

**PROGRAM**

Performance Scores: ABSA\_2007 table, Electronic Time, Height above sea=1400

Seq	Time	Pit	Event	Next	Spec
<b>START OF DAY 1</b>					
1	13:15		Final Women U18 100m Hurdles Heptathlon		76.2cm
2	13:15		Final Women U20 100m Hurdles Heptathlon		84cm
3	13:15		Final Women Senior 100m Hurdles Heptathlon		
4	13:30	A	Final Men U18 HighJump		
5	13:30	A	Final Women U20 LongJump		
6	13:30	A	Final Women Senior LongJump		
7	13:30	A	Final Men U18 Polevault		
8	13:30	A	Final Women U20 Discus		1kg
9	13:30	A	Final Women Senior Discus		
10	13:30	A	Final Women U20 Javelin		600g
11	13:30	A	Final Women Senior Javelin		
12	13:30	A	Final Men U18 Shotput		5kg
13	13:33		Final Men U20 100m Decathlon		
14	13:33		Final Men Senior 100m Decathlon		
15	13:40		Heat 1 of 2 Men Senior 400m Hurdles	(Final=89)	
16	13:40		Heat 2 of 2 Men Senior 400m Hurdles	(Final=89)	
17	13:47		Heat 1 of 2 Men U20 400m Hurdles	(Final=90)	91.4cm
18	13:47		Heat 2 of 2 Men U20 400m Hurdles	(Final=90)	91.4cm
19	13:55		Heat 1 of 2 Men U18 400m Hurdles	(Final=91)	84cm
20	13:55		Heat 2 of 2 Men U18 400m Hurdles	(Final=91)	84cm
21	14:02		Heat 1 of 2 Women U20 400m Hurdles	(Final=93)	76.2cm
22	14:02		Heat 2 of 2 Women U20 400m Hurdles	(Final=93)	76.2cm
23	14:08		Heat 1 of 2 Women U18 400m Hurdles	(Final=94)	76.2cm
24	14:08		Heat 2 of 2 Women U18 400m Hurdles	(Final=94)	76.2cm
25	14:15		Heat 1 of 2 Men Senior 800m	(Final=82)	
26	14:15		Heat 2 of 2 Men Senior 800m	(Final=82)	
27	14:20		Heat 1 of 2 Men U20 800m	(Final=83)	
28	14:20		Heat 2 of 2 Men U20 800m	(Final=83)	
29	14:25		Heat 1 of 2 Men U18 800m	(Final=85)	
30	14:25		Heat 2 of 2 Men U18 800m	(Final=85)	
31	14:30		Heat 1 of 2 Women U18 800m	(Final=88)	
32	14:30		Heat 2 of 2 Women U18 800m	(Final=88)	
33	14:45	A	Final Men U20 LongJump Decathlon		
34	14:45	A	Final Men Senior LongJump Decathlon		
35	14:50		Heat 1 of 4 Men Senior 200m	(Semi Final=70)	
36	14:50		Heat 2 of 4 Men Senior 200m	(Semi Final=70)	
37	14:50		Heat 3 of 4 Men Senior 200m	(Semi Final=70)	
38	14:50		Heat 4 of 4 Men Senior 200m	(Semi Final=70)	
39	15:00		Heat 1 of 3 Men U20 200m	(Final=96)	
40	15:00		Heat 2 of 3 Men U20 200m	(Final=96)	
41	15:00		Heat 3 of 3 Men U20 200m	(Final=96)	
42	15:00	A	Final Men U20 Discus		1.75kg
43	15:00	A	Final Men Senior Discus		
44	15:00	A	Final Women U18 Javelin		500g
45	15:00	A	Final Women U18 Shotput		3kg
46	15:00	A	Final Women U18 HighJump Heptathlon		

Meeting :AGN YOUTH, JUNIOR &amp; SENIOR TRACK AND FIELD CHAMPION at BESTMED TUKS from 2019/03/15 to 2019/03/16

