



2023 ASA NATIONAL FIXTURES LIST

February 2023 VERSION

Key: I-International; N National; P- Provincial; A- Associate; OR: Off-Road Running; RR: Road Running; T&F: Track and Field; RW: Race Walking ; CC: Cross Country

Activity	Date	Day	Event	Venue	Organiser	Contact Details
JANUARY						
N - RW	28 January	Sat	ASA 35km Race Walking Championships & Open International	Cape Town	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
FEBRUARY						
A – T&F	11 February	Sat	Winelands International Para Athletics Competition	Coetzenburg	Mark BEAK	mark.beak@gmail.com
I - CC	18 February	Sat	World Athletics Cross Country Championships	Bathurst, Australia	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – RR	26 February	Sun	50km Nedbank Runified Breaking Barriers Race	Marine Park, GQEBERHA	Nick Bester	082 454 2222 nickb@lantic.net
P - RR	26 February	Sun	Capital City Marathon	Msunduzi Athletics Stadium	Simphiwe Nccobo	063 185 3447 Info@capitacity42.co.za
MARCH						
P - T&F	10 – 11 March	Fri - Sat	ASA Provincial Championships	ASA Provinces	ASA Provinces	ASA Provinces
N – RR	12 March	Sun	ASA Marathon Championships	Durban, KwaZulu Natal	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	18 March	Sat	Om die Dam Ultra Marathon 50KM & 21KM (AIMS)	Hartbeespoort Holiday Resort, 5 Old Rustenburg Road, BRITS	Jaco Venter	083-222 9448 Jaco.venter@mtn.com
P – RR	18 March	Sat	Race to Equality	TBC	Asanda Mathebula	065 988 4261 Asanda.Mathebula@motsepefoundation.org
A - T&F	19 – 21 March	Sun - Tue	Primary Schools National Championships	KwaZulu Natal, Pietermaritzburg	SASA Peppi Olevano	082 550 7032 peppi.olevano@uvss.co.za
A – T&F	19 – 21 March	Sun - Tue	Toyota SASAPD National Championships	Green Point, Cape Town	Lappies SWANEPOEL	lappies.atletiek@gmail.com
N - T&F	23 – 25 March	Thu – Sat	ASA U/16, U/18 (YOUTH) and U/20 (JUNIOR) Track & Field National Championships	Msunduzi Athletics Stadium	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za

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N - T&F	30 March – 1 April	Thu – Sat	ASA Senior Track & Field National Championships	NWU McArthur Stadium	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
APRIL						
P – RR	02 April	Sun	ABSA Run Your City 10KM	GQEBERHA	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
A - T&F	02 – 05 April	Sun - Wed	High Schools National Championships	Gauteng, Germiston	SASA Peppi Olevano	082 550 7032 peppi.olevano@uvss.co.za
N - T&F	12 April	Fri	ASA Athletics Grand Prix 1/ Continental Tour Challenger	Pilditch Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – RR	15 - 16 April	Sat - Sun	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Debra Barnes	083 456 6720 debra@twooceansmarathon.org.za
N - T&F	14 April	Mon	Cape Milers Club/Endurocad Middle distance invitational 1	Green Point Stadium, Cape Town	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
N - T&F	17 April	Mon	Cape Milers Club/Endurocad Middle distance invitational 2	Green Point Stadium, Cape Town	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
N - T&F	19 April	Fri	ASA Athletics Grand Prix 2 / Continental Tour Challenger	Germiston Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – T&F	19 – 23 April	Wed – Sun	CAA African U18/U20 Championships	Zambia	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
N - T&F	24 April	Mon	Cape Milers Club/Endurocad Middle distance invitational 3	Green Point Stadium, Cape Town	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
N - T&F	26 April	Fri	ASA Athletics Grand Prix 3 / Continental Tour Challenger	NWU McArthur Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
MAY						
A - T&F	4 – 6 May	Thur – Sat	USSA Track & Field Championships	Nelson Mandela University - GQEBERHA	USSA Jazz Mnyengeza	072 262 9752 mnyengezammb@tut.ac.za
I - T&F	05 – 09 May	Fri – Tue	COSSASA Championships	TBC	SASA Peppi Olevano	082 550 7032 peppi.olevano@uvss.co.za
P – RR	14 May	Sun	ABSA Run Your City 10KM	Cape Town	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
I – RR	27 May	Sat	SPAR Women's Grand Prix Series	GQEBERHA	Dineo Diphoko	+27 83 300 8268 dineo@thebldgroup.com
JUNE						
N – RR	03 June	Sat	Nelson Mandela Bay Half Marathon incorporating ASA Half Marathon Championships	Pollock Beach, Summerstrand, GQEBERHA	Irene van Eeden Thabang Maleka	irene@pe.co.za ThabangM@athleticssa.co.za
I – RR	11 June	Sun	Comrades Marathon	KwaZulu Natal	Rowyn James	079 501 0061 rowyn@comrades.com
N – RR	17 June	Sat	ASA 5km Championships	Nasrec, Johannesburg	ASA	076 133 6131

