

**PROGRAM**

Performance Scores: ASA 2020 table, Electronic Time, Height above sea=1400

Seq	Time	Pit	Event	Category	Next	Spec
1	07:30		Final Women Senior 5000m			
2	07:30		Final Men Senior 5000m			
3	07:30		Final Men U20 5000m			
4	07:30		Final Women U20 5000m			
5	07:50		Final Girls U16 3km Walk			
6	07:50		Final Women U18 3km Walk			
7	07:50		Final Women U20 3km Walk			
8	07:50		Final Women Senior 3km Walk			
9	07:50		Final Boys U16 3km Walk			
10	07:50		Final Men U18 3km Walk			
11	07:50		Final Men U20 3km Walk			
12	07:50		Final Men Senior 3km Walk			
13	08:00		Final Women U20 LongJump			
14	08:00		Final Women Senior LongJump			
15	08:00		Final Girls U16 Discus			1kg
16	08:00		Final Women U18 Discus			1kg
17	08:00		Final Women U20 Javelin			600g
18	08:00		Final Women Senior Javelin			
19	08:00		Final Men U20 Shotput			6kg
20	08:00		Final Men Senior Shotput			
21	08:25		Final Men Senior 400m Hurdles			
22	08:30		Final Men U20 400m Hurdles			91.4cm
23	08:35		Final Men U18 400m Hurdles			84cm
24	08:40		Final Boys U16 300m Hurdles			84cm
25	08:45		Final Women Senior 400m Hurdles			
26	08:50		Final Women U20 400m Hurdles			76.2cm
27	08:55		Final Women U18 400m Hurdles			76.2cm
28	09:00		Final Girls U16 300m Hurdles			76.2cm
29	09:00		Final Boys U16 HighJump			
30	09:00		Final Men U18 HighJump			
31	09:00		Final Girls U16 LongJump			
32	09:00		Final Women U18 LongJump			
33	09:00		Final Men U20 Discus			1.75kg
34	09:00		Final Men Senior Discus			
35	09:00		Final Boys U16 Javelin			600g
36	09:00		Final Men U18 Javelin			700g
37	09:00		Final Women U20 Shotput			4kg
38	09:00		Final Women Senior Shotput			
39	09:05		Final Men U20 1500m			
40	09:05		Final Men Senior 1500m			
41	09:15		Final Women U20 1500m			
42	09:15		Final Women Senior 1500m			
43	09:25		Final Boys U16 1500m			
44	09:25		Final Men U18 1500m			
45	09:35		Final Girls U16 1500m			

