

# AGN OPEN RACE WALKING GRAND PRIX 1 21 NOV 20



## PROGRAM & STARTING TIMES

No	Age Group	Distance	Start Time	Entry Fee
1	Open Men & Women	10 km	07h00	R30
2	Junior Men & Women (18, 19; b2001, 2002)	10 km	07h00	R30
3	SAMA Men & Women	10 km	08h20	R30
4	Youth Boys (16, 17; b2003, 2004)	10 km	08h20	R30
5	Youth Girls (16, 17; b2003, 2004)	5 km	09h40	R30
6	Sub-youth Boys & Girls (14, 15; b 2005, 2006)	5 km	09h40	R30
7	SAMA Men & Women	5 km	09h40	R30
8	Sub-youth Boys & Girls (<=13; b2007 & later)	3 km	11h10	R30
9	Sub-youth Boys & Girls (<13; b2008 & later)	1 km	11h10	R30
10	<b>Results &amp; Prizes will be e-mailed to Participants</b>			
11	<b>Medals available from AGN Office, Pilditch Stadium</b>			

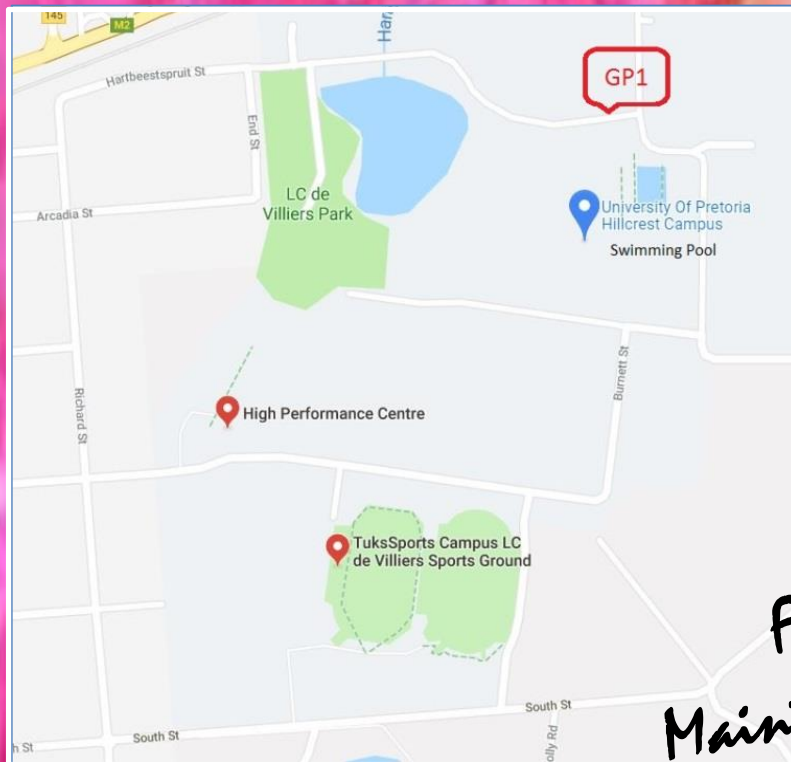
*No Spectators*

## Registration - No Entries on Race Day

- **Pre-Entries ONLY before 18 Nov 20 - Entry Form Link in GP1 Cover Letter:**  
<https://docs.google.com/forms/d/e/1FAIpQLSfbOrXDzWJ-7m9zvCkVdPoBGovbNNb2eHQDmo-KPrqdw91v3Q/viewform?usp=sf>
- **Pre-Payment ONLY before 18 Nov 20 - Bank Detail:**  
**Athletics Gauteng North, ABSA Quagga Centre, Account No: 4056373566**  
**Reference: GP1 Name & Surname**
- **Send Proof of Payment to [office@agn.co.za](mailto:office@agn.co.za) & cc [serdynm@gmail.com](mailto:serdynm@gmail.com)**

**Athletes 60+ to present Doctor's Letter at Screening Area upon arrival**

# MAP & DIRECTIONS



Credit: Google Maps

*Face Mask Compulsory  
Maintain Social Distancing  
Do not arrive more than 60min prior to participating  
Report in Call Room 30min before racing*

## TUKS SPORT GROUND

**Complete Health Check App before arriving at TUKS**

<http://healthcheck.higherhealth.ac.za>

LC de Villiers Entrance: South Street Gate, Hatfield, Pretoria

Drivers show their Drivers Licence to gain access to venue

**Report to Screening Area at Race Walk Track**

1 km Race Walking Track (NW of swimming pool)

NOTE: GP1 location on map = STARTING POINT

Ample parking South of swimming pool area

**Race Organiser – Jaap Willemse 083 266 1133  
Chris Callaghan 082 375 2052**



# GENERAL

## RACE INFO

**Refer to AGN Race Walking Grand Prix 1 2020 Cover Letter dd 9 Nov 20 for detailed instructions how to enter.**

Licensed athletes to wear club colours and their 2019 ASA licence number back and front as well as age tags.

**If not in possession of a valid 2020 ASA license, a temporary license must be purchased @ R40 together with your pre-payment & collected at the race on race day.**

Participants must be able to produce their identity document (or drivers licence) if required.

The event will be held according to IAAF and ASA rules. All participants participate at own risk. Participants indemnify the national and provincial bodies, sponsors and organisers of the race against all and any action of whatever nature that may arise out of their participation in the events.

The course is paved and is fast and flat. It is a 1 km measured and certified route.

Lap counters, officials and judges will be present.

The penalty zone (pit lane) rule will be applied.

Appeals must be lodged, in writing, within 30 minutes after the race. They must be lodged with the chief judge accompanied by R300 which is refundable if the appeal is upheld.

A water table with water sachets ONLY will be provided.

No seconding will be allowed.

No long pants allowed, knees must be visible.

No earphones, iPods and the like allowed and contravention of IAAF rule 144.5b will lead to disqualification.

Novices welcome to join.