

Saturday, 08 October 2016



Pos	Race Bib No.	Province	Category	M/ F	Distance	Surname	First Name	Age	Result	Medal	Record
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**3km: Sub Youth Girls (13 years old and younger)**

1	3000	ASWD	SYG/3	F	3	Webb	Shane	12	17:03	G	
2	3006	CGA	SYG/3	F	3	Khola	Keitumetse	13	17:24	S	
3	3012	WPA	SYG/3	F	3	Toerien	Nikita	12	17:27	B	
4	3001	ASWD	SYG/3	F	3	Booyesen	Eleanor	12	18:59		
5	3009	WPA	SYG/3	F	3	Gertze	Alvida	12	19:25		
6	3003	ASWD	SYG/3	F	3	Michaels	Banza	12	19:30		
7	3010	WPA	SYG/3	F	3	Damon	Caren	13	20:22		
8	3004	BOL	SYG/3	F	3	Louw	Jogayn	13	20:27		
9	3007	CGA	SYG/3	F	3	Booi	Sanelisiwe	13	20:36		
10	3005	BOL	SYG/3	F	3	Wher	Tammy-Lee	13	20:40		
11	3002	ASWD	SYG/3	F	3	Kleinbooi	Chanté	12	20:45		
12	3008	CGA	SYG/3	F	3	Molefe	Kagiso	13	20:55		
DNS	3011	WPA	SYG/3	F	3	Absalom	Monique	12	DNS		

**3km: Sub Youth Boys (13 years old and younger)**

1	3018	ASWD	SYB/3	M	3	Aweries	Durando	13	15:25	G	
2	3020	BOL	SYB/3	M	3	Colling	Juan	13	15:27	S	
3	3019	BOL	SYB/3	M	3	Walters	Tiaano	13	15:47	B	
4	3021	CGA	SYB/3	M	3	Nyivana	Ondela Alex	13	15:47	B	
5	3024	WPA	SYB/3	M	3	Pieterse	Charlton	13	16:53		
6	3013	AGN	SYB/3	M	3	Mathibe	Omolemo	13	17:21		
7	3023	CGA	SYB/3	M	3	Nyembe	Mlondi	11	18:09		
8	3022	CGA	SYB/3	M	3	Chauke	Tsebo	12	18:48		
9	3014	AGN	SYB/3	M	3	Mangena	Sello	13	19:20		
10	3015	ASWD	SYB/3	M	3	Webb	Shaun-dré	11	19:23		
11	3016	ASWD	SYB/3	M	3	Samson	Raymondre	11	19:35		
12	3017	ASWD	SYB/3	M	3	Bewee	Eirich	12	20:11		
13	3025	WPA	SYB/3	M	3	Van Wyk	Ronaldo	13	20:27		

**5km: Sub Youth Girls (14 to 15 years old)**

1	5004	ASWD	SYG/5	F	5	Van Rensburg	Nolene	15	26:25	G	
2	5001	ASWD	SYG/5	F	5	Geldenduys	Moné	15	27:33	S	
3	5000	AGN	SYG/5	F	5	Msheba	Dimakatso	15	30:19	B	
4	5005	BOL	SYG/5	F	5	Eksteen	Moesha	14	31:12		
5	5006	BOL	SYG/5	F	5	Coetzee	Yunisha	14	32:08		
7	5002	ASWD	SYG/5	F	5	Lourens	Louw-Anne	14	32:32		
6	5007	CGA	SYG/5	F	5	Mathe	Sibongile	15	33:23		
8	5003	ASWD	SYG/5	F	5	Arries	Jo-Ann	14	34:05		
9	5008	WPA	SYG/5	F	5	Toerien	Amore	14	35:07		

**5km: Sub Youth Boys (14 to 15 years old)**

1	5013	CGA	SYB/5	M	5	Ngake	Kgosi	15	25:19	G	
2	5017	WPA	SYB/5	M	5	Eckley	Gerhard	15	26:10	S	
3	5016	WPA	SYB/5	M	5	Ncacu	Akhona	15	26:22	B	
4	5009	AGN	SYB/5	M	5	Nhlapo	Vincent	15	26:22	B	
5	5023	ACNW	SYB/5	M	5	Van Aarde	Gert	14	27:23		
6	5014	CGA	SYB/5	M	5	Segwai	Lunga Junior	14	28:36		
7	5011	BOL	SYB/5	M	5	Klink	Tariq	15	30:06		
8	5019	WPA	SYB/5	M	5	Gertse	Ethan	14	31:30		
9	5018	WPA	SYB/5	M	5	Majiet	Nashwill	14	32:02		
10	5012	BOL	SYB/5	M	5	Prins	Shelton	14	32:31		
11	5010	ASWD	SYB/5	M	5	Markgraaff	Timotheus	14	34:37		

