,Kyla, 323	TUKS	1.50		621		

**Item 188 14:30 Final Men Senior HighJump**

1	MOLEYA,Chris, 142	MAS	2.15	8	0	G	AGN AQ
2	PRINSLOO,Sarel, 454	TUKS	2.05	7	0	S	AGN AQ
0	JARDINE,Garnet, 402	TUKS	NM	0	0		

**Item 65 18:00 Final Men Senior HighJump Decathlon**

1	FALLERT,Khuco, 388	TUKS	1.89		705		
2	MCGLADDERY,DUNCAN (1),	TUKS	1.86		679		
3	MATSEKANE,Katlego, 139	MAS	1.80		627		

**Item 140 10:30 Final Women U18 Polevault****Item 7 13:30 Final Men U18 Polevault****Item 101 08:00 Final Women U20 Polevault****Item 159 13:00 Final Men U20 Polevault****Item 168 13:00 Final Men U20 Polevault Decathlon****Item 102 08:00 Final Women Senior Polevault**

1	STRYDOM,Ida-mary, 351	TUKS	3.00	8	0	G	
2	MEYER,Soandri, 319	TUKS	3.00	7	0	S	

**Item 160 13:00 Final Men Senior Polevault**

1	PRETORIUS,Fredrieck, 453	TUKS	4.80	8	0	G	AGN AQ
2	SCHUTTE,Elmar, 462	TUKS	4.50	7	0	S	

**Item 169 13:00 Final Men Senior Polevault Decathlon**

1	FALLERT,Khuco, 388	TUKS	3.40		457		
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**Item 60 17:30 Final Women U18 LongJump**

**Meeting :AGN YOUTH, JUNIOR & SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16**

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	GERBER,JoanĒ, 7	AHM	5.66	8	766	G -0.1	AGN AQ
2	NOLTE,Danielle, 329	TUKS	5.62	7	753	S -0.3	AGN AQ
3	MAKAMBA,Zihle, 251	SUT	5.38	6	670	B -0.3	
4	SHABANGU,Banele, 261	TPC	5.18	5	600	-0.4	
5	BOUWER,Kaylin, 525	WTK	4.87	4	488	-0.4	
0	SPENCER-YOUNG,Megan, 190	MOOT	DNR: .	0	0		

**Item 133 10:15 Final Women U18 LongJump Heptathlon****Item 61 17:30 Final Men U18 LongJump**

1	RAMOKGOPA,Lethlogonolo, 284	TPC	7.00	8	820	G +0.0	AGN AQ
2	TEMBANI,Azola, 474	TUKS	6.80	7	762	S +0.0	
3	SHOBA,Sanele, 286	TPC	6.53	6	685	B +0.5	
4	MOLOTJA,Selaelo, 277	TPC	6.19	5	586	+0.0	
5	KANDORO,Eishammah, 230	PHB	6.09	4	557	-0.1	
6	ADEDOKUN,Peace, 32	AKA	5.52	3	386	-0.2	
7	DITHEBE,Otlile, 238	ROS	5.38	2	343	+0.1	

**Item 5 13:30 Final Women U20 LongJump**

1	XEYI,Rose, 263	TPC	5.96	8	793	G +1.5	AGN AQ
2	BOTHA, Kyra, 213	OMH	5.60	7	673	S +0.3	AGN AQ
3	MAKONI,Bethel, 317	TUKS	5.58	6	666	B +0.5	AGN AQ
4	MASHILO,Kegaugetswe, 257	TPC	5.02	5	476	+1.5	
5	VAN DER MERWE,Esmaïe, 55	CEN	4.88	4	428	+0.4	
6	VAN VUUREN,Lane, 360	TUKS	4.73	3	376	-1.4	

**Item 134 10:15 Final Women U20 LongJump Heptathlon**

1	THERON,Liezel, 529	WTK	5.05		573	+0.2	
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**Item 46 16:00 Final Men U20 LongJump**

