

Meeting :AGN TRACK AND FIELD LEAGUE 1 at BESTMED TUKS on 2019/01/12**PROGRAM**

Performance Scores: ABSA_2007 table, Electronic Time, Height above sea=1400

Seq	Time	Pit	Event	Next	Spec
1	08:00		Final Women U18 5km Walk		
2	08:00		Final Women U20 5km Walk		
3	08:00		Final Women Senior 5km Walk		
4	08:00		Final Men Senior 5km Walk		
5	08:00		Final Men U20 5km Walk		
6	08:00		Final Men U18 5km Walk		
7	08:00		Final Women U18 Hammer		3kg
8	08:00		Final Women U20 Hammer		4kg
9	08:00		Final Women Senior Hammer		
10	08:40		Final Women U18 3000m		
11	08:55		Final Men U18 3000m		
12	09:00		Final Women U18 HighJump		
13	09:00		Final Women U18 TripleJump		
14	09:00		Final Women U18 Javelin		500g
15	09:00		Final Men U18 Shotput		5kg
16	09:00		Final Women U20 HighJump		
17	09:00		Final Women U20 TripleJump		
18	09:00		Final Women U20 Javelin		600g
19	09:00		Final Men U20 Shotput		6kg
20	09:00		Final Women Senior HighJump		
21	09:00		Final Women Senior TripleJump		
22	09:00		Final Women Senior Javelin		
23	09:00		Final Men Senior Shotput		
24	09:10		Final Men U20 5000m		
25	09:10		Final Men Senior 5000m		
26	09:30		Final Women U20 5000m		
27	09:30		Final Women Senior 5000m		
28	10:00		Final Women U18 Shotput		3kg
29	10:00		Final Women U20 Shotput		4kg
30	10:00		Final Women Senior Shotput		
31	10:00		Final Men Senior 400m Hurdles		
32	10:05		Final Men U20 400m Hurdles		91.4cm
33	10:15		Final Men U18 400m Hurdles		84cm
34	10:15		Final Men U18 TripleJump		
35	10:15		Final Men U20 TripleJump		
36	10:15		Final Men Senior TripleJump		
37	10:20		Final Women Senior 400m Hurdles		
38	10:25		Final Women U20 400m Hurdles		76.2cm
39	10:30		Final Women U18 400m Hurdles		76.2cm
40	10:45		Final Women U18 200m		
41	10:50		Final Men U18 200m		
42	10:55		Final Women U20 200m		
43	11:00		Final Men U18 Discus		1.5kg
44	11:00		Final Men U20 200m		
45	11:00		Final Men U20 Discus		1.75kg
46	11:00		Final Men Senior Discus		
47	11:05		Final Women Senior 200m		
48	11:10		Final Men Senior 200m		

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49	11:20	Final Women U18 800m	
50	11:25	Final Men U18 800m	
51	11:30	Final Women U18 LongJump	
52	11:30	Final Women U20 800m	
53	11:30	Final Women U20 LongJump	
54	11:30	Final Women Senior LongJump	
55	11:35	Final Men U20 800m	
56	11:40	Final Women Senior 800m	
57	11:45	Final Men Senior 800m	
LUNCH BREAK			
58	12:30	Final Women U18 100m	
59	12:30	Final Women U18 Discus	1kg
60	12:30	Final Men U18 Javelin	700g
61	12:30	Final Women U20 Discus	1kg
62	12:30	Final Men U20 Javelin	800g
63	12:30	Final Women Senior Discus	
64	12:30	Final Men Senior Javelin	
65	12:35	Final Men U18 100m	
66	12:40	Final Women U20 100m	
67	12:45	Final Men U18 LongJump	
68	12:45	Final Men U20 100m	
69	12:45	Final Men U20 LongJump	
70	12:45	Final Men Senior LongJump	
71	12:50	Final Women Senior 100m	
72	12:55	Final Men Senior 100m	
73	13:10	Final Women U18 400m	
74	13:15	Final Men U18 400m	
75	13:20	Final Women U20 400m	
76	13:25	Final Men U20 400m	
77	13:30	Final Men U18 HighJump	
78	13:30	Final Men U20 HighJump	
79	13:30	Final Women Senior 400m	
80	13:30	Final Men Senior HighJump	
81	13:30	Final Men Senior Hammer	
82	13:30	Final Men U20 Hammer	6kg
83	13:30	Final Men U18 Hammer	5kg
84	13:35	Final Men Senior 400m	
85	13:45	Final Women U18 1500m	
86	13:55	Final Men U18 1500m	
87	14:05	Final Women U20 1500m	
88	14:15	Final Men U20 1500m	
89	14:25	Final Women Senior 1500m	
90	14:35	Final Men Senior 1500m	
91	14:45	Final Women U18 2000m SteepleChase	
92	14:55	Final Men U18 2000m SteepleChase	
93	15:05	Final Women Senior 3000m SteepleChase	
94	15:05	Final Women U20 3000m SteepleChase	
95	15:20	Final Men U20 3000m SteepleChase	
96	15:20	Final Men Senior 3000m SteepleChase	