

ASA Race Walk Championshis - 16 November 2019									
Category Prizes - Men									
Position	Race No.	Name	Surname	Province	Age	Gender	Category	Time	Medal
Open Men : 50km									
1	505	Mthunzi	MNISI	AGN	30	M	50-M30	04:53:40	Gold
2	506	Aaron	MAHLANGU	KZNA	28	M	50-SM	05:00:53	Silver
3	504	Ashley	GABRIEL	AGN	27	M	50-SM	05:13:08	Bronze
Master Men (30-34) : 50km									
1	505	Mthunzi	MNISI	AGN	30	M	50-M30	04:53:40	Gold
2									Silver
3									Bronze
Master Men (45-49) : 50km									
1									Gold
2									Silver
3									Bronze
Master Men (50-54) : 50km									
1	507	Thembile	QHANQISO	KZNA	52	M	50-M50	05:29:29	Gold
2									Silver
3									Bronze
Master Men (55-59) : 50km									
1									Gold
2									Silver
3									Bronze
Open Men : 20km									
1	202	Wayne	SNYMAN	AGN	34	M	20-M30	01:29:51	Gold
2	216	Lebogang	SHANGE	CGA	29	M	20-SM	01:32:03	Silver
3	201	Tumi	PULE	AGN	22	M	20-SM	01:32:17	Bronze
Master Men (30-34) : 20km									
1	202	Wayne	SNYMAN	AGN	34	M	20-M30	01:29:51	Gold
2									Silver
3									Bronze
Master Men (50-54) : 20km									
1	222	Blessing	KAVAI	CGA	51	M	20-M50	02:14:09	Gold
2	219	Dennis	HINES	WPA	52	M	20-M50	02:17:16	Silver
3	208	Ronald	EYKENDUYN	CGA	51	M	20-M50	02:20:44	Bronze
Master Men (55-59) : 20km									
1	213	Alan	NEMETI	CGA	58	M	20-M55	02:17:27	Gold
2	212	Stephen	MSIMANGO	CGA	56	M	20-M55	02:18:14	Silver
3	215	Wayne	SCOTT	CGA	55	M	20-M55	02:21:22	Bronze

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