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To be the best athletics Province in South Africa

REFERENCE: CROSS COUNTRY CIRCULAR 19 OF 2019

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06 August 2019

Dear Cross Country athletes and supporters,

I would like to thank all in the AGN office for updating the AGN web with all the Cross Country info. I know you had web problems and it is now resolved.

Wednesday, 30 July 2019, Prestige College hosted the Secondary schools third league. A total of 1023 athletes took part. (Results to follow.) (See the results for seniors and masters on <http://www.agn.co.za>.)

Wednesday, 7 August 2019, Uitsig High will host the Secondary schools four and last league. (See the venue and race info on <http://www.agn.co.za>.)

On Friday, 2 August 2019, the last Primary schools league took place at Queenswood. A total of 1916 athletes took part. (See the results on <http://www.agn.co.za>.)

On Saturday, 27 July 2019 the second and last senior and masters league took place at Uitsig High. A total of 172 athletes participated. (See the results on <http://www.agn.co.za>.)

The AGN Champs is on 17 August 2019 at Eldoraig High. (See the program on <http://www.agn.co.za>.)

The SA Champs is on 7 September 2019 at Uitsig High. Information will follow later.

BOARD MEMBERS: JOHN MATHANE (PRESIDENT), JAMES MATSHEKGA (DEPUTY PRESIDENT), WALTER VILAKAZI (GENERAL MANAGER), HENDRICK MOKGANYETSI, BUKS MEYER, CHRIS BRITZ, ENOCH SKOSANA, SIPHO SHAWE, CORRIE FOURIE, FUNDI HLOBO, VIOLET KHUMALO, JAZZ MNYENGEZA (EX OFFICIO); SISSY KHUMALO (EX OFFICIO)

National Championship at Centurion.

ASA allows a province to enter a maximum of 18 athletes per age category. AGN intends selecting the full complement allowed by ASA, but it creates challenges for us when something goes wrong during the selection process, because ASA will not allow us to add more athletes to the team. For this reason, and to remove subjectivity from the selection process, the AGN selectors will only consider the results of the AGN championships for the selection of the team, with the provision that athletes comply with the criteria below:

- The top 4 positions at the AGN championships in each age category qualify automatically, even if the athlete did not participate in enough league events.
- The athletes in position 5 to 18 in each age category must also comply with the criteria below. If not, they will not be included in the AGN Team. The selectors will then look at athlete number 19, followed by athlete number 20, until athletes are found that did comply with the criteria.
- **Athletes in age categories 14 years and older** (including secondary schools): Two top 50 positions in the main season [schools events] plus the AGN Championship, which is compulsory.
- **Senior and Master athletes and Junior Men & Women**: Two top 50 positions in the pre-season leagues, plus one of the two leagues on 27 July at Zwartkops LAPA and 3 August at Uitsig High School in the main season plus the AGN Championship, which is compulsory. **This is for Junior Men and Women that do not belong to a school anymore. (Students or Juniors working already).**
- **Athletes in age categories 13 years and younger** [primary schools athletes]: A top 50 position in any two of the four main season leagues (Eduplex – 12 July, Boerefort – 19 July, Vissershoeck – 26 July, Queenswood – 2 August) plus the AGN Championship, which is compulsory.

Please note: *Athletes that are 13 years and younger need to participate in the primary schools events to fill their quota of leagues, even if they are already in secondary school. Similarly, athletes 14 years and older need to participate in the secondary schools events to fulfil their leagues.*

AGN selectors will only consider the results of the AGN Championships for the selection of the team. If an athlete did not run at the AGN Championships, he or she will not be considered for the AGN team to go to the SA Championships. **NO EXCEPTION.**

Cross Country Photos

You can see photos of our cross country season on face book. Marthie Bredenkamp is our photographer, thanks Marthie. You must just search ATHLETICS GAUTENG NORTH CROSS COUNTRY PHOTO'S and send a request to be added.

Email List

If you received this email, but you are no longer interested in receiving cross country information, please reply to this mail and we will remove you from the list. If you know of any other person who would like to receive our email, please forward their address to us so that we can add them to the list.

Contact Detail

You can contact the Athletics Gauteng North office on 012 327 4932 or at admin@agn.co.za during **office hours 08:00 to 16:00**. You can also visit our web page at <http://www.agn.co.za>.

Buks Meyer

Chairperson : AGN Cross Country Commission

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