

**Reference: AGN/Circular 90 of 2023**

To: AGN Members  
From: AGN Office  
Date: 16 October 2023  
Pages: 6 + attachment

**CIRCULAR 90 OF 2023 – 2023 AGN PRIMARY SUB-YOUTH TRACK & FIELD PROGRAMME**

Dear AGN Members,

The 2023 AGN Primary Sub-Youth Track & Field League 3 took this past weekend on Saturday, 14 October 2023 at Pilditch Stadium, kindly find the results attached.

Please be reminded that to qualify for the AGN team that will be representing the province at the Primary Sub-Youth Track & Field Inter-provincials on Saturday, 02 December 2023 in Secunda, athletes must compete in a minimum of two AGN League meetings as well as the compulsory AGN Primary Sub-Youth Track & Field Championships that will be taking place at Pilditch Stadium on Saturday, 11 November 2023.

The last AGN Primary Sub-Youth Track & Field League for 2023 before the compulsory Championships will be taking place on 28 October 2023 at Pilditch Stadium.

**SUB YOUTH TRACK AND FIELD FIXTURES (OCT TO DEC 2023)**

**OCTOBER**

DATE	EVENT	VENUE	ORGANISER
Sat 14	Sub Youth (7-13) (League 3 – A Program)	PILDITCH	AGN
Sat 28	AGN Sub Youth (7-13) (League 4 – B Program)	PILDITCH	AGN

**NOVEMBER**

DATE	EVENT	VENUE	ORGANISER
Sat 11	AGN Sub Youth Championships (7-13)	PILDITCH	AGN

**DECEMBER**

DATE	EVENT	VENUE	ORGANISER
Sat 02	Sub Youth Inter-Provincial Championships	SECUNDA	AMPU

*\* NB, the fixtures are subject to change where necessary – you will be notified\**

**Board Members:**

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphosha Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

## General Rules

1. Athletes must participate in affiliated club or school colours. NB! NO PARTICIPATION IN PROVINCIAL COLOURS
2. Entries for Leagues will be done on the Track and Field (close 30 minutes before start of event)
3. NB. PLEASE TAKE NOTE THAT TO QUALIFY TO BE SELECTED FOR THE GAUTENG NORTH TEAM FOR PARTICIPATION IN THE INTER-PROVINCIAL COMPETITION, ATHLETES MUST COMPETE IN AT LEAST, ANY, 2 OF THE 4 PRIMARY SUB YOUTH MEETINGS (ANY EVENTS) AS WELL AS THE AGN CHAMPIONSHIPS (COMPULSORY)
4. Qualification standards must be reached during the AGN Championships
5. A maximum of 4 athletes per event will be selected for AGN Team.
6. All athletes not in possession of a permanent license number for 2023, must obtain a temporary license number at the gate for R50.00 per license. No athlete will be allowed to enter or participate without a license number. Permanent Licenses are available at the AGN office but can only be obtained via an affiliated club or school.
7. Both permanent licenses must be worn, **except High jump events).**
8. **All athletes must be in possession of a permanent license number when selected for the AGN team to participate at the Inter-Provincial Sub-Youth Championship.**

## Rules for AGN Club competition (7-13) during league meetings

1. First 20 highest points of each club during each league meeting will count (ASA table).
2. The total of points scored in all league meetings will be used to determine the Club champion (7-13 years)
3. Turbo Javelin
  - a. Max run up meters: 11 Year age groups: 12 meters and 9 Year age groups: 8 meters
4. Start: Ages 7-13: One false start warning will be allowed.

## **The following procedures will apply during the season:**

- **ENTRIES FOR LEAGUES CLOSE AS FOLLOWS:**
  - Entries for Track events will be **done at entrance gate / track** (close 30 minutes before start of event).
  - Entries for Field events will be done at the field (close 30 minutes before start of event).
- Starting blocks compulsory for athletes participating under age group 9 and older (Track events).
- Take note that AGN records (Track) will only be excepted if electronic timing were used during the meeting.
- Records (Leagues and AGN Championship) records are combined to ensure that only one AGN set of records will be used in future.
- The Meeting will be held under ASA & AGN Rules.
- Sick notes must be handed in before the league.
- NB! NO PARTICIPATION IN PROVINCIAL COLOURS DURING LEAGUES.

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### Entrance Fee at gate:

- Athletes – R30.00 entry fee,
- R50.00 Temporary License (06 years till 13 years) \*
- Spectators - (including parking) - R30.00
- Children – R10.00 (not participating) Children under 3 – free entry

### Rules for selection for Primary Sub Youth AGN team (7-13 years) for Inter-Provincial at Secunda: 02 December 2023

1. Participation in at least **2 league** meetings – any events
2. Participation in the AGN Championships is compulsory (11 November 2023)
3. Minimum qualification standard (attached) must be reached per item during AGN Championships
4. A maximum of 4 athletes who reached qualification standards during AGN Championships and participated in at least **2 leagues** will be selected for AGN Team. If 4 athletes did not reach the qualification standard during AGN Championships, but did participate in a minimum of **2 leagues**, it will be the selectors prerogative if 4 athletes are going to be selected or not.
5. All athlete **must** buy a permanent number if selected for the AGN Team that will participate in Secunda.
6. Temporary licences / permanent numbers are compulsory for age groups 7 and older during leagues and AGN championships.
7. Take note that the 13-year age group will have heats and finals for the 100m and 200m during AGN Championships. (Best 8 times will proceed to final).
8. Sick notes must be handed in latest on day of league.