47	15:00	A	Final Women U20 HighJump Heptathlon	
48	15:00	A	Final Women Senior HighJump Heptathlon	
49	15:15		Heat 1 of 3 Men U18 200m	(Final=97)
50	15:15		Heat 2 of 3 Men U18 200m	(Final=97)
51	15:15		Heat 3 of 3 Men U18 200m	(Final=97)
52	15:25		Heat 1 of 2 Women Senior 200m	(Final=98)
53	15:25		Heat 2 of 2 Women Senior 200m	(Final=98)
54	15:35		Heat 1 of 3 Women U18 200m	(Final=101)
55	15:35		Heat 2 of 3 Women U18 200m	(Final=101)
56	16:00	A	Final Men U20 LongJump	
57	16:00	A	Final Men Senior LongJump	
58	16:00		Heat 1 of 2 Men Senior 1500m	(Final=134)
59	16:00		Heat 2 of 2 Men Senior 1500m	(Final=134)
60	16:20		Heat 1 of 2 Men U20 1500m	(Final=135)
61	16:20		Heat 2 of 2 Men U20 1500m	(Final=135)
62	16:30	A	Final Men U18 Javelin	700g
63	16:30	A	Final Women U18 Shotput Heptathlon	3kg
64	16:30	A	Final Women U20 Shotput Heptathlon	4kg
65	16:30	A	Final Women Senior Shotput Heptathlon	
66	16:30	A	Final Men U20 Shotput Decathlon	6kg
67	16:30	A	Final Men Senior Shotput Decathlon	
68	16:40		Heat 1 of 2 Men U18 1500m	(Final=136)
69	16:40		Heat 2 of 2 Men U18 1500m	(Final=136)
70	17:00		Semi Final 1 of 2 Men Senior 200m	(Final=95)
71	17:00		Semi Final 2 of 2 Men Senior 200m	(Final=95)
72	17:15		Final Women U18 2000m SteepleChase	
73	17:25		Final Men U18 2000m SteepleChase	
74	17:30	A	Final Women U18 LongJump	
75	17:30	A	Final Men U18 LongJump	
76	17:35		Final Men Senior 3000m SteepleChase	
77	17:50		Final Men U20 3000m SteepleChase	
78	18:00	A	Final Men U20 HighJump Decathlon	
79	18:00	A	Final Men Senior HighJump Decathlon	
80	18:05		Final Women U20 3000m SteepleChase	
81	18:05		Final Women Senior 3000m SteepleChase	
82	18:25		Final Men Senior 800m	
83	18:30		Final Men U20 800m	
84	18:30	A	Final Women U18 Discus	1kg
85	18:35		Final Men U18 800m	
86	18:45		Final Women Senior 800m	
87	18:50		Final Women U20 800m	
88	18:55		Final Women U18 800m	
89	19:05		Final Men Senior 400m Hurdles	
90	19:10		Final Men U20 400m Hurdles	91.4cm
91	19:15		Final Men U18 400m Hurdles	84cm
92	19:25		Final Women Senior 400m Hurdles	
93	19:30		Final Women U20 400m Hurdles	76.2cm
94	19:35		Final Women U18 400m Hurdles	76.2cm
95	19:40		Final Men Senior 200m	
96	19:45		Final Men U20 200m	
97	19:50		Final Men U18 200m	