**5km: Youth Girls (16 to 17 years old)**

1	5020	BOL	YG/5	F	5	Noeline	Rossouw	17	27:41	G	
2	5021	BOL	YG/5	F	5	Hilda	Du Toit	16	27:45	S	
3	5022	CGA	YG/5	F	5	Lesejane	Idah Koketso	16	33:34	B	

**10km: Youth Boys (16 to 17 years old)**

1	102	BOL	YB/10	M	10	Francois	Jacobs	16	48:21	G	
2	101	BOL	YB/10	M	10	Hanru	Colling	17	48:29	S	
3	106	ASWD	YB/10	M	10	Van Wyk	Elwich	17	48:41	B	

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4	103	CGA	YB/10	M	10	Molete	Tumelo	17	54:39		
5	108	ASWD	YB/10	M	10	Farmer	Antonio	15	57:52		
6	104	WPA	YB/10	M	10	Mekeur	Wentsley	17	1:00:52		

**10km: Junior Men (18 to 19 years old)**

1	105	AGN	JM/10	M	10	Phule	Thumisang	19	46:08	G	
2	109	CGA	JM/10	M	10	Hlongwane	Xolani Vusi	18	48:59	S	
3	111	CGA	JM/10	M	10	Polile	Kamahelo	18	49:51	B	
4	110	CGA	JM/10	M	10	Benzane	Jabulani	18	53:41		
5	107	ASWD	JM/10	M	10	Carelse	Bradley	18	54:27		

**10km: Masters Men (30-34)**

1	113	CGA	M30/10	M	10	Molefe	Karabo	33	58:06	G	
	184	AGN	M30/10	M	10	Mundell	Marc	33			
	112	AGN	M30/10	M	10	Snyman	Wayne	31			

**10km: Masters Men (35-39)**

1	114	BOL	M35/10	M	10	Jacob	Nel	39	1:01:36	G	
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**10km: Masters Men (40-44)**

1	116	WPA	M40/10	M	10	McDonald	Ross	43	57:23	G	
2	186	ASWD	M40/10	M	10	Plaatjies	Louis	M40	1:01:29	S	

**10km: Masters Men (45-49)**

1	117	AGN	M45/10	M	10	Appel	Joseph	46	59:05	G	
2	119	CGA	M45/10	M	10	Eykenduyn	Ronald	48	1:00:02	S	
3	118	BOL	M45/10	M	10	Donald	Siebritz	49	1:02:31	B	

**10km: Masters Men (50-54)**

1	123	CGA	M50/10	M	10	Von Benecke	Lebeaur	51	48:45	G	M50*
2	122	CGA	M50/10	M	10	Johannes	Aubrey	52	54:49	S	
3	120	AGN	M50/10	M	10	Oosthuizen	Frans	54	57:41	B	
4	158	WPA	M50/10	M	10	Williams	Clive	51	1:03:45		
5	121	BOL	M50/10	M	10	Klaus	Small	53	1:08:09		

**10km: Masters Men (55-59)**

1	185	AGN	M55/10	M	10	Bester	Jan	57	54:43	G	M55*
2	125	CGA	M55/10	M	10	Meyer	Carel	59	57:25	S	
3	127	WPA	M55/10	M	10	Fransman	Willem	59	1:08:17	B	
	124	BOL	M55/10	M	10	Douglas	Hector	56			

**10km: Masters Men (60-64)**

1	128	AGN	M60/10	M	10	Patterson	Ray	63	59:30	G	
2	129	AGN	M60/10	M	10	Bosman	Marius	60	1:02:54	S	
3	130	BOL	M60/10	M	10	Frans	Kotze	64	1:03:48	B	
4	131	CGA	M60/10	M	10	Donnelly	Bernard	61	1:03:58		

**10km: Masters Men (65-69)**

1	132	WPA	M65/10	M	10	Van Zyl	Johan	67	58:09	G	
2	133	WPA	M65/10	M	10	Whyte	Roy	69	1:08:45	S	

