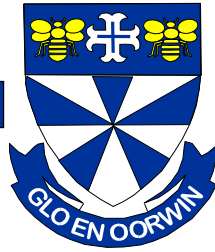


LAERSKOOI

Posbus 11011 Queenswood 0121
Faks (012) 333 0256
Tel (012) 333 0255\2



QUEENSWOOD

Kirkbystraat 1251 Queenswood 0186
www.laerskool-queenswood.co.za
e-pos: info@laerskool-queenswood.co.za



14 July 2023

Dear Pricipal and Cross-Country Organiser

Laerskool Queenswood will be hosting the 2nd Cross-Country league fixture for 2023.

Please find the relevant details below:

Date: Friday 28 July 2023

Veanue: Laerskool Queenswood

Address: 1251 Kirkby St, Queenswood, Pretoria, 0186

Time:

13:00- Registration of athletes

14:00- Official welcome of guests

14:15- Opening of meeting

14:30- First race starts

Registration of athletes:

- Registration fee R25 per athlete
- Registration fees can be paid in cash on the day or EFT via payment into the following account:

Account name : GNLL

Bank : ABSA account

Number : 0630392039

Branch Code : 632005

Reference League Meetings: League 1/2/3, Date, School's name

- If paid by means of EFT payment, please make the payment before 12:00 on the day of the race and bring the proof of payment with you to the registration table on the day.

How to enter: Each school will receive an excel document to complete with the athletes' details. This had to be done before 22 June 2023. If there is a new athlete a sticker will be written at the event. All entry forms (excel spreadsheets) must be sent to:

japiejf@gmail.com



PROGRAM

EVENT	AGE GROUP	KM	TIME
1.	GIRLS U/8	1 KM	14:30
2.	BOYS U/8	1 KM	14:40
3.	GIRLS U/9	2 KM	14:50
4.	BOYS U/9	2 KM	15:05
5.	GIRLS U/10	2 KM	15:15
6.	BOYS U/10	2 KM	15:25
7.	GIRLS U/11	1 KM	15:35
8.	BOYS U/11	1 KM	15:55
9.	GIRLS U/12	1 KM	16:10
10.	BOYS U/12	1 KM	16:30
11.	GIRLS U/13	1 KM	16:45
12.	BOYS U/13	1 KM	17:05

- Medals of participation will be awarded to all athletes that complete their respective event.
- Certificates will be awarded to the first 10 athletes.
- The track consist of grass, gravel road, some paving and stairs. Please wear training shoes.
- There will be vendors and food sales available on-site. Please bring enough cash- limited card facilities available.
- There are two entrances to the venue (Fontana Rd and Oak St). The entrances will be closed 5 minutes before the start of the first event.
- The designated parking area is between Soutpansbergweg and Fontana Road (There will be security officials). There is no parking available on the school grounds. School busses will be directed to their designated parking area.

Maps: Attached you will find a map of the various routes.

- 1 km and 2 km as shown on the map.
- 3 km will be the 1 km route followed by the 2 km route.
- 4 km will be two of the 2 km routes.

→ SOUTPANSBERG RD (M22) ←

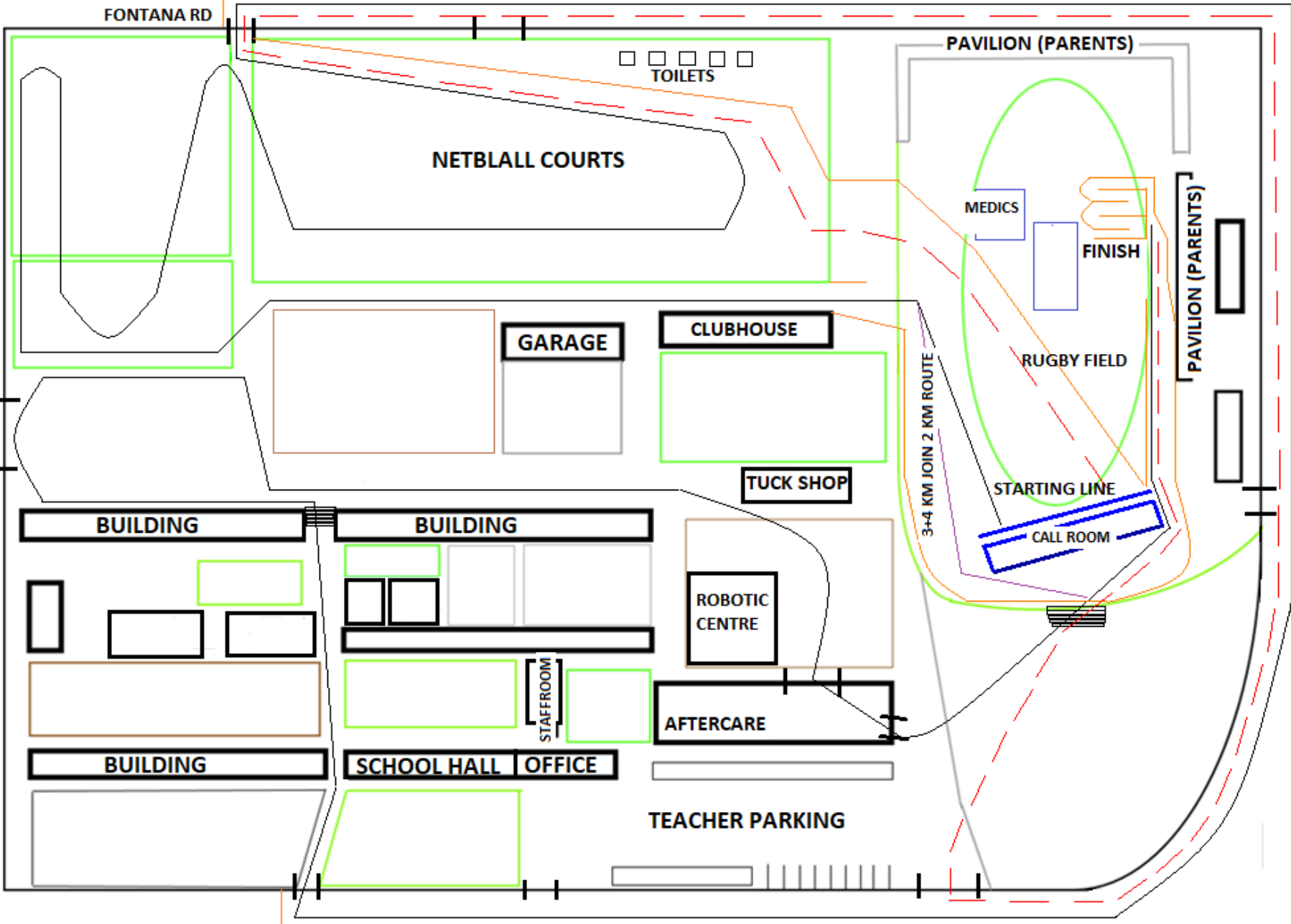
← SCHOOL BUS PARKING

PARKING

PARKING

PARKING →

- ROUTES:**
- 1 KM: - - - - -
 - 2 KM: _____
- BARRIER FENCE:** ————
- 3-4 KM JOIN 2 KM:** ————



(NO PARKING!!)
DUNSTAN RD
PUXLEY LN

OAK ST (NO PARKING!!)

KIRKBY ST
(NO PARKING!!)



LAERSKOOL QUEENSWOOD