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To be the best athletics Province in South Africa

Reference: AGN/Circular 32 of 2024

To: AGN Members
From: AGN Office
Date: 09 April 2024
Pages: 14

CIRCULAR 32 OF 2024 – AGN SENIOR TRACK & FIELD AND MULTI EVENTS + RELAY TEAM TO PIETERMARITZBURG

Dear AGN Members

Kindly find attached the final AGN Senior Track & Field and Multi Events + Relay Team that will be participating at the ASA Senior Track & Field National Championships and Multi Events + Relays at Msunduzi Athletics Stadium in Pietermaritzburg, from **18 - 21 April 2024**.

The following athletes are kindly requested to forward their ID and License numbers to the AGN Office, gm@agn.co.za urgently:

1. Mika Botha – **ID number**
2. Philani Buthelezi – **ID & License number**
3. Milton Kekana – **ID & License number**
4. Abraham Kubjana – **ID & License number**
5. Lesibe Dikgale – **ID & License number**
6. Alexander Griesel – **License number**
7. Buhle Mqgibela – **ID & License number**
8. Llewellyn Van Der Heerden – **License number**
9. Megan Venter – **ID number**

Athletes who are in need of accommodation and transport are kindly reminded to complete the following link: <https://forms.gle/JzfZJMKhvFAQNeEP9> by 10:00am on Wednesday, 10 April 2024. Please note that by not completing the form, AGN will automatically see it as you do not need any assistance with accommodation or transport.

Kind Regards

DURELL JEJANE
AGN: GENERAL MANAGER

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphon Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)



AGN Senior Track & Field and Multi Events

FINAL TEAM

No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2
1	Peace	Adedokun	Seniors	Male	Triple Jump	
2	Evert	Alderson	Seniors	Male	Discus	
3	Strijdom	Angelique	Seniors	Female	400m	
4	Johne	Aucamp	Seniors	Female	1500m	
5	Werner	Bezuidenhout	Seniors	Male	100m	200m
6	Taylon	Bieldt	Seniors	Female	100mH	400mH
7	Rita	Bischoff	Seniors	Female	Heptathlon	
8	Naum	Bopape	Seniors	Female	1500m	800m
9	Mika	Botha	Seniors	Female	Long jump	
10	Riandre	Botha	Seniors	Female	Discus	
11	Jean	Botha	Seniors	Male	Discus	
12	Micyla	Botha	U20 (2005 & 2006)	Female	Pentathlon	
13	Lu Chelle	Breedt	Seniors	Female	400mH	
14	Cara	Bronkhorst	Seniors	Female	100mH	Long Jump
15	Ruan	Bronkhorst	Seniors	Male	Decathlon	
16	Arette	Burger	Seniors	Female	400m	
17	Philani	Buthelezi	Seniors	Male	10000m	
18	Lara	Butler	U18 (2007 & 2008)	Female	Heptathlon	
19	Abednego	Choba	Seniors	Male	800m	
20	Timeke Jade	Coetzee	Seniors	Female	Long jump	100m

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21	Dirk	Coetzee	U18 (2007 & 2008)	Male	Decathlon	
22	Dane	Coetzer	Seniors	Female	Hammer	
23	Tshepang	Dankuru	Seniors	Male	High jump	
24	Werner	Dames	Seniors	Male	Javelin	
25	Mienke	Davel	Seniors	Female	400mH	
26	Heike	de Klerk	Seniors	Female	Triple Jump	
27	Luca	De Waal	Seniors	Female	1500m	
28	Simone	de Wet	Seniors	Female	400mH	
29	Divan	de Wet	Seniors	Male	High jump	
30	Ranti	Dikgale	Seniors	Male	800m	
31	Grace	Dikio	Seniors	Female	Triple Jump	
32	Joel	Donken	U20 (2005 & 2006)	Male	Decathlon	
33	Edmund	Du Plessis	Seniors	Male	800m	
34	Marthinus	du Preez	Seniors	Male	400mH	
35	Matthew	Endrody	Seniors	Male	1500m	
36	Marione	Fourie	Seniors	Female	100mH	
37	Sophia	Gaitskill	U16 (2009 & 2010)	Female	Pentathlon	
38	Zeney	Geldenhuis	Seniors	Female	400m	400mH
39	Ruzel	Geldenhuis	Seniors	Female	Shotput	
40	Lindukhule	Gora	Seniors	Male	400mH	
41	Werner	Gouws	Seniors	Male	800m	
42	Johann	Grobler	Seniors	Male	Javelin	
43	Hannah	Van Niekerk	Seniors	Female	400mH	
44	Ashley	Harvey	U20 (2005 & 2006)	Female	Heptathlon	
45	Zathu	Hlongwane	Seniors	Male	200m	

