

PROGRAM

Performance Scores: ASA_2020 table, Hand time, Height above sea=1400

Seq	Time	Pit	Event	Next	Spec
1	08:00		Final Women Senior 3km Walk		
NO MASK NO ENTRY					
2	08:00		Final Women U20 3km Walk		
SANITIZE YOUR HANDS AT ALL TIMES					
3	08:00		Final Women U18 3km Walk		
KEEP SOCIAL DISTANCING OF 2M AT ALL TIMES					
4	08:00		Final Girls U16 3km Walk		
ATHLETES MUST HAVE AN ASA LICENCE OR TEMPORARY NUMBER					
5	08:20		Final Boys U16 3km Walk		
NO SPECTATORS AT THE EVENT					
6	08:20		Final Men U18 3km Walk		
COMPLETE THE COVID HEALTH APP BEFORE ENTERING THE STADIUM					
7	08:20		Final Men U20 3km Walk		
NO ENTRIES ALLOWED ON THE DAY OF THE COMPETITION					
8	08:20		Final Men Senior 3km Walk		
ONLY REGISTERED ASA/AGN COACHES WILL BE ALLOWED TO ENTER THE STADIUM					
9	08:30		Final Boys U16 HighJump		
ATHLETES TO REPORT ONE HOUR BEFORE THE START OF THEIR EVENT					
10	08:30		Final Men U18 HighJump		
ATHLETES NEED TO GO TO THE REGISTRATION TABLE AT THE ENTRANCE					
11	08:30		Final Women Senior TripleJump		
CALLROOM IS AT THE DISCUS WARM UP AREA DIRECLTY AFTER LEAVING REGISTRATION					
12	08:30		Final Women U20 TripleJump		
NO FOOD WILL BE SOLD AT THE STADIUM					
13	08:30		Final Women U18 TripleJump		
14	08:30		Final Girls U16 TripleJump		
15	08:30		Final Men Senior Shotput		
16	08:30		Final Men U20 Shotput		
17	08:30		Final Women Senior Discus		
18	08:30		Final Women U20 Discus		
19	08:40		Final Girls U16 3000m		
20	08:55		Final Women U18 3000m		
21	09:10		Final Women U20 3000m		
22	09:10		Final Women Senior 3000m		
23	09:25		Final Men U18 3000m		
24	09:25		Final Boys U16 3000m		
25	09:40		Final Men U20 3000m		
26	09:55		Final Men Senior 3000m		
27	10:00		Final Boys U16 TripleJump		
28	10:00		Final Men U18 TripleJump		
29	10:00		Final Men U18 Shotput		
30	10:00		Final Boys U16 Shotput		

Meeting :2020/11/14: AGN LEAGUE 2 at BESTEMED TUKS

31	10:00	Final Women U18 Discus
32	10:00	Final Girls U16 Discus
33	10:15	Final Men Senior 300m Hurdles
34	10:20	Final Men U20 300m Hurdles
35	10:25	Final Men U18 300m Hurdles
36	10:30	Final Boys U16 300m Hurdles
37	10:35	Final Women Senior 300m Hurdles
38	10:45	Final Women U20 300m Hurdles
39	10:50	Final Women U18 300m Hurdles
40	10:55	Final Girls U16 300m Hurdles
41	11:00	Final Women U20 Javelin
42	11:00	Final Women Senior Javelin
43	11:10	Final Girls U16 60m
44	11:20	Final Boys U16 60m
45	11:30	Final Women U18 60m
46	11:30	Final Women U18 HighJump
47	11:30	Final Girls U16 HighJump
48	11:30	Final Men U20 TripleJump
49	11:30	Final Men Senior TripleJump
50	11:30	Final Girls U16 Shotput
51	11:30	Final Women U18 Shotput
52	11:30	Final Boys U16 Discus
53	11:30	Final Men U18 Discus
54	11:40	Final Men U18 60m
55	11:50	Final Women U20 60m
56	12:00	Final Men U20 60m
57	12:10	Final Women Senior 60m
58	12:20	Final Men Senior 60m
59	12:30	Final Women U20 LongJump
60	12:30	Final Women Senior LongJump
61	12:35	Final Girls U16 600m
62	12:42	Final Boys U16 600m
63	12:50	Final Women U18 600m
64	12:58	Final Men U18 600m
65	13:00	Final Women U20 Shotput
66	13:00	Final Women Senior Shotput
67	13:00	Final Men U20 Discus
68	13:00	Final Men Senior Discus
69	13:00	Final Girls U16 Javelin
70	13:00	Final Women U18 Javelin
71	13:06	Final Men U20 600m
72	13:14	Final Women U20 600m
73	13:22	Final Women Senior 600m
74	13:30	Final Men Senior 600m
75	13:30	Final Girls U16 LongJump
76	13:30	Final Women U18 LongJump
77	13:50	Final Girls U16 150m
78	13:57	Final Boys U16 150m
79	14:00	Final Women Senior HighJump
80	14:00	Final Women U20 HighJump
81	14:07	Final Women U18 150m
82	14:17	Final Men U18 150m

Meeting :2020/11/14: AGN LEAGUE 2 at BESTEMED TUKS

83	14:24	Final Women U20 150m
84	14:30	Final Men Senior LongJump
85	14:30	Final Men U20 LongJump
86	14:30	Final Men Senior Javelin
87	14:30	Final Men U20 Javelin
88	14:31	Final Men U20 150m
89	14:38	Final Women Senior 150m
90	14:45	Final Men Senior 150m
91	14:55	Final Men Senior 60m Hurdles
92	15:00	Final Men U20 60m Hurdles
93	15:05	Final Men U18 60m Hurdles
94	15:10	Final Boys U16 60m Hurdles
95	15:20	Final Women Senior 60m Hurdles
96	15:25	Final Women U20 60m Hurdles
97	15:30	Final Men U20 HighJump
98	15:30	Final Men Senior HighJump
99	15:30	Final Men U18 LongJump
100	15:30	Final Boys U16 LongJump
101	15:30	Final Women U18 60m Hurdles
102	15:35	Final Girls U16 60m Hurdles
103	15:45	Final Men U18 Javelin
104	15:45	Final Boys U16 Javelin
105	15:45	Final Girls U16 300m
106	15:50	Final Boys U16 300m
107	15:55	Final Women U18 300m
108	16:00	Final Men U18 300m
109	16:05	Final Women U20 300m
110	16:10	Final Men U20 300m
111	16:15	Final Women Senior 300m
112	16:20	Final Men Senior 300m
113	16:35	Final Girls U16 1000m
114	16:42	Final Boys U16 1000m
115	16:50	Final Women Senior 1000m
116	16:58	Final Women U18 1000m
117	17:06	Final Men U18 1000m
118	17:14	Final Men U20 1000m
119	17:22	Final Women U20 1000m
120	17:30	Final Men Senior 1000m