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PRETORIA WEST



**Athletics**  
Gauteng North

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To be the best athletics Province in South Africa

**Reference: AGN/Circular 53 of 2024**

To: AGN Members  
From: AGN Office  
Date: 12 June 2024  
Pages: 4 & 2 attachments

**CIRCULAR 53 OF 2024 – AGN CROSS COUNTRY LEAGUE 5**

Dear AGN Members,

The next AGN Cross Country league will take place on Saturday, 22 June 2024 at Voortrekker Monument. Kindly find the program for League 5 attached.

The league is for the following groups only:

1. Men and Women Under 20 and Under 23
2. Senior Men and Women
3. Masters Men and Women

All entries must be done via the Google form link: <https://forms.gle/cX7hBp5hu2bVH8Pm9>

Please note that the closing date for pre-entries is on Thursday, 20 June 2024 at 18:00. Athletes will also be allowed to enter on the day of competition. The entry fees are payable at the venue, cash/card when you collect your race card or can be paid into the AGN bank account:

Bank: ABSA  
Account no: 4080586137  
Branch code: 630664  
Reference: Athlete Name, Surname and XC League 5

The entry fee:  
R30-00 per athlete  
R10-00 per spectator

Athletes must compete with their 2024 Permanent license or with a temporary license that will be available to purchase at the event for R60-00 per license.

**NB: Please do not send your proof of payment (POP) to AGN. Kindly bring your POP to the venue. Displaying the POP on your cell phone will be acceptable.**

**Board Members:**

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphoshe Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

The leagues for the schools will start on the 11<sup>th</sup> of July with the development schools, on the 12<sup>th</sup> July 2024 with the primary and for the secondary schools on 17<sup>th</sup> July 2024.

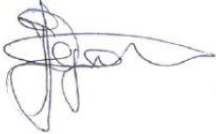
The Team Selection Meeting for the AGN team who will be participating at the Inter Provincial, took place on 10 June 2024 and the team will be announced on the Friday, 21 June 2024.

The Inter Provincial will be on 20<sup>th</sup> July 2024 at the Kees Taljaard Stadium in Middelburg, Mpumalanga.

NO athlete will be allowed to run in the AGN Cross Country Races without an ASA permanent or temporary license number. 25 Rule 25: License's [Refer WA Rule 143.7] Athletes are required to display Licence numbers in all competitions as specified in ASA rules 1.1(a) - (f)

Kindly read the AGN 2024 selection criteria and formalize yourself with the chances that were made.

Kind Regards



**DURELL JEJANE**  
**AGN: GENERAL MANAGER**



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## CROSS COUNTRY FIXTURES 2024 (Dated: 15 April 2024) Rev 5

JUNE						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
21	FRI	Anouncement of Team for Inter Prov	Anouncement of Team for Inter Prov			
22	SAT	League 5 (Juniors, Seniors & Masters)	Voortrekker Monument	Buks Meyer	082 823 8883	<a href="mailto:buksmeyer@vodamail.co.za">buksmeyer@vodamail.co.za</a>
JULY						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
6	SAT	League 6 (Juniors, Seniors & Masters)	Rooihuiskraal	Buks Meyer	082 823 8883	<a href="mailto:buksmeyer@vodamail.co.za">buksmeyer@vodamail.co.za</a>
9	TUES	Schools Opening				
11	THUR	League 7 Saulsville Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
12	FRI	League 8 (Primary Schools)	Rooihuiskraal Primary	Japie Venter	082 823 8019	<a href="mailto:japiejf@gmail.com">japiejf@gmail.com</a>
13	SAT	League 9 (Juniors, Seniors & Masters)	Rooihuiskraal	Buks Meyer	082 823 8883	<a href="mailto:buksmeyer@vodamail.co.za">buksmeyer@vodamail.co.za</a>
16	TUES	League 10 Mamelodi Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
17	WED	League 11 (Secondary Schools)	Waterkloof High School	Alet Kieser	073 894 2929	<a href="mailto:alet.kieser@klofies.co.za">alet.kieser@klofies.co.za</a>
18	THUR	League 12 Saulsville Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
19	FRI	League 13 (Primary Schools)	Queenswood Primary	Japie Venter	082 823 8019	<a href="mailto:japiejf@gmail.com">japiejf@gmail.com</a>
20	SAT	League 14 - Inter Provincial	Mpumalanga: Venue: TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
23	TUES	League 15 Mamelodi Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
24	WED	League 16 (Secondary Schools)	Eldoraigne/Sutherland High Schools	Alet Kieser	073 894 2929	<a href="mailto:alet.kieser@klofies.co.za">alet.kieser@klofies.co.za</a>
25	THUR	League 17 Saulsville Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
26	FRI	League 18 (Primary Schools)	Vissershoek Primary	Japie Venter	082 823 8019	<a href="mailto:japiejf@gmail.com">japiejf@gmail.com</a>
27	SAT	League 19 (Juniors, Seniors & Masters)	The Reeds Parkrun Venue	Buks Meyer	082 823 8883	<a href="mailto:buksmeyer@vodamail.co.za">buksmeyer@vodamail.co.za</a>
30	TUES	League 20 Mamelodi Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
31	WED	League 21 (Secondary Schools)	Erasmus High School	Alet Kieser	073 894 2929	<a href="mailto:alet.kieser@klofies.co.za">alet.kieser@klofies.co.za</a>
AUGUST						
DATE	EVENT		VENUE	ORGANIZER	CONTACT	EMAIL
1	THUR	League 22 Saulsville Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
2	FRI	League 23 (Primary Schools)	Witpoort Primary	Japie Venter	082 823 8019	<a href="mailto:japiejf@gmail.com">japiejf@gmail.com</a>

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3	SAT	Spar Women's Race	Tshwane			
6	TUES	League 24 Mamelodi Development	TBC	AGN Office	012 327 4932	<a href="mailto:development@agn.co.za">development@agn.co.za</a>
7	WED	League 25 (Secondary Schools)	Curro Hazeldean	Alet Kieser	073 894 2929	<a href="mailto:alet.kieser@klofies.co.za">alet.kieser@klofies.co.za</a>
9	FRI	Womens day	Womens day			
17	SAT	AGN Championships = <i>Cumpulsory</i>	Lavender Country Market - (Montana AC)	Buks Meyer	082 823 8883	<a href="mailto:buksmeyer@vodamail.co.za">buksmeyer@vodamail.co.za</a>
21	WED	Team Selection meeting for SA Champs	Team Selection meeting for SA Champs			
24	SAT	Noordvaal CC Meeting	TBC	JJ Smith		
24	SAT	Super 12 Primary Schools	Voortrekker Monument	Zelda Sieberhagen		
26	MON	Anouncement of Team for SA Champs	Anouncement of Team for SA Champs			
SEPTEMBER						
DATE		EVENT	VENUE	ORGANIZER	CONTACT	EMAIL
7	SAT	SA Cross Country Championships	Athletics Vaal Triangle: Venue: TBC	ASA	012 327 4932	<a href="mailto:office@agn.co.za">office@agn.co.za</a>

# Athletics

Orangeburg North

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