Athletics
Gauteng North

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46	Sam	Idowu	Seniors	Male	110mH	
47	Ivan Danny	Geldenhuis	Seniors	Male	400m	
48	Johan	Jacobs	Seniors	Male	Hammer	
49	Mia	Janse van Rensburg	Seniors	Female	High jump	
50	Musa	Jaxa	Seniors	Male	High jump	
51	Sandiso	Jekem	Seniors	Male	Long Jump	Triple Jump
52	Martelize	Jordaan	Seniors	Female	100mH	
53	Martelize	Barnard	Seniors	Male	Javelin	
54	Milton	Kekana	Seniors	Male	10000m	
55	Collins	Kgadima	Seniors	Male	10000m	
56	Sisphesihle	Khoza	Seniors	Male	800m	1500m
57	Alicia	Khunou	Seniors	Female	Discus	Shotput
58	Nadia	Kitsshoff	Seniors	Female	Heptathlon	
59	Lisa	Klue	U16 (2009 & 2010)	Female	Pentathlon	
60	Chane	Kok	Seniors	Female	100mH	
61	Van Reenen	Kruger	Seniors	Male	400mH	
62	Abraham	Kubjana	Seniors	Male	1500m	
63	Jason	Kumm	Seniors	Male	Decathlon	
64	George	Kusche	Seniors	Male	5000m	
65	Elizma	Le Roux	Seniors	Female	3000mSteeplechase	
66	Hamman	le Roux	Seniors	Male	400mH	
67	Koketso	Lekaka	Seniors	Male	10000m	
68	Van Heerden	Lene	Seniors	Female	400m	
69	Rolene	Louw	U20 (2005 & 2006)	Female	Heptathlon	
70	Kino	Mahlangu	U20 (2005 & 2006)	Male	Decathlon	

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71	Karabo	Mailula	Seniors	Female	10000m	
72	Vijoen	Marilie	Seniors	Female	400m	
73	Pheletso	Masilo	Seniors	Female	Long jump	Triple jump
74	Kyle	Mauer	U20 (2005 & 2006)	Male	Decathlon	
75	Mikateko	Mawela	Seniors	Female	100mH	
76	Ditiro	Mekmise	Seniors	Male	200m	
77	Soandri	Meyer	Seniors	Female	Pole Vault	
78	Bulali	Mnyamana	Seniors	Male	200m	100m
79	Elvis	Mokhonoana	Seniors	Male	1500m	
80	Stephen	Mokoka	Seniors	Male	10000m	
81	Simon	Mokonyama	Seniors	Male	10000m	
82	Clarence	Munyai	Seniors	Male	200m	
83	Adam	Motloung	Seniors	Male	200m	400m
84	Karabo	Motsoeneng	Seniors	Female	5000m	
85	Asande	Mthembu	Seniors	Male	Long Jump	
86	Collen	Mulaudzi	Seniors	Male	10000m	
87	Chandi	Mulder	Seniors	Female	Javelin	
88	Atang	Naane	Seniors	Female	Long jump	100m
89	Matodz	Ndou	Seniors	Male	400mH	
90	SW	Nel	Seniors	Male	110mH	
91	Michelle	Ngozo	Seniors	Female	High jump	
92	Kwazi	Nogcantsi	Seniors	Male	800m	1500m
93	Danielle	Nolte	Seniors	Female	Long Jump	
94	Anele	Nzwanzwa	Seniors	Male	400m	
95	Michaela	Oosthuizen	Seniors	Female	800m	

