

PO Box 3237, PRETORIA, 0001
Pilditch Stadium
Cnr Maltzan & Church Streets
PRETORIA WEST



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To be the best athletics Province in South Africa

Reference: AGN/Circular 24 of 2026

To: AGN Members
From: AGN Office
Date: 23 March 2026
Pages: 15 + 1 attachment

**CIRCULAR 24 OF AGN 2026 – AGN FINAL PROVISIONAL TEAM TO ASA AGE GROUPS CHAMPIONSHIPS
+ U23 AND RELAYS + MULTI EVENTS**

Dear AGN Members,

Kindly find attached the provisional AGN team that will be participating in the ASA Age Group Championships
+ U/23 + Relays + Multi Events scheduled to take place at Germiston Stadium from 26 – 28 March 2026.
Kindly find attached ASA age groups championships + U23 and relays + Multi events programme version 3

LOGISTICS – TRANSPORT:

Please note that no accommodation will be provided but transport will be available daily from Pilditch Stadium and TUKS HPC to Germiston Stadium and back.

Departure time will be shared shortly

ATTIRE:

Athletes selected for the AGN team are required to wear Athletics Gauteng North Provincial attire.
Attire can be obtained from XCO Sport:

Tel: 086 192 6776

Email: info@xco.co.za

Address: Route 21 Corporate Park, 101 Sovereign Drive,

Irene Kind regards

(not signed due to electronic sending)

HAROLD MAKOLA - ATHLETICS GAUTENG NORTH: Development Officer

Email: development@agn.co.za

**Athletics
Gauteng North**

Board Members:

John Mathane (President) Fundiswa Hlobo (Vice President) Sipho Shawe (Chair Track & Field) Enoch Skosana (Chair Road Running) Chris Britz (Chair Race Walking) Hanlie Truter (Chair Cross Country) Catherine Skosana (Chair Athletes) Corrie Fourie (Additional) Adv. James Matshekga (Additional) Pieter de Jager (Additional) Victor Ramavhale (Additional) Jazz



