

To be the best athletics Province in South Africa

**Reference: AGN/Circular 12 of 2024**

To: AGN Members  
From: AGN Office  
Date: 01 February 2024

**CIRCULAR 12 OF 2024 – AGN 10KM RACE WALKING CHAMPIONSHIPS 2024**

Dear AGN Members,

The Athletics Gauteng North (AGN) Open Race 10km Race Walking Championships incorporated with the AGN Race Walking Grand Prix 1 will be taking place on Saturday, 10 February 2024 at the Irene Oval. This event will also be the Team Trails for the ASA 20km Championships that will be taking place on Saturday, 02 March 2024 at the Youngsfield Military Base in Cape Town.

Please note that all entrants should wear club colours and their 2023/2024 ASA license number back and front as well as age tags. If not in possession of a valid 2023/2024 ASA license, a temporary license must be purchased at R60 each, which will be available at the venue.

**Entries and Start Times**

**Step 1:** Complete the entry form - Link: <https://forms.gle/aCbyVvSTkQoB9GSQ6>

**Step 2:** Entry fees, R60 per person, to be paid into:

**Athletics Gauteng North**

Bank: ABSA

Branch Code: 632005

Account No: 4056373566

Reference: GP1 Name & Surname

Send Proof of Payment to [serdynm@gmail.com](mailto:serdynm@gmail.com) and cc [office@agn.co.za](mailto:office@agn.co.za)

	<b>Age Group</b>	<b>Distance</b>	<b>Start Time</b>
1.	Senior Men & Women	20 km	07h00
2.	Open Men & Women	10 km	07h30
3.	SAMA Men & Women	10 km	07h30
4.	Junior Men & Women (18, 19; b2005, 2006)	10 km	07h30
5.	Youth Boys (16, 17; b2007, 2008)	10 km	07h30
6.	Youth Girls (16, 17; b2007, 2005) and SAMA	5 km	09h30
7.	Sub-youth Boys (14, 15; b2009, 2010)	5 km	09h30
8.	Novices & Sub -youth 14 & older (b2010 or before)	5 km	09h30
9.	Sub-youth Girls (14, 15; b 2009, 2010)	5 km	09h30
10.	Sub-youth Boys & Girls (<=13; b2011 & later)	3 km	09h30
11.	U/13 Sub-youth Boys & Girls (<13; b2012 & later)	1 km	09h30
12.	Medal Ceremony		10h30

**Board Members:**

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphoshe Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

## Prize Money & Medals

The AGN 10km Championships medals will go to the top 3 AGN finishers in each age grouping (open and masters in 5year age groups). The Grand Prix medals will be awarded to the top 3 finishers only if from another provinces. Prize money will be awarded to the top three finishers in each category regardless of province.

20km and 10km Open Race			3km Race Sub-youths (13 and younger)			1km Race Sub-youths (under 13)		
Male and Female			Boys and Girls			Boys and Girls		
Position	Medal	Open	Position	Medal	Open	Position	Medal	Open
Winner	Gold	R 750	Winner	Gold	R 100	Winner	Gold	R 100
2nd	Silver	R 500	2nd	Silver	R 80	2nd	Silver	R 80
3rd	Bronze	R 300	3rd	Bronze	R 50	3rd	Bronze	R 50

10km Race for Juniors (18,19)			10km (boys) 5km (girls) Race for Youths (16,17)			5km (boys and girls) Race for Sub-youths (14,15)		
Male and Female			Male and Female			Male and Female		
Position	Medal	Junior	Position	Medal	Junior	Position	Medal	Junior
Winner	Gold	R 200	Winner	Gold	R 200	Winner	Gold	R 200
2nd	Silver	R 150	2nd	Silver	R 150	2nd	Silver	R 150
3rd	Bronze	R 100	3rd	Bronze	R 100	3rd	Bronze	R 100

10km Race for Masters										
Male and Female										
Position	Medal	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75+
Winner	Gold	R 200	R 200	R 200	R 200	R 200	R 200	R 200	R 200	R 200
2nd	Silver	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150	R 150
3rd	Bronze	R 100	R 100	R 100	R 100	R 100	R 100	R 100	R 100	R 100

Kind regards

**AGN RACE WALKING COMMISSION**

# Athletics Gauteng North

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