

New and equalled records

Item	Athlete	Team	Perf	Previous Record
Women U18 Shotput	LINDEQUE, Zonica	CGA	18.18	17.69 SAYOUTH: 17.69 (Dane-Roets, South Africa, 2019)
Women U20 Shotput	DE KLERK, Mine	AFS	17.25	16.95 SAJNR: 16.95 (SIMONE-DU TOIT, SOUTH AFRICA, 200
Women U20 Hammer	MAKHETHE, Phethisang	ACNW	57.35	57.13 SAJNR: 57.13 (ANNEMIE-SMIT, SASOLBURG, 2010)
Men U18 10km Walk	BESTER, Christiaan	BOLA	0:45:05.51	:46:14.72 SAYOUTH: 0:46:14.72 (JACOBUS-VAN DYK, RSA, 2002