**Athletics**  
**Gauteng North**

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**B PROGRAMME:  
(28 Oct 2023)**

ITEM	TIME	EVENT	AGE GROUP	REMARK	AGN RECORDS
1.	08:00	Long Jump (A)	Girls 13	Final	5.67m N de Bruyn AGN (2011)
2.	08:00	Turbo Javelin	Boys9/ Girls 9	Combined event – Final	Boys: 34.05m A Smit JSA (2019) Girls: 29.68m S Visser AGN (2017)
3.	08:20	1500m	Boys 13	Time placing	04min 16.89sec G Rees AGN (2017)
4.	08:30	1500m	Girls 13	Time placing	04min 35.66sec G Gait-Smith AGN (2016)
5.	08:40	1200m	Boys 11	Time placing	03min 15.15sec W Bester PC (2004)
6.	08:50	1200m	Girls 11	Time placing	03min 50.15sec C York AGN (1996)
7.	09:00	Javelin Throw (500gr)	Girls 13	Final	39.91m N de Beer OVERKRUIJN (2014)
8.	09:00	Long Jump (A)	Boys 11	Final	5.14m M Smit JSA (2013)
9.	09:00	80m	Boys 7	Time placing	12.05sec X Harmse AGN (2018)
10.	09:10	80m	Girls 7	Time placing	11.70sec N de Bruyn MID (2006)
11.	09:20	80m	Boys 9	Time placing	10.90sec F Kellerman AGN (2006) & JP Botha AGN (2012)
12.	09:30	80m	Girls 9	Time placing	10.70sec N de Bruyn MID (2008)
13.	10:00	Long Jump (A)	Boys 13	Final	6.18m N Grimbeek AGN (1995)
14.	10:00	Turbo Javelin	Boys11/ Girls 11	Combined event – Final	B11: 38.76m R Bezuidenhout JSA (2019) G11: 29.68m S Visser JSA (2017)
15.	10:05	80m Hurdles (76.2cm)	Boys 13	Time placing	11.25sec B Moropyane AGN (2019)
16.	10:15	75m Hurdles (76.2cm)	Girls 13	Time placing	11.50sec C de Clerk AGN (2019)
17.	10:25	70m Hurdles (68.0cm)	Boys 11	Time placing	11.05sec F Pretorius UAC (2006)
18.	10:35	70m Hurdles (68.0cm)	Girls 11	Time placing	11.51sec R VD Berg AGN (2017)
19.	11:00	Javelin Throw (B-600gr)	Boys 13	Final	55.83m U van Tonder GFT (2019)
20.	11:00	Long Jump (A)	Girls 11	Final	5.02m N de Bruyn AGN (2010)
21.	11:05	100m	Boys 13	Time placing	10.90sec B Connaway WTK (2018)
22.	11:15	100m	Girls 13	Time placing	12.20sec N Buckingham AGN (1998) & Mila Compaan JSA (2015)
23.	11:25	100m	Boys 11	Time placing	12.22sec K Mintwell AGN (1999)
24.	11:35	100m	Girls 11	Time placing	12.83sec N de Bruyn AGN (2010)
25.	11:45	1500m Walk	Girls 13	Time placing Combined with Item 26	08min 24.790sec B Manamela AGN (2022)
26.	11:45	1500m Walk	Boys 13	Time placing Combined with Item 25	7 min 28.92 S Rapasha AGN (2022)

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**MINIMUM QUALIFYING STANDARDS**

ITEM	GIRLS 7	GIRLS 9	GIRLS 11	GIRLS 13	BOYS 7	BOYS 9	BOYS 11	BOYS 13	ITEM
60M	11,00	9,34			09,90	9,10			60M
80M	14,00	12,40	11,50		13,15	11,87	11,20		80M
100M			14,50	13,45			13,90	12,45	100M
200M				28,50				26,25	200M
600M		2:08,50				2:04,50			600M
800M				2:32,00				2:23,50	800M
1200M			4:25,70				4:10,70		1200M
1500M				05:30,00				04:51,33	1500M
1500MW				10:30,00				10:30,00	1500MW
70MH			12,90				11,96		70MH
75MH				13,00					75MH
80MH								13,50	80MH
200MH				32,80				29,47	200MH
TURBO JAV		14,15	18,60			19,00	22,85		TURBO JAV
JAV				27,00				34,75	JAV
HJ			1,25	1,40			1,32	1,52	HJ
LJ			4,10	4,50			4,20	4,90	LJ
SP			9,10	10,10			10,90	10,50	SP
DIS				31,14				33,50	DIS

Athletics Gauteng North would like to wish all athletes the best for the season.

Kind regards

**AGN TRACK & FIELD COMMISSON**

**Board Members:**

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