2026 AGN PROVISIONAL TEAM TO ASA AGE GROUPS CHAMPIONSHIPS + U23 AND RELAYS + MULTI EVENTS

No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
1	Abbi	Prinsloo	U16 (2011 & 2012)	Female	Short Hurdles	no event	no event
2	Abbigail	Lloyd	U20 (2007 & 2008)	Female	High jump	no event	no event
3	Abella	Kleyhans	U16 (2011 & 2012)	Female	Javelin	no event	no event
4	Abigail	Gerber	U16 (2011 & 2012)	Female	Pentathlon	no event	no event
5	Aden	Jansen van Rensburg	U16 (2011 & 2012)	Male	Javelin	no event	no event
6	Adriaan	Hugo	U16 (2011 & 2012)	Male	800m	3000m	no event
7	Adriaan	Pieters	U16 (2011 & 2012)	Male	Javelin	no event	no event
8	Afika	Chauke	U23 (2004 – 2006)	Male	Long jump	no event	no event
9	Aimee	Jones	U18 (2009 & 2010)	Female	3000m	no event	no event
10	Aldi	du Plooy	U16 (2011 & 2012)	Female	High jump	no event	no event
11	Alexander	Jordaan	U20 (2007 & 2008)	Male	3000m	no event	no event
12	Alexander	Strydom	U16 (2011 & 2012)	Male	Discus	no event	no event
13	Allene	Theunissen	U18 (2009 & 2010)	Female	Javelin	no event	no event
14	Alro	Rossouw	U16 (2011 & 2012)	Male	Pentathlon	no event	no event
15	Amelia	Oosthuizen	U16 (2011 & 2012)	Female	3000m	1500mSteepleChase	no event
16	Amelie	Grobbelaar	U16 (2011 & 2012)	Female	Short Hurdles	no event	no event
17	Amelie	Bodenstein	U18 (2009 & 2010)	Female	Javelin	no event	no event
18	Amogelang	Shabalala	U23 (2004 - 2006)	Female	5000m	no event	no event
19	Amogelang	Msiza	U18 (2009 & 2010)	Male	100m	200m	no event
20	Amogelang	Motlatle	U20 (2007 & 2008)	Female	100m	Short Hurdles	no event
21	Amukelani	Manyike	U16 (2011 & 2012)	Female	100m	200m	no event
22	Amy-Isabella	Nel	U18 (2009 & 2010)	Female	Shotput	Discus	no event
23	Amy-Jane	de Villiers	U20 (2007 & 2008)	Female	200m	100m	no event
24	Andiswa	Khumalo	U23 (2004 - 2006)	Female	10000mWalk	no event	no event
25	Andre	Pretorius	U18 (2009 & 2010)	Male	Javelin	no event	no event
26	Andzani	Baloyi	U16 (2011 & 2012)	Male	400m	Long Hurdles	no event
27	Ané	Pretorius	U18 (2009 & 2010)	Female	400m	200m	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
28	Angel	Baloyi	U20 (2007 & 2008)	Female	800m	1500m	no event
29	Angelique	Field	U18 (2009 & 2010)	Female	High jump	no event	no event
30	Anika	Du Toit	U16 (2011 & 2012)	Female	3000m	no event	no event
31	Anika	Williams	U23 (2004 - 2006)	Female	Long Hurdles	no event	no event
32	Anina	Odendaal	U16 (2011 & 2012)	Female	Javelin	no event	no event
33	Anje	Potgieter	U16 (2011 & 2012)	Female	800m		no event
34	Anke	Bornman	U20 (2007 & 2008)	Female	Short Hurdles	no event	no event
35	Anneke	Steynberg	U18 (2009 & 2010)	Female	2000mSteepleChase	no event	no event
36	Annerike	Heyneke	U18 (2009 & 2010)	Female	800m	no event	no event
37	Annestaysha	George	U23 (2004 - 2006)	Female	100m	200m	no event
38	Anoxolo	Mcetywa	U20 (2007 & 2008)	Female	1500m	3000m	no event
39	Anri	Pretorius	U18 (2009 & 2010)	Female	Long jump	no event	no event
40	Anri	Bisschoff	U18 (2009 & 2010)	Female	Heptathlon	no event	no event
41	Ashlynn	Nel	U20 (2007 & 2008)	Female	Shotput	Discus	no event
42	Asikelela	Poni	U18 (2009 & 2010)	Female	1500m	3000m	no event
43	Atlegang	Mokhobo	U16 (2011 & 2012)	Male	1500m	3000m	no event
44	Aurora	Sauls	U16 (2011 & 2012)	Female	800m	no event	no event
45	Avah	Du Plessis	U16 (2011 & 2012)	Female	Discus	Pentathlon	no event
46	Banie	Claasen	U16 (2011 & 2012)	Male	1500mSteepleChase	no event	no event
47	Basie	Kromhout	U18 (2009 & 2010)	Male	Long Hurdles	no event	no event
48	Bianca	Gouws	U18 (2009 & 2010)	Female	400m	no event	no event
49	Bianca	Bre	U18 (2009 & 2010)	Female	Long jump	no event	no event
50	Blessing	Igwebuik	U23 (2004 – 2006)	Female	100m	200m	no event
51	Boitumelo	Morudu	U18 (2009 & 2010)	Female	2000mSteepleChase	no event	no event
52	Bokamoso	Shabangu	U23 (2004 - 2006)	Male	100m	no event	no event
53	Bokang	Manamela	U18 (2009 & 2010)	Female	5000mWalk	no event	no event
54	Bontle	Ngwenya	U16 (2011 & 2012)	Female	1500m	no event	no event
55	Bradley	Chikane	U18 (2009 & 2010)	Male	2000mSteepleChase	no event	no event
56	Brandon	Joubert	U23 (2004 – 2006)	Male	800m	no event	no event
