

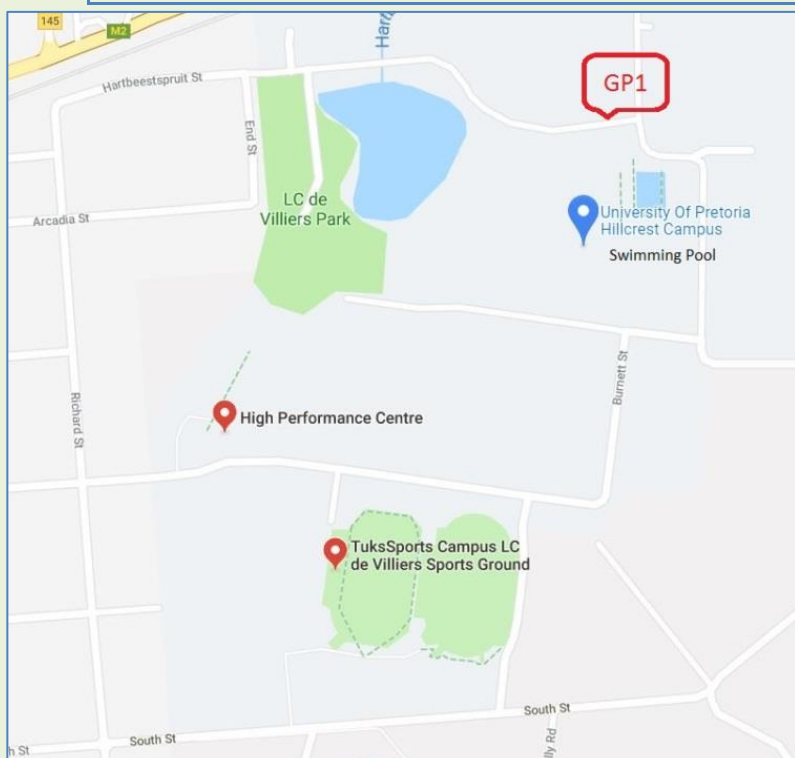
# AGN OPEN RACEWALKING GRAND PRIX II on Saturday 15 June 2019



Photo Credit: Celeste Ruck

## Programme and Start Times:

No.	Age Group	Distance	Start Times
1.	SAMA men & women	10km	07:20
2.	Open men & women	10km	08:45
3.	Junior men & women (18,19; b2000,2001)	10km	08:45
4.	Youth boys (16,17; b2002,2003)	10km	08:45
5.	Youth girls (16,17; b2002,2003)	5km	10:00
6.	Sub-youth boys & girls (14,15; b2004,2005)	5km	10:00
7.	Novice walkers 14 and older (b2005 or before)	5km	10:00
8.	Sub-youth boys & girls (<=13 year; b2006 and later)	3km	10:30
9.	U/13 Sub-youth boys & girls(<13; b2007 and later)	1km	10:30
10.	Prize giving		11:00



## Map:

The race will take place at the 1km Race Walking track North-West of the swimming pool at the Tuks Sports grounds; do enter at the LC de Villiers gate, South Street in Hatfield Pretoria.

Note the "GP1" location in the map to the left which marks the starting point of the race. Lots of parking is available just south of the swimming pool area.

Credit: Google Maps

## Prizes and Medals:

10km Open Walking Race Male and Female on 15 June 2019			5km (boys and girls) Race for Sub-youths (14,15) on 15 June 2019							
Position	Medal	Open	Position	Medal	Sub Youth					
Winner	Gold	R 2 000	Winner	Gold	R 200					
2nd	Silver	R 1 500	2nd	Silver	R 150					
3rd	Bronze	R 1 000	3rd	Bronze	R 100					
4th		R 750								
5th		R 500								
10km Race for Juniors (18,19) Male and Female and 10km Youth Girls (16,17) on 15 June 2019			3km (boys and girls) Race for Sub-youths (13 and younger) on 15 June 2019							
Position	Medal	Junior	Position	Medal	Sub Youth					
Winner	Gold	R 300	Winner	Gold	R 200					
2nd	Silver	R 225	2nd	Silver	R 150					
3rd	Bronze	R 150	3rd	Bronze	R 100					
10km (boys) 5km (girls) Race for Youths (16,17) on 15 June 2019			1km (boys and girls) Race for Sub-youths (under 13) on 15 June 2019							
Position	Medal	Youth	Position	Medal	Sub Youth					
Winner	Gold	R 300	Winner	Gold	R 200					
2nd	Silver	R 225	2nd	Silver	R 150					
3rd	Bronze	R 150	3rd	Bronze	R 100					
10km Walking Race for Masters Male and Female on 15 June 2019										
Position	Medal	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
Winner	Gold	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300	R 300
2nd	Silver	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225	R 225
3rd	Bronze	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150

## General:

### Registration: Saturday, 15 June 2019 at the Tuks Racewalk track from 07:00

- Entry fees: R30 per person and sub-youths under 13 for free.
- Youth Girls (16,17) who want to walk 10km must compete as Juniors.
- Novices are welcome to join.
- Spot prizes to be handed out after prize giving.
- The course is paved and is fast and flat. It is a 1km measured and certified route.
- The venue is easy to access but drivers will only be allowed in on showing their drivers licence.
- There is ample parking at the swimming pool parking area.
- A drinking station with water only will be provided.
- No seconding will be allowed.
- Masters athletes must wear age group tags and will compete in 5 year age groups starting from 35 and up.
- The event will be held according to IAAF and ASA rules. All participants participate at own risk. Participants indemnify the national and provincial bodies, sponsors and organisers of the race against all and any action of whatever nature that may arise out of their participation in the events
- Lap counters, officials and judges will be present.
- Licenced athletes must wear club colours and their 2019 ASA licence number back and front as well as age tags.
- If not in possession of a valid 2019 ASA license, a temporary license must be purchased @ R40 each.
- No long pants allowed, knees must be visible
- No earphones, iPods and the like allowed and contravention of IAAF rule 144.5b will lead to disqualification
- All walkers must be able to produce identity document (or drivers licence) if required
- The pit lane rule will be applied.
- Appeals must be lodged, in writing, within 30 minutes after the race and before prize giving. They must be lodged with the chief judge accompanied by R300 which is refundable if the appeal is upheld.
- Entries close at 5 minutes before the event to allow lap counters and timers to capture the athlete's data.
- Cut-off times will be applied if necessary: 10km races: 90 minutes; 5 km races 45: minutes; 3 km race: 30 minutes.

Race organiser – Jaap Willemse 083 266 1133 (alternate contact Chris Callaghan 082 375 2052)