

PO Box 3237, PRETORIA, 0001
Pilditch Stadium
Cnr Maltzan & Church Streets
PRETORIA WEST



Telephone: (+27) 12 327 4930/1/2
Facsimile: (+27) 12 327 4933
E-mail: office@agn.co.za

To be the best athletics Province in South Africa

REFERENCE: CROSS COUNTRY CIRCULAR 24 OF 2019

Cross Country Circular 24 of 2019

29 August 2019

Dear Cross Country athletes and supporters,

SA Championships at Uitsig High School, Centurion on 7 September 2019.

I want to highlight just a few items for the championships.

The AGN team was submitted to ASA and excepted.

The entry fee of R40-00 per athletes was paid by AGN province.

Athletes who are selected into the team wear their Gauteng North Provincial attire.

Provincial teams are restricted to a maximum of 18 athletes per age category.

The names of athletes that did not make the team and are reserves is available on the AGN web.

Provincial team athletes will only display the Special Licence Bibs on the Provincial Colours from the provinces (Front one with tear off strip).

Age category tags are compulsory for age groups 35 and older and for the Junior Women and Junior Men. This can be obtained at the AGN office at Pilditch.

Please email me or contact the Gauteng north office (012 327 4932) if you are part of the team, but will not be able to attend. If you do this in time, we may be able to give another athlete the opportunity.

Spectator entrance fee on the day is R 30 – 00 per person payable at the gate.

BOARD MEMBERS: JOHN MATHANE (PRESIDENT), JAMES MATSHEKGA (DEPUTY PRESIDENT), WALTER VILAKAZI (GENERAL MANAGER), HENDRICK MOKGANYETSI, BUKS MEYER, CHRIS BRITZ, ENOCH SKOSANA, SIPHO SHAWE, CORRIE FOURIE, FUNDI HLOBO, VIOLET KHUMALO, JAZZ MNYENGEZA (EX OFFICIO)

Parking at own risk and no valuables to be left unattended in vehicles will be available at:

Panorama Driving Range with Security.

Cost for parking: R20-00.

Rooihuiskraal Road The Reeds, Centurion.

Parking at Uitsig Primary with Security

Cost for parking: R20-00

46 Yelanda Street, The Reeds, Centurion.

The Team Manager's Meeting will take place on Friday and is only for the AGN Team managers.

The results of each event shall be displayed on the "Results board" at the venue after approval by the Chief Referee (approximately 30 minutes after completion of the race).

The Call Room will be situated next to the start area. All athletes must report to the Call Room at least 20 minutes before the start of their event.

One Team Manager per province will be allowed in the call room to assist the Primary school athletes (Ages 8, 9, 10, 11, 12 & 13 years). No Team Managers will be allowed to assist the other age groups.

Full medical services will be available with ambulances at the venue at specified points.

Medipark Medical Centre will assist with medical services. (+-1.2 km from school)

TEL : 012 660 2110

Spectators, Coaches and parents will not be allowed to run with participants.

If a Referee is satisfied on the report from a Judge or Umpire or otherwise that an athlete has left the marked course thereby shortening the distance to be covered the athlete shall be disqualified.

Gauteng North attire can be obtained from XCO sport:

Tel: 086 192 6776

Fax: 086 641 3677

Email: info@xco.co.za

Address: Route 21 Corporate Park, 101 Sovereign Drive, Irene

GPS: S 25 ~ 85' 9986" | E 28 ~ 25' 7907"

SA Championships Team manual is available on the AGN web , <http://www.agn.co.za>.

Cross Country Photos

BOARD MEMBERS: JOHN MATHANE (PRESIDENT), JAMES MATSHEKGA (DEPUTY PRESIDENT), WALTER VILAKAZI (GENERAL MANAGER), HENDRICK MOKGANYETSI, BUKS MEYER, CHRIS BRITZ, ENOCH SKOSANA, SIPHO SHAWE, CORRIE FOURIE, FUNDI HLOBO, VIOLET KHUMALO, JAZZ MNYENGEZA (EX OFFICIO)

You can see photos of our cross country season on face book. Marthie Bredenkamp is our photographer, thanks Marthie. You must just search ATHLETICS GAUTENG NORTH CROSS COUNTRY PHOTO'S and send a request to be added.

Email List

If you received this email, but you are no longer interested in receiving cross country information, please reply to this mail and we will remove you from the list. If you know of any other person who would like to receive our email, please forward their address to us so that we can add them to the list.

Contact Detail

You can contact the Athletics Gauteng North office on 012 327 4932 or at admin@agn.co.za during ***office hours 08:00 to 16:00***. You can also visit our web page at <http://www.agn.co.za>.

Buks Meyer

Chairperson : AGN Cross Country Commission

Cell number : 082 823 8883

E-Mail : buksmeyer@vodamail.co.za