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To be the best athletics Province in South Africa

REFERENCE: CROSS COUNTRY CIRCULAR 25 OF 2019

Cross Country Circular 25 of 2019

9 September 2019

Dear Cross Country athletes and supporters,

I salute the 2019 team who achieved a very good result at the national cross country championship. The team took a grand total of 91 medals, 38 gold, 29 Silver and 24 bronze (22 Medals more than in 2018). This achievement is certainly a highlight and I am very proud of everyone who worked so hard to bring us to this point. Thanks to all the athletes, coaches, teachers, officials, administrators, AGN office, AGN Board, parents and all other people that were involved during the season. Were still the number one province is South Africa.

We had a problem with the times of RACE 2. Busy correcting it.

The full set of results from the championships is available on AGN web (<http://www.agn.co.za>) with the highlights below:

SA Cross Country Champions.

Boys 8 : Mattias Kielblock
Boys 9 : Tiisetso Malunga
Boys 11 : Iysis Rossouw
Boys 17 : Kgadi Monyebodi
Men 65 : David Maphangulo
Men 70 : Mike du Bruto
Men 75 : Assie van Aswegen
Men 80 : Neville Muir
Men 85 : Frans Grobler

Girls 8 : Tyler van Rooyen
Girls 13 : Liane Smit
Girls 14 : Li-Marie Dekker
Girls 17 : Carmie Prinsloo
Women 23 : Lee-Anne Blake
Senior Women 4km : Aynslee van Graan
Senior Women 10km : Glenrose Xaba
Women 35 : Andrea Steyn
Women 40 : Liza Maritz
Women 45 : Ronel Thomas
Women 50 : Salome Vermeulen
Women 60 : Anlerie Botha

BOARD MEMBERS: JOHN MATHANE (PRESIDENT), JAMES MATSHEKGA (DEPUTY PRESIDENT), WALTER VILAKAZI (GENERAL MANAGER), HENDRICK MOKGANYETSI, BUKS MEYER, CHRIS BRITZ, ENOCH SKOSANA, SIPHO SHAWE, CORRIE FOURIE, FUNDI HLOBO, VIOLET KHUMALO, JAZZ MNYENGEZA (EX OFFICIO)

POS	TEAM	INDIVIDUAL MEDALS			TEAM MEDALS			TOTAL MEDALS			TOTAL
		GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	
1	AGN	21	15	15	17	14	9	38	29	24	91
2	CGA	11	11	14	20	12	5	31	23	19	73
3	KZNA	3	5	4	2	6	5	5	11	9	25
4	WPA	3	3	0	0	1	0	3	4	0	7
5	AMP U	2	0	2	1	2	6	3	2	8	13
6	AVT	3	1	2	0	0	2	3	1	4	8
7	SAPS	2	0	1	1	1	0	3	1	1	5
8	AFS	1	7	1	1	4	9	2	11	10	23
9	ACN W	1	2	0	0	1	4	1	3	4	8
10	IND	1	0	1	0	0	0	1	0	1	2
11	ASW D	1	0	0	0	0	0	1	0	0	1
12	ANW N	0	2	2	0	1	1	0	3	3	6
13	EPA	0	1	1	0	0	0	0	1	1	2
14	ATRA	0	0	2	0	0	0	0	0	2	2
15	BOLA	0	0	1	0	0	0	0	0	1	1
16	LIMA	0	0	0	0	0	0	0	0	0	0
17	BORA	0	0	0	0	0	0	0	0	0	0
18	AGW	0	0	0	0	0	0	0	0	0	0
19	ANW C	0	0	0	0	0	0	0	0	0	0
TOTAL		49	47	46	42	42	41	91	89	87	267
		142			125			267			

