

To be the best athletics Province in South Africa

Reference: AGN/Circular 22 of 2023

To: AGN Members
From: AGN Office
Date: 15 March 2023
Pages: 2 + 2 attachments

CIRCULAR 22 OF 2023 – AGN 5KM CHAMPIONSHIPS 2023

Dear AGN Members,

Please note that the Athletics Gauteng North (AGN) Provincial 5km Championships Incorporated with Irene Running Festival Race that will be taking place on Sunday, 02 April 2023 at the ARC Grounds, Nellmapius Road in Irene, Centurion.

All entrants must be a registered AGN athlete with a 2023 permanent license and will be required to wear their license on race day. Athletes may not run with another athlete's permanent license and no temporary licenses will be allowed on the day.

Age tags – Masters and Junior Athletes

All master and junior athletes must run with an age tag. Clearly displayed, one in front of the running vest and one on the back of the running vest. Age tags will be available for purchase at the event for R20.00 a pair.

Please note that participation at the AGN 5km Championships is compulsory in order to be selected onto the AGN 5km Team that will be participating at the ASA 5km Championships in NASREC, Johannesburg on 17 June 2023 – kindly find the selection criteria attached.

Start Times

6:30am

Entries

Entries are available online www.entryninja.co.za and the at the below venues:

- Sweat Shop Dunkeld: 011 325 2567
- Running High Bedfordview: 011 450 2421 I
- Run Store Fourways Crossing: 011 465 0021
- Decathlon Centurion: 010 880 1845
- Sportsmans Warehouse Centurion: 012 665 0768

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphon Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

- Run-Away-Sport: 012 361 3733
- Tshwane Running Shop Sinoville: 076 929 7384

Prize Money & Medals

Provincial medals and prize money will be awarded to the top 3 finishers (Gold, Silver, and Bronze). Only AGN registered athletes will qualify for a medal and prize money.

AGN 5km Championships medal presentation will take place on the podium, which will be located at the finish at 07:30am.

PRIZE MONIES (AGN Athletes only)

	MAN 20-39	WOMEN 20-39
1	R1000	R1000
2	R800	R800
3	R500	R500
NR	Boys 14-19	Girls 14-19
1	R500	R500
2	R250	R250
3	R200	R200
NR	MAN 40-49	WOMEN 40-49
1	R800	R800
2	R500	R500
3	R300	R300
NR	MAN 50-59	WOMEN 50-59
1	R500	R500
2	R250	R250
3	R200	R200
NR	MAN 60-69	WOMEN 60-69
1	R500	R500
2	R250	R250
3	R200	R200
NR	MAN 70+	WOMEN 70+
1	R500	R500
2	R250	R250
3	R200	R200

Kindly find the Irene Running Festival Race Pamphlet attached.

Kind Regards



DURELL JEJANE
AGN: GENERAL MANAGER

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