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98	19:55	Final Women Senior 200m	
99	20:00	Final Women U20 200m	
100	20:05	Heat 3 of 3 Women U18 200m	(Final=101)
101	20:10	Final Women U18 200m	
102	20:15	Final Women U18 200m Heptathlon	
103	20:20	Final Women U20 200m Heptathlon	
104	20:25	Final Women Senior 200m Heptathlon	
105	20:30	Final Men U20 400m Decathlon	
106	20:35	Final Men Senior 400m Decathlon	
107	20:40	Final Women Senior 10000m	
108	20:40	Final Men U20 10000m	
109	20:40	Final Men Senior 10000m	
<b>START OF DAY 2</b>			
110	06:30	Final Women U20 10km Walk	
111	06:30	Final Women Senior 10km Walk	
112	06:30	Final Men U20 10km Walk	
113	06:30	Final Men Senior 10km Walk	
114	07:50	Final Men U20 110m Hurdles Decathlon	99.5cm
115	07:50	Final Men Senior 110m Hurdles Decathlon	
116	08:00	A Final Women U20 Polevault	
117	08:00	A Final Women Senior Polevault	
118	08:15	Heat 1 of 5 Men Senior 400m	(Semi Final=179)
119	08:15	Heat 2 of 5 Men Senior 400m	(Semi Final=179)
120	08:15	Heat 3 of 5 Men Senior 400m	(Semi Final=179)
121	08:15	Heat 4 of 5 Men Senior 400m	(Semi Final=179)
122	08:15	Heat 5 of 5 Men Senior 400m	(Semi Final=179)
123	08:25	Heat 1 of 2 Men U20 400m	(Final=211)
124	08:25	Heat 2 of 2 Men U20 400m	(Final=211)
125	08:30	A Final Men U18 Discus	1.5kg
126	08:35	Heat 1 of 3 Men U18 400m	(Final=129)
127	08:35	Heat 2 of 3 Men U18 400m	(Final=129)
128	08:35	Heat 3 of 3 Men U18 400m	(Final=129)
129	08:35	Final Men U18 400m	
130	08:50	Heat 1 of 2 Women Senior 400m	(Final=215)
131	08:50	Heat 2 of 2 Women Senior 400m	(Final=215)
132	08:55	Heat 1 of 2 Women U18 400m	(Final=205)
133	08:55	Heat 2 of 2 Women U18 400m	(Final=205)
134	09:15	Final Men Senior 1500m	
135	09:20	Final Men U20 1500m	
136	09:25	Final Men U18 1500m	
137	09:30	A Final Men U18 TripleJump	
138	09:30	A Final Men U20 Javelin	800g
139	09:30	A Final Men Senior Javelin	
140	09:35	Final Women Senior 1500m	
141	09:45	Final Women U20 1500m	
142	09:55	Final Women U18 1500m	
143	10:00	A Final Men U20 Shotput	6kg
144	10:00	A Final Men Senior Shotput	
145	10:00	A Final Men U20 Discus Decathlon	1.75kg
146	10:00	A Final Men Senior Discus Decathlon	

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147	10:10		Heat 1 of 5 Men Senior 100m	(Semi Final=187)
148	10:10		Heat 2 of 5 Men Senior 100m	(Semi Final=187)
149	10:10		Heat 3 of 5 Men Senior 100m	(Semi Final=187)
150	10:10		Heat 4 of 5 Men Senior 100m	(Semi Final=187)
151	10:10		Heat 5 of 5 Men Senior 100m	(Semi Final=187)
152	10:15	A	Final Women U18 LongJump Heptathlon	
153	10:15	A	Final Women U20 LongJump Heptathlon	
154	10:15	A	Final Women Senior LongJump Heptathlon	
155	10:25		Heat 1 of 2 Men U20 100m	(Final=223)
156	10:25		Heat 2 of 2 Men U20 100m	(Final=223)
157	10:30	A	Final Women U18 Polevault	
158	10:40		Heat 1 of 2 Women Senior 100m	(Final=225)
159	10:40		Heat 2 of 2 Women Senior 100m	(Final=225)
160	10:50		Heat 1 of 2 Women U20 100m	(Final=226)
161	10:50		Heat 2 of 2 Women U20 100m	(Final=226)
162	11:00	A	Final Women U20 HighJump	
163	11:00	A	Final Women Senior HighJump	
164	11:00	A	Final Men U20 TripleJump	
165	11:00	A	Final Men Senior TripleJump	
166	11:00		Heat 1 of 3 Women U18 100m	(Final=228)
167	11:00		Heat 2 of 3 Women U18 100m	(Final=228)
168	11:00	A	Final Women U18 Hammer	3kg
169	11:00	A	Final Women U20 Hammer	4kg
170	11:00	A	Final Women Senior Hammer	
171	11:20		Heat 1 of 2 Men Senior 110m Hurdles	(Final=203)
172	11:20		Heat 2 of 2 Men Senior 110m Hurdles	(Final=203)
173	11:30		Heat 1 of 2 Men U20 110m Hurdles	(Final=204) 99.5cm
174	11:30		Heat 2 of 2 Men U20 110m Hurdles	(Final=204) 99.5cm
175	11:40		Heat 1 of 2 Men U18 110m Hurdles	(Final=206) 91.4cm
176	11:40		Heat 2 of 2 Men U18 110m Hurdles	(Final=206) 91.4cm
177	11:50		Heat 1 of 2 Women U18 100m Hurdles	(Final=209) 76.2cm
178	11:50		Heat 2 of 2 Women U18 100m Hurdles	(Final=209) 76.2cm
179	12:00		Semi Final 1 of 3 Men Senior 400m	(Final=210)
180	12:00		Semi Final 2 of 3 Men Senior 400m	(Final=210)
181	12:00		Semi Final 3 of 3 Men Senior 400m	(Final=210)
182	13:00	A	Final Women U18 HighJump	
183	13:00	A	Final Men U20 Polevault	
184	13:00	A	Final Men Senior Polevault	
185	13:00	A	Final Women U20 TripleJump	
186	13:00	A	Final Women Senior TripleJump	
187	13:00		Semi Final 1 of 3 Men Senior 100m	(Final=222)
188	13:00		Semi Final 2 of 3 Men Senior 100m	(Final=222)
189	13:00		Semi Final 3 of 3 Men Senior 100m	(Final=222)
190	13:00	A	Final Women U18 Javelin Heptathlon	500g
191	13:00	A	Final Women U20 Javelin Heptathlon	600g
192	13:00	A	Final Women Senior Javelin Heptathlon	
193	13:00	A	Final Men U20 Polevault Decathlon	
194	13:00	A	Final Men Senior Polevault Decathlon	
195	13:10		Heat 1 of 3 Men U18 100m	(Final=224)
196	13:10		Heat 2 of 3 Men U18 100m	(Final=224)
197	13:10		Heat 3 of 3 Men U18 100m	(Final=224)