1	MASWNGANYI,Phatutshedzo, 248	STAC	7.57	8	907	G +1.0	AGN AQ
2	MIYA,Sifiso, 272	TPC	7.10	7	780	S +0.4	AGN AQ
3	LE ROUX,Christie, 410	TUKS	7.07	6	771	B +1.2	AGN AQ
4	GAUCHE,Luke, 394	TUKS	7.00	5	750	-0.1	=AGN AQ
5	WASHAYA,Kyle, 43	AKA	6.65	4	653	+1.3	
6	MATOME,Shabangu, 420	TUKS	6.62	3	645	+0.4	
7	MAHLANGU,Sparkey, 268	TPC	6.60	2	640	-0.2	
8	MAILULA,Thabo, 269	TPC	6.26	1	542	-0.7	
9	LINDE,Marnus, 412	TUKS	6.17	0	517	+0.6	
10	MASHILE,Caleb, 503	TUT	5.30	0	262	+0.7	
0	GOMBA,Pride, 239	ROS	DNR: .	0	0		
0	PELEGWO,Mopho, 448	TUKS	DNR: .	0	0		
0	PELOEOWE,Mpho, 449	TUKS	DNR: .	0	0		

**Item 25 14:45 Final Men U20 LongJump Decathlon****Item 6 13:30 Final Women Senior LongJump**

1	SCHUTTE,Somien, 189	MOOT	5.39	8	0	G +0.9	
2	UYS,Curine, 355	TUKS	5.36	7	0	S +1.3	
3	MOFOKENG,Mapeseka, 491	TUT	5.02	6	0	B +0.3	
4	DARNELLE,Lewis, 294	TUKS	4.78	5	0	+0.7	
0	DLAMINI,Nonkululeko, 487	TUT	DNR: not arrived	0	0		

**Item 135 10:15 Final Women Senior LongJump Heptathlon**

1	VERSTER,Shannon, 363	TUKS	5.09		584	-0.1	
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**Item 47 16:00 Final Men Senior LongJump**

1	PRETORIUS,Fredriech, 453	TUKS	7.33	8	0	G +2.1	Wind
2	SKOSANA,Lehlohnolo, 288	THT	6.87	7	0	S +0.2	
3	TSHIMANGA,Jonathan, 478	TUKS	6.20	6	0	B +0.7	
4	MTSHWENI,Orapeleng, 509	TUT	5.83	5	0	+1.3	
0	MOGAPI,Koketso, 141	MAS	DNR: .	0	0		
0	TSHIMANGA,Jono, 187	MONT	DNS: .	0	0		
0	MAMPANE,Moses, 501	TUT	DNF: .	0	0		
0	NYATHI,Siyabonga, 515	TUT	DNF: .	0	0		
0	MATHABELA,Maurice, 418	TUKS	DNF: .	0	0		