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96	Helene	Peens	Seniors	Female	Long Jump	
97	Shipalana	Penelope	Seniors	Female	400m	
98	Jessi	Perez	Seniors	Male	Decathlon	
99	Thapelo	Phora	Seniors	Male	400m	
100	Dylan	Pienaar	Seniors	Male	1500m	
101	Leon Villiers	Pienaar	Seniors	Male	400m	
102	Tshegofatso	Pilane	Seniors	Male	1500m	
103	Hannah	Plews	U16 (2009 & 2010)	Female	Pentathlon	
104	Eckhart	Potgieter	Seniors	Male	200m	
105	Margo	Pretorius	Seniors	Female	Hammer	
106	Constant	Pretorius	Seniors	Male	400mH	
107	Fredriech	Pretorius	Seniors	Male	Decathlon	
108	Carmie	Prinsloo	Seniors	Female	1500m	5000m
109	Pabalo	Radebe	Seniors	Female	800m	
110	Tumi	Ramokgopa	Seniors	Female	400mH	
111	Bianca	Rè	Seniors	Female	Heptathlon	
112	Garick	Rees	Seniors	Male	800m	
113	Duncan	Robertson	Seniors	Male	Javelin	
114	Ivonne	Robson	Seniors	Female	Heptathlon	
115	Ruan	Oosthuizen	Seniors	Male	400m	
116	Colene	Scheepers	Seniors	Female	400m	
117	Wiepke	Schoeman	Seniors	Female	3000m	
118	Micheal	Schoeman	Seniors	Male	110mH	
119	James	Seeliger	Seniors	Male	800m	
120	Tebogo	Segalagala	Seniors	Male	10000m	

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121	Olebogile	Selokela	Seniors	Male	3000mSteepleChase	
122	Keletso	Senosi	Seniors	Female	800m	
123	Leilani	Sheffer	Seniors	Female	3000mSteepleChase	
124	Tumisang	Shezi	Seniors	Male	400m	
125	Rofhiwa	Sitelele	Seniors	Male	400mH	
126	Dwayme	Smith	Seniors	Male	200m	
127	Ryan	Stockill	Seniors	Male	High jump	
128	Reynard	Strauss	Seniors	Male	110mH	
129	Ida Marie	Strydom	Seniors	Female	Pole Vault	
130	Charne	Swart	Seniors	Female	1500m	800m
131	Carina	Swiegers	Seniors	Female	1500m	3000mSteepleChase
132	Mapatene	Thobejane	Seniors	Male	Decathlon	
133	Modupe	Tladi	Seniors	Male	5000m	1500m
134	Colette	Uys	Seniors	Female	Hammer	Shotput
135	Morne	Van As	Seniors	Male	Decathlon	
136	Kayla	Van den Berg	Seniors	Female	100mH	
137	Cellonika	van den Berg	Seniors	Female	Discus	Shotput
138	Jean	Van den Berg	U18 (2007 & 2008)	Male	Decathlon	
139	Jana	Van der Merwe	Seniors	Female	1500m	
140	Zante	Van der Merwe	Seniors	Female	400m	
141	Eric	Van der Walt	Seniors	Male	110mH	
142	El Marie	Van Greunen	Seniors	Female	400mH	
143	Hannah	Van Niekerk	Seniors	Female	400mH	
144	Jada	Van Staden	Seniors	Female	400m	
145	Jovan	van Vuuren	Seniors	Male	Long Jump	

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146	Veronique	Van Wyk	U16 (2009 & 2010)	Female	Pentathlon	
147	Chane	Van Zyl	Seniors	Female	Javelin	
148	Natalie	Verhoef	U18 (2007 & 2008)	Female	Heptathlon	
149	Bayanda	Walaza	Seniors	Male	200m	100m
150	Simonay	Weitsz	Seniors	Female	1500m	
151	Martelize	Barnard	Seniors	Female	Javelin	
152	Anika	Williams	Seniors	Female	400mH	
153	Glenrose	Xaba	Seniors	Female	10000m	
154	Zinzi	Xulu	Seniors	Female	Long Jump	Triple Jump
155	Siyabulela	Xulu	Seniors	Male	Long Jump	
156	Sokwakhana	Zazini	Seniors	Male	400mH	400m
157	Sanele	Zixunge	Seniors	Male	1500m	
158	Ruan	Oosthuizen	Seniors	Male	400m	
159	Dante	Ferreira	Seniors	Female	5000m	
160	Gift	Leotlela	Seniors	Male	100m	
161	Niel	Van der Merwe	Seniors	Male	5000m	1500m
162	Kaitlyn	Van Rooyen	Seniors	Female	1500m	
163	Rachel	Schwulst	Seniors	Female	800m	
164	Marli	Viljoen	Seniors	Female	400m	
165	Rivaldo	Roberts	Seniors	Male	100m	
166	Lene	van Heerden	Seniors	Female	400m	
167	Leonette	Vosloo	Seniors	Female	100m	200m
168	Zenique	Botes	Seniors	Female	100m	
169	Lehlogonolo	Maseko	Seniors	Male	100m	
170	Ditiro	Mekhise	Seniors	Male	200m	