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**2019 SA CROSS
COUNTRY
CHAMPIONSHIP
MEDAL TALLY**

AGE	INDIVIDUAL MEDALS			TEAM MEDALS		
	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
B8/1	AGN	AFS	AMPU	AGN	AFS	AMPU
B9/2	AGN	AGN	CGA	AGN	AFS	ACNW
B10/2	AMPU	AGN	KZNA	AGN	CGA	AMPU
B11/3	AGN	AGN	AGN	AGN	CGA	AFS
B12/3	AVT	CGA	AGN	AGN	CGA	AFS
B13/4	IND	CGA	IND	CGA	AMPU	AGN
B14/4	CGA	AGN	CGA	CGA	AGN	AFS
B15/4	CGA	AGN	CGA	CGA	AGN	AFS
B16/6	AVT	AFS	AGN	AFS	CGA	AGN
B17/6	AGN	KZNA	AVT	CGA	AGN	AFS
JM/8	AFS	CGA	AGN	CGA	AGN	KZNA
M23/4	CGA	CGA	ATRA	CGA	ACNW	AGN
SM/4	CGA	WPA	CGA	CGA	WPA	AGN
SM/10	CGA	AFS	CGA	CGA	KZNA	AGN
M35/8	CGA	AVT	AGN	CGA	KZNA	AGN
M40/8	SAPS	KZNA	SAPS	SAPS	CGA	KZNA
M45/8	CGA	AGN	KZNA	CGA	AGN	KZNA
M50/8	SAPS	CGA	CGA	CGA	SAPS	AGN
M55/8	KZNA	CGA	CGA	CGA	KZNA	AGN
M60/6	WPA	KZNA	CGA	CGA	KZNA	AMPU
M65/6	AGN	ANWN	CGA	CGA	ANWN	AGN
M70/6	AGN	CGA	AGN	CGA	AGN	
M75/4	AGN	AGN	AGN			
M80/4	AGN					
M85/4	AGN					
G8/1	AGN	AFS	AGN	AGN	AFS	ACNW
G9/2	CGA	CGA	AFS	CGA	AGN	AMPU
G10/2	ASWD	AGN	CGA	AGN	CGA	AFS
G11/3	AVT	AGN	CGA	AGN	AMPU	CGA
G12/3	AMPU	AGN	AGN	AMPU	AGN	AFS
G13/3	AGN	CGA	AMPU	CGA	AGN	AVT
G14/4	AGN	AGN	CGA	CGA	AGN	AVT
G15/4	CGA	AGN	BOLA	AGN	CGA	AFS
G16/4	ACNW	AFS	AGN	AGN	CGA	AFS
G17/4	AGN	AGN	ATRA	AGN	CGA	AMPU
JW/6	KZNA	ACNW	CGA	CGA	AGN	ACNW
W23/4	AGN	CGA	AGN	AGN	AFS	CGA

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SW/4	AGN	AFS	ANWN	AGN	CGA	KZNA
SW/10	AGN	AFS	AGN	AGN	KZNA	CGA
W35/4	AGN	KZNA	AGN	KZNA	AGN	CGA
W40/4	AGN	ACNW	CGA	CGA	AGN	ACNW
W45/4	AGN	WPA	AGN	AGN	CGA	KZNA
W50/4	AGN	AGN	KZNA	KZNA	AGN	AMPU
W55/4	WPA	CGA	ANWN	AGN	CGA	ANWN
W60/4	AGN	ANWN	AVT	AGN	KZNA	CGA
W65/4	WPA	KZNA	KZNA			
W70/4	CGA	WPA	EPA			
W75/4	KZNA	EPA	AGN			
W80/4	CGA	AGN				

Next year the Inter Provincial will be in Tzaneen.

The SA CC Champs will be in Amanzimtoti

I hope you enjoyed the cross country season with us. Thank you very much for taking part and for your support.

Cross Country Photos

You can see photos of our cross country season on face book. Marthie Bredenkamp is our photographer, thanks Marthie. You must just search ATHLETICS GAUTENG NORTH CROSS COUNTRY PHOTO'S and send a request to be added.

Email List

If you received this email, but you are no longer interested in receiving cross country information, please reply to this mail and we will remove you from the list. If you know of any other person who would like to receive our email, please forward their address to us so that we can add them to the list.

Contact Detail

You can contact the Athletics Gauteng North office on 012 327 4932 or at admin@agn.co.za during **office hours 08:00 to 16:00**. You can also visit our web page at <http://www.agn.co.za>.

Buks Meyer

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