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PRETORIA WEST



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To be the best athletics Province in South Africa

Reference: AGN/Circular 45 of 2024

To: AGN Members
From: AGN Office
Date: 20 May 2024
Pages: 4 & 4 attachments

CIRCULAR 45 OF 2024 – AGN CROSS COUNTRY LEAGUE 4 (ALL AGES)

Dear AGN Members,

Athletics Gauteng North hosted a successful AGN Cross Country League 4 (all ages) at the Pretoria North High School on Saturday, 18 May 2024. Kindly find the results attached – for any enquiries kindly contact the AGN Cross Country Vice-Chairperson, Ms Hanlie Truter on prinses.hanlie@gmail.com.

The fourth AGN Cross Country League (all ages) will take place at Fleur Primary School in Pretoria on Saturday, 25 May 2024.

All entries must be done via the Google form link: <https://forms.gle/cX7hBp5hu2bVH8Pm9>

Please note that the closing date for pre-entries is on Thursday, 23 May 2024 at 18:00. Athletes will also be allowed to enter on the day of competition. The entry fees are payable at the venue, cash/card when you collect your race card or can be paid into the AGN bank account:

Bank: ABSA
Account no: 4080586137
Branch code: 630664
Reference: Athlete Name, Surname and XC League 4

NB: Please do not send your proof of payment (POP) to AGN. Kindly bring your POP to the venue. Displaying the POP on your cell phone will be acceptable.

The entry fee:

R30-00 per athlete

R10-00 per spectator

Limited parking will be available inside the school and at the Voetspore church at R20-00.

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphon Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

All athletes will be required to participate with an ASA 2024 permanent license number or purchase a temporary license number at the venue for R60.00 per license - Rule 25: License's [Refer WA Rule 143.7] Athletes are required to display License numbers in all competitions as specified in ASA rules 1.1(a) - (f).

Athletes are also required to wear age tags. If an athlete does not wear a age category tag that correspond to the age category they have entered, the athlete shall be measured under the Open/Senior category or can be disqualified.

Kindly read the AGN 2024 selection criteria and formalise yourself with the chances that were made.

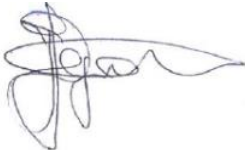
No iPods or other listening devices are permitted – contravention of WA rule 144.2b, may lead to disqualification.

Please note the revised results for League 1 and 2 will be available after Wednesday, 22 May 2024.

Kindly find the following documents attached:

1. Results – AGN Cross Country League 3
2. Program – AGN Cross Country League 4
3. Rout Map – AGN Cross Country League 4
4. AGN 2024 Cross Country Selection Criteria

Kind Regards



DURELL JEJANE
AGN: GENERAL MANAGER

Athletics
Gauteng North

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CROSS COUNTRY FIXTURES 2024 (Dated: 15 April 2024) Rev 5

MAY						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
1	WED	Workers Day	Workers Day			
4	SAT	League 1 (All ages)	Uitsig High School	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
10	FRI	League 2 (All ages)	Eldoraighe high School	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
18	SAT	League 3 (All ages)	Pretoria North High School (FPN)	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
25	SAT	League 4 (All ages)	Fleur Primary School	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
31	FRI	Cross Country Coaches Workshop	Zwartkop High School	AGN Office	012 327 4932	development@agn.co.za
JUNE						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
1	FRI	Cross Country Coaches Workshop	Zwartkop High School	AGN Office	012 327 4932	development@agn.co.za
9	SUN	COMRADES	KZN			
10	MON	Team Selection meeting for Inter Prov	Team Selection meeting for Inter Prov			
14	FRI	Schools Closing				
16	SUN	Youth Day				
16	MON	Public Holiday				
21	FRI	Announcement of Team for Inter Prov	Announcement of Team for Inter Prov			
22	SAT	League 5 (Juniors, Seniors & Masters)	Voortrekker Monument	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
JULY						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
6	SAT	League 6 (Juniors, Seniors & Masters)	Rooihuiskraal	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
9	TUES	Schools Opening				
11	THUR	League 7 Saulsville Development	TBC	AGN Office	012 327 4932	development@agn.co.za
12	FRI	League 8 (Primary Schools)	Rooihuiskraal Primary	Japie Venter	082 823 8019	japiej@gmail.com
13	SAT	League 9 (Juniors, Seniors & Masters)	Rooihuiskraal	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
16	TUES	League 10 Mamelodi Development	TBC	AGN Office	012 327 4932	development@agn.co.za
17	WED	League 11 (Secondary Schools)	Waterkloof High School	Alet Kieser	073 894 2929	alet.kieser@klofies.co.za

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18	THUR	League 12 Saulsville Development	TBC	AGN Office	012 327 4932	development@agn.co.za
19	FRI	League 13 (Primary Schools)	Queenswood Primary	Japie Venter	082 823 8019	japiejf@gmail.com
20	SAT	League 14 - Inter Provincial	Mpumalanga: Venue: TBC	AGN Office	012 327 4932	development@agn.co.za
23	TUES	League 15 Mamelodi Development	TBC	AGN Office	012 327 4932	development@agn.co.za
24	WED	League 16 (Secondary Schools)	Eldoraigne/Sutherland High Schools	Alet Kieser	073 894 2929	alet.kieser@klofies.co.za
25	THUR	League 17 Saulsville Development	TBC	AGN Office	012 327 4932	development@agn.co.za
26	FRI	League 18 (Primary Schools)	Visserhoek Primary	Japie Venter	082 823 8019	japiejf@gmail.com
27	SAT	League 19 (Juniors, Seniors & Masters)	The Reeds Parkrun Venue	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
30	TUES	League 20 Mamelodi Development	TBC	AGN Office	012 327 4932	development@agn.co.za
31	WED	League 21 (Secondary Schools)	Erasmus High School	Alet Kieser	073 894 2929	alet.kieser@klofies.co.za

AUGUST

DATE	EVENT	VENUE	ORGANIZER	CONTACT	EMAIL	
1	THUR	League 22 Saulsville Development	TBC	AGN Office	012 327 4932	development@agn.co.za
2	FRI	League 23 (Primary Schools)	Witpoort Primary	Japie Venter	082 823 8019	japiejf@gmail.com
3	SAT	Spar Women's Race	Tshwane			
6	TUES	League 24 Mamelodi Development	TBC	AGN Office	012 327 4932	development@agn.co.za
7	WED	League 25 (Secondary Schools)	Curro Hazeldean	Alet Kieser	073 894 2929	alet.kieser@klofies.co.za
9	FRI	Womens day	Womens day			
17	SAT	AGN Championships = <i>Cumpulsory</i>	Lavender Country Market - (Montana AC)	Buks Meyer	082 823 8883	buksmeyer@vodamail.co.za
21	WED	Team Selection meeting for SA Champs	Team Selection meeting for SA Champs			
24	SAT	Noordvaal CC Meeting	TBC	JJ Smith		
24	SAT	Super 12 Primary Schools	Voortrekker Monument	Zelda Sieberhagen		
26	MON	Announcement of Team for SA Champs	Announcement of Team for SA Champs			

SEPTEMBER

DATE	EVENT	VENUE	ORGANIZER	CONTACT	EMAIL	
7	SAT	SA Cross Country Championships	Athletics Vaal Triangle: Venue: TBC	ASA	012 327 4932	office@agn.co.za

Athletics

Category North

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