Athletics

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171	Angelique	de Jager	Seniors	Female	100mH	
172	Banele	Shabangu	Seniors	Female	200m	
173	Phemelo	Matshaba	Seniors	Female	3000mSteepleChase	
174	Chirsté	Loedolff	Seniors	Female	Discus	
175	Tinyiko	Ndala	Seniors	Female	800m	
176	Taelyn	Smith	Seniors	Female	High jump	
177	Tshilidzi	Netshiombo	Seniors	Male	100m	200m
178	Thembo	Monareng	Seniors	Male	100m	
179	Andre	Olivier	Seniors	Male	200m	
180	Antonie Matt	Nortje	Seniors	Male	400m	
181	Mihlale	Posile	Seniors	Male	800m	
182	Selena	Rocha	Seniors	Female	100m	
183	Tshepho	Sebopa	Seniors	Male	3000mSteepleChase	
184	Mpho	Molaetsa	Seniors	Male	800m	
185	Ukona Simon	Khuzwayo	Seniors	Male	400m	
186	Njabulo	Mbatha	Seniors	Male	400mH	
187	Anestayshia	George	Seniors	Female	200m	
188	Chris	du Plessis	Seniors	Male	800m	
189	Nicolas	Ferns	Seniors	Male	100m	200m
190	Mila	Compaan	Seniors	Female	100mH	200m
191	Simone	du Plooy	Seniors	Female	100m	200m
192	Triston	Dean	Seniors	Male	200m	
193	Roland	Grosskopf	Seniors	Male	200m	
194	Hanno	de Klerk	Seniors	Male	Triple jump	
195	SG	Roode	Seniors	Male	Pole Vault	

Athletics
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196	Rolien	Louw	Seniors	Female	100mH	
197	Gezelle	Magerman	Seniors	Female	400mH	
198	Dimar	van der Linde	Seniors	Male	Decathlon	
199	Lenor	Roode	Seniors	Female	Heptathlon	
200	Tiisetso	Mosime	Seniors	Male	200m	
201	Tshepo	Sedise	Seniors	Male	5000m	
202	Liko	Ndongeni	Seniors	Male	800m	
203	Cyla	Botha	Seniors	Female	1500m	
204	Kamohelo	Ramatsebe	Seniors	Male	3000mSteepleChase	
205	Maricelle	Kruger	Seniors	Female	3000mSteepleChase	
206	Alden	Deysel	Seniors	Male	800m	
207	Boipelo	Themese	Seniors	Female	100m	
208	Bongani	Zakwe	Seniors	Male	200m	
209	Sinesipho	Dambile	Seniors	Male	200m	

Athletics

Orangeburg North

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AGN Track & Field Relay

FINAL TEAM

Nr	Surname	Name	Age group	Gender	Relay 1	Relay 2	Relay 3
Senior	Kaylin	Achurch	U18 (2007 & 2008)	Female	4 x 100m	4 x 400m	
1	Brooklyn	Alberts	U18 (2007 & 2008)	Female	4 x 100m		
2	Angel	Baloyi	U18 (2007 & 2008)	Female	4 x 400m Mix		
Senior	Werner	Bezuidenhout	U20 (2005 & 2006)	Male	4 x 100m		
Senior	Taylon	Bieldt	Seniors	Female	4 x 100m	4 x 400m	
Senior	Zenique	Botes	U18 (2007 & 2008)	Female	4 x 100m	4 x 200m	
3	Karla	Bouwer	U16 (2009 & 2010)	Female	4 x 100m		
Senior	Arette	Burger	U18 (2007 & 2008)	Female		4 x 400m	
Senior	Lu Chelle	Breedt	Seniors	Female	4 x 400m		
Senior	Timeke Jade	Coetzee	U20 (2005 & 2006)	Female	4 x 100m	4 x 400m	4 x 200m
Senior	Mienke	Davel	U18 (2007 & 2008)	Female		4 x 400m	
4	Chrystabel	Davis	U18 (2007 & 2008)	Female	4 x 100m		
Senior	Angelique	de Jager	U20 (2005 & 2006)	Female	4 x 100m		
Senior	Heike	De Klerk	U18 (2007 & 2008)	Female	4 x 100m		
5	Lene	de Villiers	U16 (2009 & 2010)	Female	4 x 100m	400m Medley	
Senior	Simone	de Wet	Seniors	Female	4 x 400m		
6	Kiarah	Dell	U16 (2009 & 2010)	Female	4 x 100m		
7	Lesibe	Dikgale	U18 (2007 & 2008)	Male	4 x 400m	4 x 400m Mix	
8	Inam	Dlunge	U18 (2007 & 2008)	Male	4 x 100m	4 x 200m	
Senior	Marione	Fourie	Seniors	Female	4 x 100m		

