



1992-2019

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**MISSION**

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	5 April 2019
Subject	ASA Team to 2019 CAA African Youth and Junior Championships
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**ELECTRONIC TRANSMISSION**

**Circular 33 of ASA 2019 (05/04) - ASA TEAM TO 2019 CAA AFRICAN YOUTH AND JUNIOR CHAMPIONSHIPS**

Dear ASA Members

Please find attached the Team that will represent South Africa at the 2019 CAA African Youth and Junior Championships in Abidjan, Ivory Coast from 16 – 20 April 2019.

The preparation of the team was as follows:

1. The Youth and Junior Squads were announced in November 2018
2. ASA effectively monitored the Squads results of the 2019 Provincial Youth and Junior Championships and the 2019 SASA High Schools Championships.
3. The final teams were finalized during the Twizza 2019 ASA U18 and U20 Track and Field Championships.

The final teams that will represent South Africa at the 2019 CAA African Youth and Junior Championships are 51 athletes (15 youth boys, 8 junior men, 19 youth girls and 9 junior women).

The final team is listed below.

Athletics greetings

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**2019 CAA African Youth and Junior Championships  
Abidjan, Ivory Coast: 16 - 20 April 2019**

**FINAL TEAM – YOUTH**

<b>Boys</b>	<b>Event</b>	<b>Girls</b>
Thabang Hlohlolo (AGN) Eckardt Potgieter (AGN)	<b>100m</b>	Miandi van Staden (ACNW) Nosipho Malinga (AGN)
Sinesipho Dambile (AGN)	<b>200m</b>	Elke van der Westhuizen (BOLA) Lene van Heerden(AGN)
Lythe Pillay (CGA) Antonie Nortje (AGN)	<b>400m</b>	Amy Naude (KZNA) Elke van der Westhuizen (BOLA)
	<b>800m</b>	Prudence Sekgodso (AGN)
	<b>1500m</b>	Tebogo Sekgodiso (CGA) Carmie Prinsloo (AGN)
Reinhardt Strauss (AGN)	<b>110m H / 100m H</b>	Kayla van den Bergh (ACNW)
Luciano Custodio (WPA)	<b>400m H</b>	
	<b>High Jump</b>	Jeanne Visser (ACNW)
Kyle Rademeyer (BOLA) Nikolai van Huysteen (BOLA)	<b>Pole Vault</b>	
Jason Tito (WPA)	<b>Long Jump</b>	Joane Gerber (AGN) Nolwazi Mashaba (AMPU)
	<b>Triple Jump</b>	Nolwazi Mashaba (AMPU)
Douw Kruger (AMPU) Wynand Swanepoel (AFS)	<b>Shot Put</b>	Dane Roets (CGA) Mine de Klerk (AFS)
Wynand Swanepoel (AFS)	<b>Discus Throw</b>	Dave Roets (CGA)
	<b>Hammer Throw</b>	Phethisang Makhetha (AFS)
	<b>Javelin Throw</b>	Heike De Nysschen (AFS)
Thabang Hlohlolo (AGN) Eckardt Potgieter (AGN) Vuyo Ndlovu (AMPU) Jesse Josias (WPA)	<b>4 x 100 Relay</b>	Miandi van Staden (ACNW) Nosipho Malinga (AGN) Charlize Eilerd (AGN) Odette van Wyk (AGN)
Lythe Pillay (CGA) Antonie Nortje (AGN) Adrian Swart (BOL) Ryan Jordan (EPA)	<b>4 x 400m Relay</b>	Amy Naude (KZNA) Elke van der Westhuyzen (BOLA) Angelique Strijdom (AGN) Lene van Heerden (AGN)

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**2019 CAA African Youth and Junior Championships  
Abidjan, Ivory Coast: 16 - 20 April 2019**

**FINAL TEAM – JUNIORS**

<b>Men</b>	<b>Event</b>	<b>Women</b>
Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	<b>100m</b>	Rose Xeyi (AGN) Remoneilwe Pasha (AGN)
Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	<b>200m</b>	Antoinette Van der Merwe (AGN)
	<b>400m</b>	Marli Viljoen (AGN)
Michael Schoeman (AGN)	<b>110m H / 100m H</b>	Antoinette Van der Merwe (AGN)
Zazini Sokwakhana (AGN)	<b>400m H</b>	Rogail Joseph (BOLA) Gontse Morake (CGA)
Breyton Poole (BOL)	<b>High Jump</b>	Kristi Snyman (WPA)
Valco van Wyk (BOL)	<b>Pole Vault</b>	
	<b>Triple Jump</b>	Gontse Morake (CGA)
Chris Van Niekerk (AVT)	<b>Shot Put</b>	Meike Strydom (CGA)
Francois Prinsloo (BOL) Chris van Niekerk (AVT)	<b>Discus Throw</b>	
	<b>Javelin Throw</b>	Savanah Combrink (AGN)
Valco Van Wyk (BOLA) Michael Schoeman (AGN) Phatutshedzo Maswanganyi (AGN) Luke Davids (WPA)	<b>4 x 100 Relay</b>	Rose Xeyi (AGN) Remoneilwe Pasha (AGN) Antoinette vd Merwe (AGN) Rogail Joseph (WPA)

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