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198	13:30	A	Final Men U18 Hammer	5kg
199	13:30	A	Final Men U20 Hammer	6kg
200	13:30	A	Final Men Senior Hammer	
201	13:30	A	Final Women U20 Shotput	4kg
202	13:30	A	Final Women Senior Shotput	
203	13:35		Final Men Senior 110m Hurdles	
204	13:40		Final Men U20 110m Hurdles	99.5cm
205	13:40		Final Women U18 400m	
206	13:45		Final Men U18 110m Hurdles	91.4cm
207	13:55		Final Women Senior 100m Hurdles	
208	14:00		Final Women U20 100m Hurdles	84cm
209	14:05		Final Women U18 100m Hurdles	76.2cm
210	14:15		Final Men Senior 400m	
211	14:20		Final Men U20 400m	
212	14:30	A	Final Men U20 HighJump	
213	14:30	A	Final Men Senior HighJump	
214	14:30	A	Final Women U18 TripleJump	
215	14:30		Final Women Senior 400m	
216	14:35		Final Women U20 400m	
217	14:40		Final Men U20 5000m	
218	14:40		Final Men Senior 5000m	
219	15:15		Final Men U18 3000m	
220	15:30	A	Final Men U20 Javelin Decathlon	800g
221	15:30	A	Final Men Senior Javelin Decathlon	
222	15:35		Final Men Senior 100m	
223	15:40		Final Men U20 100m	
224	15:45		Final Men U18 100m	
225	15:50		Final Women Senior 100m	
226	15:55		Final Women U20 100m	
227	16:00		Heat 3 of 3 Women U18 100m	(Final=228)
228	16:05		Final Women U18 100m	
229	16:15		Final Women U18 800m Heptathlon	
230	16:15		Final Women U20 800m Heptathlon	
231	16:15		Final Women Senior 800m Heptathlon	
232	16:30		Final Women U20 5000m	
233	16:30		Final Women Senior 5000m	
234	16:55		Final Women U18 3000m	
235	17:05		Final Men U20 1500m Decathlon	
236	17:05		Final Men Senior 1500m Decathlon	
237	17:20		Final Women U18 5km Walk	
238	17:20		Final Men U18 5km Walk	