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Senior	Zeney	Geldenhuis	Seniors	Female	4 x 400m		
Senior	Lindukhule	Gora	Seniors	Male	4 x 400m		
9	Alexander	Griesel	U16 (2009 & 2010)	Male	4 x 100m	200m Medley	
10	Hendrik	Grobler	U20 (2005 & 2006)	Male	4 x 400m		
11	Lente	Groenewald	U18 (2007 & 2008)	Female	4 x 400m Mix		
Senior	Rolandt	Grosskopf	U20 (2005 & 2006)	Male	4 x 200m	4 x 100m Res	
12	Isabella	Gunter	U16 (2009 & 2010)	Female	4 x 200m	300m Medley	
Senior	Zathu	Hlongwane	U20 (2005 & 2006)	Male	4 x 100m	4 x 200m	
13	Olga	Ivanov	U16 (2009 & 2010)	Female	400m Medley		
Senior	Izandri	Jacobs	U20 (2005 & 2006)	Female	4 x 400m		
14	Dihann	Janse van Rensburg	U16 (2009 & 2010)	Male	300m Medley		
15	Janelle	Kirkpatrick	U16 (2009 & 2010)	Female	4 x 100m	300m Medley	
Senior	Chane	Kok	Seniors	Female	4 x 100m		
16	Tielelo	Lekgetho	U16 (2009 & 2010)	Male	4 x 100m		
17	Christi	Loggenberg	U16 (2009 & 2010)	Female	4 x 100m	400m Medley	
18	Nina	Loggenberg	U16 (2009 & 2010)	Female		200m Medley	
19	Esethu	Madlala	U18 (2007 & 2008)	Male	4 x 200m		
20	Ethan	Mahlangu	U16 (2009 & 2010)	Male	4 x 100m	100m Medley	
21	Fundiswa	Makhanya	U16 (2009 & 2010)	Female	4 x 100m	200m Medley	
22	Lethabo	Maloma	U18 (2007 & 2008)	Male	4 x 100m		
23	Gordon	Maluleke	U20 (2005 & 2006)	Male	4 x 200m		
24	Humble	Manzini	U16 (2009 & 2010)	Male	4 x 100m		
25	Leema	Maruma	U18 (2007 & 2008)	Male	4 x 400m		
26	Lehlogonolo	Maseko	Seniors	Male	4 x 100m		
27	Reabaka	Matshitse	U20 (2005 & 2006)	Female	4 x 100m		
Senior	Ditiro	Mekhise	Seniors	Male			
28	Tlotlo	Mere	U20 (2005 & 2006)	Male	4 x 100m		