**10km: Masters Men (70-74)**

1	134	AGN	M70/10	M	10	Clements	Fred	73	1:06:54	G	
2	135	CGA	M70/10	M	10	Mhlongo	Dumisani Sidwell	73	1:07:58	S	
3	136	WPA	M70/10	M	10	Aver	Brian	72	1:15:47	B	

**10km: Masters Men (75-79)**

1	138	ASWD	M75/10	M	10	Morgan-Smith	David	79	1:09:30	G	
2	137	AGN	M75/10	M	10	Viviers	Flip	77	1:12:29	S	
3	139	WPA-I	M75/10	M	10	Adams	Ronnie	77	1:32:44	B	

**10km: Masters Men (80-84)**

1	140	CGA	M80/10	M	10	Rowe	John	80	1:15:57	G	
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**10km: Junior Women (18 to 19 years old)**

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1	182	ACNW	JW/10	F	10	Koen	Annetta	17	57:25	G	
2	142	AGN	JW/10	F	10	Msheba	Palesa	16	1:02:19	S	
3	143	AGN	JW/10	F	10	Matseba	Whitney	19	1:16:35	B	

**10km: Masters Women (35-39)**

1	145	CGA	W35/10	F	10	Selolo	Kedibone Carol	39	1:22:11	G	
2	146	BOL	W35/10	F	10	Luanne	Smith	37	1:22:57	S	

**10km: Masters Women (40-44)**

1	147	CGA	W40/10	F	10	Lendrum	Bronwyn	42	1:06:02	G	
2	148	WPA	W40/10	F	10	Buckle	Leza	41	1:10:44	S	

**10km: Masters Women (45-49)**

1	149	AGN	W45/10	F	10	Serdyn	Mariaan	45	58:39	G	
2	151	WPA	W45/10	F	10	Els	Suzelle	47	1:06:44	S	
3	183	ACNW	W45/10	F	10	Van Aarde	Louise	48	1:08:00	B	
4	150	CGA	W45/10	F	10	Krog	Lauren	47	1:12:12		

**10km: Masters Women (50-54)**

1	153	CGA	W50/10	F	10	van Buuren	Lesley	54	55:31	G	
2	155	WPA	W50/10	F	10	Adams	Carlyn	54	1:05:08	S	
3	152	AGN	W50/10	F	10	Ruck	Celeste	51	1:07:44	B	
4	154	WPA	W50/10	F	10	Pick	Carol	50	1:12:33		
5	181	LIM	W50/10	F	10	Van Zyl	Daleen	54	1:12:58		

**10km: Masters Women (55-59)**

1	156	AGN	W55/10	F	10	Scheepers	Celeste	56	1:03:32	G	
2	157	CGA	W55/10	F	10	Coats	Avril	59	1:04:18	S	
3	159	WPA	W55/10	F	10	Williams	Gail	58	1:05:31	B	
4	160	WPA	W55/10	F	10	Burger	Erdine	59	1:07:26		

**10km: Masters Women (60-64)**

1	162	CGA	W60/10	F	10	Nell	Barbara	61	58:08	G	
2	161	AGN	W60/10	F	10	Knoetze	Retha	61	1:04:12	S	
3	163	WPA	W60/10	F	10	Collins	Judy	62	1:13:46	B	
4	164	WPA	W60/10	F	10	Roux	Isabel	64	1:17:08		

**10km: Masters Women (65-69)**

1	166	AGN	W65/10	F	10	Koekemoer	Winnie	66	1:04:50	G	
2	168	WPA	W65/10	F	10	Josephs	Wendy	68	1:09:29	S	
3	169	WPA	W65/10	F	10	Stead	Ann	69	1:12:22	B	
4	165	AGN	W65/10	F	10	Van der Walt	Carol	67	1:13:11		
5	170	WPA	W65/10	F	10	Kettlewell	Charlotte	68	1:16:48		

**10km: Masters Women (70-74)**

1	172	AGN	W70/10	F	10	Greyvenstein	Annatjie	71	1:02:34	G	W70*
2	175	WPA	W70/10	F	10	Aver	Carol - Ann	71	1:13:20	S	
3	174	WPA	W70/10	F	10	Schipper	Mary	70	1:16:14	B	
4	171	AGN	W70/10	F	10	Strauss	Kiebet	73	1:18:40		
5	173	CGA	W70/10	F	10	Jarvis	Mary	71	1:19:11		