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I – RR	25 June	Sun	SPAR Women's Grand Prix Series	Durban, KwaZulu Natal	Thabang Maleka Dineo Diphoko	ThabangM@athleticssa.co.za +27 83 300 8268 dineo@thebldgroup.com
JULY						
National	01 July	Sat	ASA ANNUAL GENERAL MEETING	OR Tambo Garden Court	ASA Atlehang Mofokeng	065 911 1482 AtlehangM@athleticssa.co.za
P – RR	09 July	Sun	ABSA Run Your City 10KM	Durban, KwaZulu Natal	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
I – T&F	28 July – 08 August	Fri - Tue	FISU World Student Games	Chengdu - CHINA	USSA Jazz Mnyengeza	072 262 9752 mnyengezamb@tut.ac.za
AUGUST						
I – T&F	02 – 10 August	Wed – Thu	Youth Commonwealth Games	Trinidad and Tobago	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – T&F	05 – 10 August	Sat - Thu	African Games	Accra, GHANA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – RR	05 August	Sat	SPAR Women's Grand Prix Series	Tshwane, GAUTENG NORTH	Dineo Diphoko	+27 83 300 8268 dineo@thebldgroup.com
I – T&F RR	19 – 27 August	Sun – Sun	World Athletics Championships	Budapest, HUNGARY	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	27 August	Sun	ABSA Run Your City 10KM	Tshwane	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
SEPTEMBER						
N – CC	16 September	Sat	ASA Cross Country Championships	Nelson Mandela University - GQEBERHA	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	24 September	Sun	ABSA Run Your City 10KM	Johannesburg	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
I – RR	30 Sep – 01 October	Sat – Sun	World Athletics Road Running Championships	Riga, LATVIA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
OCTOBER						
N - RW	TBC	TBC	ASA Inter-Provincial Race Walking Challenge	TBC	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – RR	01 October	Sun	SPAR Women's Grand Prix Series	Johannesburg	Dineo Diphoko	+27 83 300 8268 dineo@thebldgroup.com
I – RR	14 October	Sat	Cape Town Marathon	Cape Town	Renee Jordaan	083 230 9963 renee@capetownmarathon.com
I – RR	22 October	Sun	SPAR Women's Grand Prix Series	Cape Town	Dineo Diphoko	+27 83 300 8268 dineo@thebldgroup.com
National	28 October	TBC	ASA Council Meeting	OR Tambo Garden Court	ASA	065 911 1482

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					Atlehang Mofokeng	AtlehangM@athleticsa.co.za
NOVEMBER						
N – RR	04 November	Sat	ASA 10KM Championships	Mbombela Stadium, Mpumalanga	ASA Thabang Maleka	076 133 6131 ThabangM@athleticsa.co.za
I – RR	05 November	Sun	Soweto Marathon	FNB Stadium Nasrec, Soweto	Sello Khunou	082 683 6530 sello@sowetomarathontrust.com
DECEMBER						
N – T&F	02 December	Sat	ASA Sub Youth Inter-Provincials Championships	TBC	ASA Thabang Maleka	076 133 6131 ThabangM@athleticsa.co.za

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