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
0	MUNAVA,Calvin, 437	TUKS	NM: .	0	0		
<b>Item 26 14:45 Final Men Senior LongJump Decathlon</b>							
1	MCGLADDERY,DUNCAN (1),	TUKS	6.87		783	-0.4	
2	FALLERT,Khuco, 388	TUKS	6.84		776	-0.8	
3	MATSEKANE,Katlego, 139	MAS	6.21		632	-0.3	
0	AL-MANNAI,Mohammed, 237	QUA	DNR: DNR		0		
<b>Item 189 14:30 Final Women U18 TripleJump</b>							
1	NOLTE,Danielle, 329	TUKS	11.67	8	787	G +0.0	AGN AQ
2	MAAKE,Tshegofatso, 30	AKA	11.02	7	676	S +0.5	AGN AQ
3	BOUWER,Kaylin, 525	WTK	10.43	6	576	B +0.9	
<b>Item 119 09:30 Final Men U18 TripleJump</b>							
1	SHOBA,Sanele, 286	TPC	13.90	8	701	G -0.3	AGN AQ
2	TEMBANI,Azola, 474	TUKS	13.88	7	698	S +0.0	AGN AQ
3	ADEDOKUN,Peace, 32	AKA	12.91	6	564	B +1.5	
4	MOLOTJA,Selaelo, 277	TPC	12.76	5	542	+0.9	
5	KANDORO,Eishammah, 230	PHB	12.75	4	541	+0.0	
6	SELOANE,Junior, 469	TUKS	12.14	3	455	-0.1	
<b>Item 161 13:00 Final Women U20 TripleJump</b>							
1	LESO,Elisete, 255	TPC	11.58	8	698	G +0.0	AGN AQ
2	MASHILO,Kegaugetswe, 257	TPC	11.54	7	691	S +3.0	Wind
3	BEZUIDENHOUT,BIANCA, 580	TUKS	11.44	6	675	B -0.7	AGN AQ
<b>Item 147 11:00 Final Men U20 TripleJump</b>							
1	MIYA,Sifiso, 272	TPC	15.03	8	793	G +2.3	Wind
2	MAILULA,Thabo, 269	TPC	14.71	7	751	S +1.6	AGN AQ
3	WASHAYA,Kyle, 43	AKA	14.03	6	661	B +2.0	
4	LINDE,Marnus, 412	TUKS	13.77	5	626	-1.1	
5	MOJAKI,Ipeleng, 274	TPC	13.74	4	622	+1.9	
<b>Item 162 13:00 Final Women Senior TripleJump</b>							
1	SCHUTTE,Somien, 189	MOOT	12.17	8	0	G +0.6	AGN AQ
2	NGOMANE,Njabuliso, 328	TUKS	11.44	7	0	S +0.9	AGN AQ
<b>Item 148 11:00 Final Men Senior TripleJump</b>							
1	ESSAH,Kweku, 387	TUKS	14.72	8	0	G +0.1	AGN AQ
2	SKOSANA,Lehlohnolo, 288	THT	14.07	7	0	S -0.1	
0	TSHIMANGA,Jono, 187	MONT	DNR	0	0		
0	TSHIMANGA,Jonathan, 478	TUKS	DNR	0	0		
0	MATHABELA,Maurice, 418	TUKS	NM	0	0		
<b>Item 33 15:00 Final Women U18 Shotput</b>							
						3kg	
1	RITCHTE,Britnny, 14	AHM	14.64	8	930	G	AGN AQ
2	BAM,Buhle, 2	AHM	13.70	7	913	S	AGN AQ
3	DEGLI UMBERTI,Boudine, 152	MEN	13.65	6	912	B	AGN AQ
4	ESTERHUIZEN,ChandrÉ, 153	MEN	09.97	5	774		
0	JANSE VAN RENSBURG,Belinda, 155	MEN	DNR: DNR	0	0		
<b>Item 51 16:30 Final Women U18 Shotput Heptathlon</b>							
						3kg	
<b>Item 12 13:30 Final Men U18 Shotput</b>							
						5kg	
1	KOTZEE,Markus, 160	MEN	17.62	8	895	G	AGN AQ
2	VAN ZYL,Tian, 24	AHS	16.85	7	848	S	AGN AQ
<b>Item 175 13:30 Final Women U20 Shotput</b>							
						4kg	
1	JANSE VAN RENSBURG,Danas, 214	OMH	12.94	8	921	G	AGN AQ
2	THERON,Nicola, 157	MEN	11.80	7	898	S	
<b>Item 52 16:30 Final Women U20 Shotput Heptathlon</b>							
						4kg	
1	THERON,Liezel, 529	WTK	08.53		434		
<b>Item 125 10:00 Final Men U20 Shotput</b>							
						6kg	
1	VAN NIEKERK,Chris, 212	NED	18.68	8	932	G	AGN AQ
2	COETZEE,Michael, 167	MSC	15.77	7	780	S	AGN AQ
<b>Item 54 16:30 Final Men U20 Shotput Decathlon</b>							
						6kg	
<b>Item 176 13:30 Final Women Senior Shotput</b>							
1	SMUTS,Sonia, 348	TUKS	15.02	8	0	G	AGN AQ
<b>Item 53 16:30 Final Women Senior Shotput Heptathlon</b>							