**10km: Masters Women (75-79)**

1	178	WPA	W75/10	F	10	Vey	Hildegard	75	1:11:04	G	
2	177	CGA	W75/10	F	10	Mclivin	Esme	77	1:18:58	S	
3	176	CGA	W75/10	F	10	Macartney	Dierdre	75	1:20:21	B	
4	179	WPA	W75/10	F	10	Norton	Margaret	77	1:22:39		

**10km: Masters Women (90-94)**

1	180	CGA	W90/10	F	10	Rootenberg	Cecily	91	1:35:28	G	
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**20km: Masters Men (30-35)**

1	201	AGN	M30/20	M	20	Mahlangu	Sipho	33	1:44:30	G	
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**20km: Masters Men (35-39)**

1	203	WPA	M35/20	M	20	Cillie	Gideon	39	1:45:56	G	
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2	202	AGN	M35/20	M	20	Kobue	Mzwakhe	35	1:53:12	S	

**20km: Masters Men (40-44)**

1	204	CGA	M40/20	M	20	Mashigo	Johannes	41	2:03:13	G	
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**20km: Masters Men (45-49)**

1	205	AGN	M45/20	M	20	Mosebedi	Piet	46	1:59:41	G	
2	231	ASWD	SM/20	M	20	Mohlalehi	Ishmael	45	2:00:00	S	
3	209	WPA	M45/20	M	20	Fisher	Ebrahima	49	2:01:09	B	
4	208	WPA	M45/20	M	20	Hines	Dennis	49	2:05:33		

**20km: Masters Men (50-54)**

1	212	CGA	M50/20	M	20	Phillips	Kevin	52	1:52:24	G	
2	210	AGN	M50/20	M	20	Britz	Chris	52	1:57:00	S	
3	213	WPA	M50/20	M	20	Papier	Adam	54	2:05:00	B	
4	211	CGA	M50/20	M	20	Msimango	Stephen	53	2:12:24		

**20km: Masters Men (55-59)**

1	215	AGN	M55/20	M	20	Railo	Simon	56	2:02:05	G	
2	216	AGN	M55/20	M	20	Willemse	Jaap	59	2:02:39	S	
3	217	CGA	M55/20	M	20	Nemeti	Alain	55	2:06:47	B	
4	218	CGA	M55/20	M	20	Ingram	David	55	2:07:33		
5	219	WPA	M55/20	M	20	Fuller	Raymond	58	2:14:15		

**20km: Masters Men (60-64)**

1	220	AGN	M60/20	M	20	Callaghan	Christopher	63	2:06:38	G	
2	221	AGN	M60/20	M	20	Labuschagne	Danie	61	2:10:17	S	
3	222	CGA	M60/20	M	20	Mohlakane	Ben	61	2:22:22	B	

**20km: Masters Men (65-69)**

1	223	WPA	M65/20	M	20	Child	John	65	2:21:04	G	
2	224	WPA	M65/20	M	20	Hart	Walter	66	2:27:24	S	

**20km: Masters Men (70-74)**

1	225	AGN	M70/20	M	20	Van den Raad	Gerard	72	2:16:26	G	
2	226	WPA	M70/20	M	20	Wonfor	Patrick	71	2:23:55	S	

**20km: Masters Men (75-79)**

1	227	WPA	M75/20	M	20	Spencer	Jurgen	76	2:13:09	G	
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**20km: Masters Men (80-84)**

1	228	WPA	M80/20	M	20	Kirby	Dave	81	2:39:39	G	
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**20km: Senior Men**

(Premier Race)

1	261	CGA	SM/20	M	20	Shange	Lebogang	26	1:30:58	G	
2	260	AFS	SM/20	M	20	Chauque	Mthemi	Sen	1:31:55	S	
3	229	AGN	SM/20	M	20	Ndebele	Sizwe	22	1:32:06	B	
4	232	CGA	SM/20	M	20	Mavandla	Mzwakhe	22	1:35:07		
5	233	CGA	SM/20	M	20	Khwela	Louis	23	1:44:27		
7	235	WPA	SM/20	M	20	Plaatjies	Siyanda	26	2:01:09		
8	230	ASWD	SM/20	M	20	Van Rooyen	Johannes	Sen	2:03:20		