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29	Buhle	Mgqibela	U18 (2007 & 2008)	Female	4 x 100m	4 x 200m	
30	Kwena	Mojapelo	U16 (2009 & 2010)	Male	4 x100m	200m Medley	
31	Amogelang	Motlatle	U18 (2007 & 2008)	Female	4 x 100m		
Senior	Adam	Motlounq	U18 (2007 & 2008)	Male	4 x 200m	4 x 400m	
32	Nokuthula	Mthethwa	U18 (2007 & 2008)	Female	4 x 100m	4 x 200m	
Senior	Clarence	Munyai	Seniors	Male	4 x 100m		
33	Amogelang	Mziza	U16 (2009 & 2010)	Male	4 x100m		
Senior	Atang	Naane	U20 (2005 & 2006)	Female	4 x 100m	4 x 200m	
Senior	Matodz	Ndou	U18 (2007 & 2008)	Male	4 x 400m		
34	Megan	Nieman	U16 (2009 & 2010)	Female	4 x 100m	300m Medley	
Senior	Danielle	Nolte	Seniors	Female	4 x100m		
Senior	Anele	Nzwanzwa	Seniors	Male	4 x 400m Mix		
Senior	Andre	Olivier	U18 (2007 & 2008)	Male	4 x 100m	4 x 200m	
Senior	Michaela	Oosthuizen	Seniors	Female	4 x 400m Mix	4 x 400m	
Senior	Ruan	Oosthuizen	Seniors	Male	4 x 400m		
Senior	Thapelo	Phora	Seniors	Male	4 x 400m Mix		
Senior	Leon Villiers	Pienaar	Seniors	Male	4 x 400m		
Senior	Eckhart	Potgieter	Seniors	Male	4 x 100m		
35	Ane	Pretorius	U16 (2009 & 2010)	Female	4 x 100m	200m Medley	4 x 200m
Senior	Paballo	Radebe	U20 (2005 & 2006)	Female	4 x 400m		
Senior	Tumi	Ramokgopa	U18 (2007 & 2008)	Female	4 x 100m	4 x 400m	
Senior	Rivaldo	Roberts	Seniors	Male	4 x 100m		
Senior	Selena	Rocha	U18 (2007 & 2008)	Female	4 x 100m		
Senior	Colene	Scheepers	U20 (2005 & 2006)	Female	4 x 100m	4 x 400m	4 x 200m
Senior	Rachel	Schwulst	U18 (2007 & 2008)	Female	4 x 400m Mix	4 x 400m	
36	Tsile	Seemela	U16 (2009 & 2010)	Male	4 x 100m		
37	Junior	Sekhwela	U16 (2009 & 2010)	Male	4 x 100m		

Athletics

Category North

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38	Bokamosso	Shabangu	U20 (2005 & 2006)	Male	4 x 100m		
Senior	Banele	Shabangu	Seniors	Female	4 x 100m		
39	Michael	Shanzi	U16 (2009 & 2010)	Male	4 x100m		
Senior	Tumisang	Shezi	Seniors	Male	4 x 400m		
40	Penelope	Shipalana	U20 (2005 & 2006)	Female	4 x 100m	4 x 400m	
Senior	Angelique	Strijdom	Seniors	Female	4 x 400m Mix	4 x 400m	
41	Niel	Swanepoel	U20 (2005 & 2006)	Male	4 x 400m Mix		
Senior	Charne	Swart	Seniors	Female	4 x 400m		
42	Hilton	Thomas	U20 (2005 & 2006)	Male	4 x 400m Mix		
43	Riane	Van den Berg	U20 (2005 & 2006)	Female	4 x 100m		
44	Menike	Van den Berg	U20 (2005 & 2006)	Female	4 x 100m		
Senior	Kayla	Van den Berg	Seniors	Female	4 x100m		
45	Llewellyn	Van Der Heerden	U16 (2009 & 2010)	Male	4 x100m	400m Medley	
46	Marlene	Van der linde	U20 (2005 & 2006)	Female		4 x 400m	
47	Dene	Van der Merwe	U16 (2009 & 2010)	Female	4 x 100m	100m Medley	4 x 200m
48	Zante	Van der Merwe	U18 (2007 & 2008)	Female	4 x 100m	4 x 400m	
49	Armand	van der Walt	U20 (2005 & 2006)	Male	4 x200m		
Senior	Lene	van Heerden	Seniors	Female	4 x 400m		
Senior	Hannah	Van Niekerk	U20 (2005 & 2006)	Female	4 x 200m	4 x 400m	
50	Kathleen	Van Rooyen	U18 (2007 & 2008)	Female	4 x 100m	4 x 200m	
Senior	Jada	Van Staden	Seniors	Female	4 x 400m		
51	Megan	Venter	U16 (2009 & 2010)	Female	4 x100m	100m Medley	
Senior	Marli	Viljoen	Seniors	Female	4 x 400m		
Senior	Leonette	Vosloo	Seniors	Female	4 x 100m		
Senior	Bayanda	Walaza	U20 (2005 & 2006)	Male	4 x 100m	4 x200m	
Senior	Anika	Williams	U20 (2005 & 2006)	Female		4 x 400m	

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