



**Athletics**  
Gauteng North

**AGN U16, U18 & U20 Athletics 2021**

**Manual 2021**

## 1. Information

### Venue and Date of ASA U16, U18 & U20 Track and Field Championships

The ASA U16, U18 & U20 Championships will take place from 7 to 10 April 2021 at Dal Josaphat Stadium, Paarl.

### Compulsory team Meeting

A Compulsory team meeting for all athletes will take place at the auditorium of Bergkroon on 6 April 2021 at 17:00.

- The AGN President will speak with the athletes, numbers will be allocated.
- Track and Field Chairperson will provide information of the meeting
- Race numbers will be handed out
- Relay information will be provided

<http://www.bergkroon.co.za/>

## 2. AGN Costs per athlete, Accommodation and Transport

**Please note that ONLY athletes who stays with the team will be provided with Accommodation and meals**

### **Athletes travelling and staying with the team**

The cost per athletes to travel and stay with the team is R 800-00. Even if the athletes book their own flights, they are still liable for the event. All payments must please be made **before or on Monday the 5<sup>th</sup> of April 2021** to the AGN banking account:

The monies must be paid into the following account:  
Athletics Gauteng North,  
Absa, Quagga Centre.  
Account nr: 4056373566

Please send proof of payment to [office@agn.co.za](mailto:office@agn.co.za)  
Reference: SAJ and name of athlete

**Should the money not have been paid by this date the athlete will be withdrawn from the team.**

### **Athletes not staying with the team**

The cost per athletes to travel and stay with the team is R 150-00. Even if the athletes book their own flights, they are still liable for the event. All payments must please be made **before or on Monday the 5<sup>th</sup> of April 2021** to the AGN banking account:

The monies must be paid into the following account:  
Athletics Gauteng North,  
Absa, Quagga Centre.  
Account nr: 4056373566

Please send proof of payment to [office@agn.co.za](mailto:office@agn.co.za)  
Reference: SAYJ and name of athlete

**Should the money not have been paid by this date the athlete will be withdrawn from the team.**

### **3. AGN Athletics Team**

- The athletics team were published and all names are available.
- All athletes need to complete a compulsory Google link

<https://forms.gle/4EHxsGdwPh7ur3cy8>

### **Relay Athletes**

- All AGN Athletes need to make themselves available for relay.
- The names of the relay athletes will be published on 1 April 2021
- Athletes who don't report for the relay/relays selected, will responsible for the relay entrance fee of R500 as well as a disciplinary action by the province.

### **4. AGN Travel dates and accommodation for ASA U16, U18 & U20**

The travel information are as follows:

- Three busses were booked for the team to Paarl
- Athletes who want to book flights do it at their own costs

The busses will leave from three different areas on the 5<sup>th</sup> of April

- Bus 1 13:00 from Pilditch
- Bus 2 12:30 from Hammanskraal Temba Prestige via Temba shell garage

- Bus 3 13:30 from TUKS

Bus 1 and 2 will travel to TUKS, all busses will then leave at 14:00 to Paarl, where the team will arrive on the 6<sup>th</sup> of April 2021

We will return on the 10<sup>h</sup> of April immediately after the last event back to Pretoria, will arrive on the afternoon of the 11<sup>th</sup> of April 2021

Accommodation and meals (Only for athletes who are staying with the team)

- Will be accommodated from 6 to 10 April
- All meals will be provided for
- Lunch will be provided for
- Water and fruits will be available at the event for all the athletes

The team will be staying at Bergkroon in Paarl from 6 to 9 April and a school hostel from 9 to 10 April

## **5. AGN Team Management to ASA Youth and Junior Track Championships**

**The AGN team management will be the following:**

***Head of delegate:***

- Lepena Mokganyetsi (AGN President)
- Siphon Shawe
- Fundi Hlobo

**AGN Commission**

- Maida Mogoasha Athletes numbers

**COVID-19 Compliance officers**

- Sarina Leeuwner
- Minky Kgatitswe
- Maida Mogashoa
- Tumi Tsetsewa

***Team Management***

- Boys Team manager: Tebogo Radebe
- Girls Team manager: Maritza Coetzee (Hurdles)
- Assistant Team manager Girls: Minky Kgatitswe

- Assistant Team manager Boys: Elias Matenji
- Athlete's clothing: Tumi Tsetsewa
- Finances of team: Hanlie Murray
- High jump: Hugo Badenhorst
- Middle distance coach: Dion Saayman, Lelanie van Wyk & Samuel Sepeng
- Sprint's coach: Thabo Mothibedi
- Walks coach: Mthunzi Mnisi
- Throws coach: Janita Eva & Lezaan Jordaan
- Javelin coach: Tobie Holtzhausen
- Long and Triple jump: Neil Cornelius
- AGN office delegate: Herold Makola

## **6. AGN Team Management requirements**

**Each coach and team managers are responsible as follows:**

- Each member must stay and travel with the team, if you don't stay with the team, you can't qualify for a team management allowance.
- All team manager and coaches please make sure your athletes are always at the event and be on time at the call room
- Each coach and team managers it's your responsibility to look after all the athletes not only the athletes you are coaching.
- Each coach and team manager will receive an allowance of R1 500-00 for the duration of the event
- To follow the code of conduct as set out by the Department of Education of South Africa at all times

## **7. AGN Team Communication**

Communication will take place through WhatsApp groups for athletes, coaches, team management, AGN Office and parents.

**We wish every AGN athlete to have an enjoyable experience at the ASA U16, U18 & U20 Athletics track and field championships, we believe you will achieve the goal**