**20km: Masters Women (30-34)**

1	236	EPA	W30/20	F	20	Bezuidenhout	Elmarie	34	1:59:53	G	
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**20km: Masters Women (35-39)**

1	238	AGN	W30/20	F	20	Willemse	Rhoda	35	2:01:07	G	
2	239	WPA	W30/20	F	20	Sandi	Fundiswa	36	2:11:00	S	

**20km: Masters Women (45-49)**

1	242	WPA	W45/20	F	20	Dunn	Chandra - Jay	49	2:09:04	G	
2	240	CGA	W45/20	F	20	Nyathi	Assalina	46	2:10:28	S	

**20km: Masters Women (50-54)**

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1	245	WPA	W50/20	F	20	Horn-Botha	Deborah	51	2:15:18	G	
2	246	WPA	W50/20	F	20	Goosen	Jackie	54	2:20:01	S	
3	244	CGA	W50/20	F	20	Nkosi	Linah	52	2:32:27	B	
4	243	CGA	W50/20	F	20	Harding	Michelle	52	2:37:12		

**20km: Masters Women (55-59)**

1	247	AGN	W55/20	F	20	Steenkamp	Sandra	56	1:58:46	G	
2	214	WPA	W55/20	F	20	James	Pam	59	2:18:33	S	
3	248	CGA	W55/20	F	20	Starky	Anna	55	2:27:02	B	

**20km: Masters Women (60-64)**

1	250	CGA	W60/20	F	20	Jacobs	Loritha	64	2:17:32	G	
2	249	AGN	W60/20	F	20	Willelse	Lucia	62	2:21:41	S	

**20km: Masters Women (65-69)**

1	251	WPA	W65/20	F	20	Blignaut	Frieda	65	2:21:54	G	
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**20km: Masters Women (70-74)**

1	252	AGN	W70/20	F	20	Meyer	Elsa	70	2:07:57	G	World W70*
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**20km: Masters Women (75-79)**

1	253	WPA	W75/20	F	20	Reid	Peggy	79	2:37:47	G	
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**20km: Senior Women (Premier Race)**

1	237	KZNA-I	SW/20	F	20	Le Roux	Natalie	34	1:51:11	G	
2	256	CGA	SW/20	F	20	De Winnaar	Udelle	20	2:05:18	S	
3	257	CGA	SW/20	F	20	Mokhele	Nthatisi	23	2:08:11	B	
4	258	CGA	SW/20	F	20	Mazibuko	Buyisiwe	20	2:08:44		
5	254	AGN	SW/20	F	20	Klink	Chanice	20	2:12:15		

**30km: Senior Women (National Championship)**

1	300	KZNA	SW/30	F	30	Irmscher	Yvonne	54	3:21:05	G	
2	301	KZNA	SW/30	F	30	Memela	Babongile	36	3:21:09	S	
3	302	CGA	SW/30	F	30	Everitt	Cheryl	49	3:27:49	B	

**50km: Senior Men (National Championship)**

1	506	AGN	SM/50	M	50	Mnisi	Mtunzi	28	4:33:56	G	
2	502	KZNA	SM/50	M	50	Khanyile	Nhlanhla	45	4:48:15	S	
3	501	KZNA	SM/50	M	50	Qhangiso	Thembile	49	4:49:24	B	
4	500	CGA	SM/50	M	50	Manamela	Jeuffry	27	5:13:33		
	503	KZNA	SM/50	M	50	Hlongwa	Wiseman	29	DNF		
	504	Singapore	SM/50	M	50	Sim	Edmund	33	DNF		
	505	WPA	SM/50	M	50	Mroro	Martin	32	DNS		

**PROVINCIAL MEDAL TABLE**

		Gold	Silver	Bronze	Total Medals
1	Athletics Gauteng North	18	9	6	33
2	Central Gauteng Athletics	13	10	10	33
3	Western Province Athletics	11	12	10	33
4	Athletics South Western Districts	4	3	1	8
5	Boland Athletics	3	4	3	10
6	Kwazulu Natal Athletics	1	2	1	4
7	Athletics Central North West	1	0	1	2
8	Eastern Province Athletics	1	0	0	1
9	Kwazulu Natal Athletics <b>Indiv.</b>	1	0	0	1
10	Athletics Free State	0	1	0	1
11	WPA <b>Indiv.</b>	0	0	1	1
12	Limpopo	0	0	0	0
		53	41	33	127