**Meeting :AGN TRACK & FIELD LEAGUE 1 (MASTERS & PARA INCL)
2024/01/20 at PILDITCH**

46	09:35	Final Women U18 1500m	
47	09:50	Final Girls U16 200m	
48	09:55	Final Boys U16 200m	
49	10:00	Final Girls U16 HighJump	
50	10:00	Final Women U18 HighJump	
51	10:00	Final Men U20 LongJump	
52	10:00	Final Men Senior LongJump	
53	10:00	Final Boys U16 Discus	1kg
54	10:00	Final Men U18 Discus	1.5kg
55	10:00	Final Men U20 Javelin	800g
56	10:00	Final Men Senior Javelin	
57	10:00	Final Girls U16 Shotput	3kg
58	10:00	Final Women U18 Shotput	3kg
59	10:05	Final Women U18 200m	
60	10:10	Final Men U18 200m	
61	10:15	Final Women U20 200m	
62	10:20	Final Men U20 200m	
63	10:25	Final Women Senior 200m	
64	10:30	Final Men Senior 200m	
65	10:50	Final Men Senior 800m	
66	10:55	Final Women Senior 800m	
67	11:00	Final Men U20 800m	
68	11:05	Final Women U20 800m	
69	11:10	Final Women U20 HighJump	
70	11:10	Final Women Senior HighJump	
71	11:10	Final Boys U16 LongJump	
72	11:10	Final Men U18 LongJump	
73	11:10	Final Girls U16 Polevault	
74	11:10	Final Women U18 Polevault	
75	11:10	Final Women U20 Polevault	
76	11:10	Final Women Senior Polevault	
77	11:10	Final Boys U16 Polevault	
78	11:10	Final Men U18 Polevault	
79	11:10	Final Men U20 Polevault	
80	11:10	Final Men Senior Polevault	
81	11:10	Final Men U18 800m	
82	11:10	Final Women U20 Discus	1kg
83	11:10	Final Women Senior Discus	
84	11:10	Final Girls U16 Javelin	500g
85	11:10	Final Women U18 Javelin	500g
86	11:10	Final Boys U16 Shotput	4kg
87	11:10	Final Men U18 Shotput	5kg
88	11:15	Final Women U18 800m	
89	11:20	Final Boys U16 800m	
90	11:25	Final Girls U16 800m	
91	11:35	Final Men Senior 110m Hurdles	
92	11:40	Final Men U20 110m Hurdles	99.5cm
93	11:45	Final Men U18 110m Hurdles	91.4cm
94	11:50	Final Boys U16 100m Hurdles	84cm

**Meeting :AGN TRACK & FIELD LEAGUE 1 (MASTERS & PARA INCL)
2024/01/20 at PILDITCH**

95	11:55	Final Women Senior 100m Hurdles	
96	12:00	Final Women U20 100m Hurdles	84cm
97	12:05	Final Women U18 100m Hurdles	76.2cm
98	12:10	Final Girls U16 90m Hurdles	76.2cm
99	12:10	Final Men U20 HighJump	
100	12:10	Final Men Senior HighJump	
101	12:10	Final Girls U16 TripleJump	7m
102	12:10	Final Women U18 TripleJump	9m
103	12:10	Final Women U20 TripleJump	11m
104	12:10	Final Women Senior TripleJump	11m
105	12:20	Final Men Senior 400m	
106	12:25	Final Women Senior 400m	
107	12:30	Final Men U20 400m	
108	12:35	Final Women U20 400m	
109	12:40	Final Men U18 400m	
110	12:45	Final Women U18 400m	
111	12:50	Final Boys U16 400m	
112	12:55	Final Girls U16 400m	
113	13:00	Final Men Senior 100m	
114	13:10	Final Boys U16 TripleJump	9m
115	13:10	Final Men U18 TripleJump	11m
116	13:10	Final Men U20 TripleJump	13m
117	13:10	Final Men Senior TripleJump	13m
118	13:10	Final Men U20 100m	
119	13:10	Final Girls U16 Hammer	3kg
120	13:10	Final Women U18 Hammer	3kg
121	13:10	Final Women U20 Hammer	4kg
122	13:10	Final Women Senior Hammer	
123	13:10	Final Boys U16 Hammer	4kg
124	13:10	Final Men U18 Hammer	5kg
125	13:10	Final Men U20 Hammer	6kg
126	13:10	Final Men Senior Hammer	
127	13:15	Final Women Senior 100m	
128	13:20	Final Women U20 100m	
129	13:25	Final Men U18 100m	
130	13:30	Final Women U18 100m	
131	13:35	Final Boys U16 100m	
132	13:40	Final Girls U16 100m	
133	14:05	Final Girls U16 1500m SteepleChase	
134	14:13	Final Boys U16 1500m SteepleChase	76.2cm
135	14:21	Final Women U18 2000m SteepleChase	
136	14:29	Final Men U18 2000m SteepleChase	83.8cm
137	14:40	Final Women U20 3000m SteepleChase	76.2cm
138	14:40	Final Women Senior 3000m SteepleChase	
139	14:55	Final Men U20 3000m SteepleChase	91.4cm
140	14:55	Final Men Senior 3000m SteepleChase	