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	VERSTER,Shannon, 363	TUKS	10.40		556		
2	MULLER,Kyla, 323	TUKS	09.71		510		
<b>Item 126 10:00 Final Men Senior Shotput</b>							
1	COMBRINCK,Ruan, 378	TUKS	17.49	8	0	G	AGN AQ
2	THAGE,Tumelo, 475	TUKS	17.20	7	0	S	AGN AQ
3	HAUPT,Burton, 106	GNMA	13.69	6	0	B	
4	SWANEPOEL,Jan, 107	GNMA	13.48	5	0		
<b>Item 55 16:30 Final Men Senior Shotput Decathlon</b>							
1	MCGLADDERY,DUNCAN (1),	TUKS	12.81		656		
2	MATSEKANE,Katlego, 139	MAS	10.73		530		
3	FALLERT,Khucso, 388	TUKS	10.10		492		
0	AL-MANNAI,Mohammed, 237	QUA	DNR: .		0		
<b>Item 70 18:30 Final Women U18 Discus</b>							
						1kg	
1	DEGLI UMBERTI,Boudine, 152	MEN	44.68	8	939	G	AGN AQ
2	JANSE VAN RENSBURG,Belinda, 155	MEN	44.41	7	937	S	AGN AQ
3	IMMELMAN,Lindie, 84	ELD	42.02	6	920	B	AGN AQ
4	PONT,IlandrÈ, 13	AHM	41.24	5	915		AGN AQ
5	MALAN,Lienneke, 173	MONT	37.65	4	880		AGN AQ
6	ESTERHUIZEN,ChandrÈ, 153	MEN	31.07	3	775		
<b>Item 109 08:30 Final Men U18 Discus</b>							
						1.5kg	
1	KOTZEE,Markus, 160	MEN	54.43	8	891	G	AGN AQ
2	VAN ZYL,Tian, 24	AHS	50.08	7	813	S	AGN AQ
3	MOKOENA,Azanaia, 275	TPC	39.22	6	600	B	
<b>Item 8 13:30 Final Women U20 Discus</b>							
						1kg	
1	THERON,Nicola, 157	MEN	40.48	8	891	G	AGN AQ
2	VAN WYK,Bea, 361	TUKS	33.64	7	789	S	
<b>Item 30 15:00 Final Men U20 Discus</b>							
						1.75kg	
1	VAN NIEKERK,Chris, 212	NED	57.02	8	926	G	AGN AQ
0	COETZEE,Michael, 167	MSC	DNR: .	0	0		
0	MOKWENA,Ofentse, 118	JS	DNR: .	0	0		
<b>Item 127 10:00 Final Men U20 Discus Decathlon</b>							
						1.75kg	
<b>Item 9 13:30 Final Women Senior Discus</b>							
1	SMUTS,Sonia, 348	TUKS	38.45	8	0	G	
2	VAN DER HEERVER,Ciske, 548	ZWK	28.62	7	0	S	
<b>Item 31 15:00 Final Men Senior Discus</b>							
1	VAN HEERDEN,DEWALD, 567	TUKS	55.49	8	0	G	AGN AQ
2	SWANEPOEL,Jan, 107	GNMA	45.95	7	0	S	
3	HAUPT,Burton, 106	GNMA	44.29	6	0	B	
4	LOCK,Johan, 413	TUKS	40.33	5	0		
5	DE VILLIERS,Pieter, 193	MOOT	39.59	4	0		
0	BRANDT,Joel, 192	MOOT	DNR: .	0	0		
<b>Item 128 10:00 Final Men Senior Discus Decathlon</b>							
1	MCGLADDERY,DUNCAN (1),	TUKS	36.30		590		
2	MATSEKANE,Katlego, 139	MAS	25.74		381		
<b>Item 151 11:00 Final Women U18 Hammer</b>							
						3kg	
1	ESTERHUIZEN,ChandrÈ, 153	MEN	43.26	8	900	G	
<b>Item 172 13:30 Final Men U18 Hammer</b>							
						5kg	
<b>Item 152 11:00 Final Women U20 Hammer</b>							
						4kg	
<b>Item 173 13:30 Final Men U20 Hammer</b>							
						6kg	
1	KOBOKOANE,Cedric, 408	TUKS	61.72	8	904	G	AGN AQ
0	MOKWENA,Ofentse, 118	JS	DNR	0	0		
<b>Item 153 11:00 Final Women Senior Hammer</b>							
1	PRETORIUS,Margo Chene, 333	TUKS	61.75	8	0	G	AGN AQ
<b>Item 174 13:30 Final Men Senior Hammer</b>							
1	FRECHOU,Renaldo, 390	TUKS	68.05	8	0	G	AGN AQ
2	KRUGER,Johan, 409	TUKS	59.43	7	0	S	AGN AQ

## Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
3	VENTER,Martin, 108	GNMA	45.39	6	0	B	
4	HAUPT,Burton, 106	GNMA	42.79	5	0		
5	SWANEPOEL,Jan, 107	GNMA	36.93	4	0		
<b>Item 32 15:00 Final Women U18 Javelin</b>					500g		
1	VAN ZYL,ChanÉ, 216	OMH	45.56	8	906	G	AGN AQ
2	SMITH,Ina, 546	ZWK	43.60	7	885	S	AGN AQ
3	WESSELS,Gailyn, 530	WTK	42.18	6	863	B	AGN AQ
4	CONRADI,Leandi, 538	ZWK	39.61	5	822		
<b>Item 165 13:00 Final Women U18 Javelin Heptathlon</b>					500g		
<b>Item 50 16:30 Final Men U18 Javelin</b>					700g		
1	MOUTON,Conrad, 60	CEN	60.56	8	661	G	
2	BOTHA,Reghardt, 99	GRF	58.81	7	623	S	
3	VOLKER,Steyn, 550	ZWK	58.80	6	623	B	
4	VAN TONDER,Almeroux, 105	GRF	55.07	5	539		
0	HUMAN,Ruan, 180	MONT	DNR:	0	0		
<b>Item 10 13:30 Final Women U20 Javelin</b>					600g		
1	COMBRINK,Savannah, 51	CEN	44.45	8	820	G	AGN AQ
2	SNYMAN,Gestelle, 25	AGNI	42.34	7	789	S	AGN AQ
3	JANSE VAN RENSBURG,Danas, 214	OMH	40.30	6	758	B	AGN AQ
4	SITHOLE,Blessing, 262	TPC	37.94	5	721		
<b>Item 166 13:00 Final Women U20 Javelin Heptathlon</b>					600g		
1	THERON,Liezel, 529	WTK	30.73		490		
<b>Item 120 09:30 Final Men U20 Javelin</b>					800g		
1	DEYSEL,Devoux, 101	GRF	68.55	8	831	G	AGN AQ
2	KLEYNHANS,Jacques, 103	GRF	65.15	7	761	S	AGN AQ
3	SMITH,Ruan, 473	TUKS	62.95	6	714	B	AGN AQ
4	KRUGER,Stephan, 161	MEN	59.94	5	649		
<b>Item 195 15:30 Final Men U20 Javelin Decathlon</b>					800g		
<b>Item 11 13:30 Final Women Senior Javelin</b>							
1	VILJOEN,Sunette, 365	TUKS	61.22	8	0	G	AGN AQ
2	MOSTERT,Kelsy-ann, 322	TUKS	43.50	7	0	S	AGN AQ
3	COETZEE,Danielle, 293	TUKS	40.95	6	0	B	AGN AQ
<b>Item 167 13:00 Final Women Senior Javelin Heptathlon</b>							
1	VERSTER,Shannon, 363	TUKS	32.04		515		
<b>Item 121 09:30 Final Men Senior Javelin</b>							
1	HOLTZHAUZEN,Tobie, 102	GRF	65.42	8	0	G	
2	PRETORIUS,Fredriech, 453	TUKS	56.75	7	0	S	
<b>Item 196 15:30 Final Men Senior Javelin Decathlon</b>							
1	MATSEKANE,Katlego, 139	MAS	35.21		373		
1	FALLERT,Khuco, 388	TUKS	35.21		373		
0	AL-MANNAI,Mohammed, 237	QUA	DNR		0		
<b>Item 211 17:20 Final Women U18 5km Walk</b>							
1	SWANEPOEL,Marissa, 528	WTK	27:21.30	8	910	G	AGN AQ
2	NDLOVU,Olwethu, 324	TUKS	29:35.03	7	875	S	
3	RAMAKGOAKGOA,Katlego, 334	TUKS	29:51.01	6	871	B	
4	MAKGETHA,Ophenia, 316	TUKS	29:54.80	5	870		
0	SITHOLE,Nothando, 347	TUKS	DNS	0	0		
<b>Item 212 17:20 Final Men U18 10km Walk</b>							
<b>Item 95 06:30 Final Women U20 10km Walk</b>							
<b>Item 97 06:30 Final Men U20 10km Walk</b>							
1	HEYMANS,Jacques, 399	TUKS	0:47:54.11	8	914	G	AGN AQ
2	SHONGWE,SIYABONGWA, 579	TUKS	0:47:54.15	7	914	S	AGN AQ
3	NHLAPO,Vincent, 444	TUKS	0:55:10.28	6	820	B	
<b>Item 96 06:30 Final Women Senior 10km Walk</b>							
1	MATSEBA, Whitney, 490	TUT	1:05:14.24	8	0	G	
<b>Item 98 06:30 Final Men Senior 10km Walk</b>							

Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD C (1) at BESTMED TUKS from 2019/03/15 to 2019/03/16

Place	Athlete,Birthdate	Team	Perf	Points	Score	Medal	Records
1	PULE,Tumisang, 517	TUT	0:44:20.46	8	0	G	AGN AQ
2	MNISI,Mthunzi, 140	MAS	0:47:53.94	7	0	S	AGN AQ
3	SEMAMO,DANNYBOY, 575	TUT	0:54:40.69	6	0	B	
4	BRITZ,Chris, 375	TUKS	0:58:56.92	5	0		
5	SEPENG,Tshireletso, 519	TUT	1:05:14.24	4	0		