57	Breché	Van Der Walt	U16 (2011 & 2012)	Female	3000m	no event	no event
58	Buhle	Pienaar	U20 (2007 & 2008)	Female	100m	200m	no event
59	Bulela	Mganu	U18 (2009 & 2010)	Male	3000m	2000mSteepleChase	no event
60	Busisiwe	Magwaza	U16 (2011 & 2012)	Female	100m	200m	no event
61	Cade	Louw	U16 (2011 & 2012)	Male	Short Hurdles	Long Hurdles	no event
62	Callum	Wessels	U18 (2009 & 2010)	Male	Decathlon	no event	no event
63	Camara	Binto	U16 (2011 & 2012)	Female	100m	200m	no event
64	Cara	Louw	U23 (2004 - 2006)	Female	Javelin	no event	no event
65	Carise	Van Rooyen	U20 (2007 & 2008)	Female	800m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
66	Carmia	Van Tonder	U16 (2011 & 2012)	Female	Shotput	Discus	no event
67	Caylyn	van Vinkenroye	U16 (2011 & 2012)	Female	Long Hurdles	no event	no event
68	Chaliz	Welgemoed	U23 (2004 - 2006)	Female	Javelin	no event	no event
69	Chanel	Groenewald	U18 (2009 & 2010)	Female	3000m	no event	no event
70	Chanene	Barnard	U16 (2011 & 2012)	Female	800m	1500m	no event
71	Chante	Du Plooy	U18 (2009 & 2010)	Female	Long jump	no event	no event
72	Charl	Kortman	U16 (2011 & 2012)	Male	Shotput	Javelin	no event
73	Charne	Wansbury	U23 (2004 - 2006)	Female	100m	200m	no event
74	Chirste	Loedolff	U20 (2007 & 2008)	Female	Discus	no event	no event
75	Chris	Swanepoel	U20 (2007 & 2008)	Male	Hammer	no event	no event
76	Christi	Loggenberg	U18 (2009 & 2010)	Female	400m	Long Hurdles	no event
77	Christiaan	Brits	U18 (2009 & 2010)	Male	800m	no event	no event
78	Christiaan	Franken	U20 (2007 & 2008)	Male	800m	no event	no event
79	Christian	Groot	U16 (2011 & 2012)	Male	Pentathlon	no event	no event
80	Chrystabel	Davis	U20 (2007 & 2008)	Female	100m	Triple jump	no event
81	Cindy Isabella	Strydom	U20 (2007 & 2008)	Female	High jump	no event	no event
82	Clarabelle	Haasbroek	U18 (2009 & 2010)	Female	2000mSteepleChase	no event	no event
83	Cleaddon	Van Rooyen	U16 (2011 & 2012)	Female	Javelin	no event	no event
84	Cody	Ben	U16 (2011 & 2012)	Male	100m	200m	no event
85	Colene	Scheepers	U23 (2004 - 2006)	Female	200m	400m	no event
86	Costodio	Muvale	U16 (2011 & 2012)	Male	5000mWalk	no event	no event
87	Danica	Labuschagne	U18 (2009 & 2010)	Female	Discus	no event	no event
88	Daniel	Richter	U20 (2007 & 2008)	Male	800m	no event	no event
89	Daniel Albert	Koen	U18 (2009 & 2010)	Male	Javelin	no event	no event
90	Daniella	Fourie	U18 (2009 & 2010)	Female	Shotput	Discus	no event
91	Danika	Vermeulen	U20 (2007 & 2008)	Female	1500m	no event	no event
92	Dawson	Sambo	U18 (2009 & 2010)	Male	800m	no event	no event
93	Dean	Fourie	U20 (2007 & 2008)	Male	1500m	3000mSteepleChase	no event
94	Demi	Els	U16 (2011 & 2012)	Female	Long jump	no event	no event
95	Dene	van der Merwe	U18 (2009 & 2010)	Female	100m	200m	no event
96	Dewald Benjamin	Bezuidenhout	U20 (2007 & 2008)	Male	Shotput	no event	no event
97	Dewaldt	Roodt	U18 (2009 & 2010)	Male	Shotput	Discus	no event
98	Dian	Blignaut	U16 (2011 & 2012)	Male	Short Hurdles	no event	no event
99	Dimakatjo	Ngwatla	U16 (2011 & 2012)	Female	5000mWalk	no event	no event
100	Dimar	Van der Linde	U23 (2004 - 2006)	Male	discus	Short Hurdles	no event
101	Diphetogo	Semenya	U18 (2009 & 2010)	Female	800m	1500m	no event
102	Dirk	Coetzee	U20 (2007 & 2008)	Male	Pole Vault	Decathlon	no event
103	Divan	Vlok	U23 (2004 - 2006)	Male	400m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
104	DIVAN	BOTHA	U18 (2009 & 2010)	Male	Shotput	Discus	no event
105	Drian	Du Toit	U18 (2009 & 2010)	Male	Triple jump	no event	no event
106	Dune	Snyman	U16 (2011 & 2012)	Female	Discus	no event	no event
107	Elandri	Coetzee	U18 (2009 & 2010)	Female	1500m	3000m	no event
108	Elihle	Shezi	U18 (2009 & 2010)	Female	5000mWalk	no event	no event
109	ELISCA	LOTZ	U20 (2007 & 2008)	Female	800m	no event	no event
110	Elizma	Le Roux	U20 (2007 & 2008)	Female	3000m	3000mSteepleChase	no event
111	Elle	Gouws	U18 (2009 & 2010)	Female	400m		
112	Elri	Dirkse van Schalkwyk	U20 (2007 & 2008)	Female	1500m	3000m	no event
113	Elsje	Coetsee	U18 (2009 & 2010)	Female	Shotput	Discus	no event
114	Emil	Els	U18 (2009 & 2010)	Male	800m	1500m	no event
115	Emile	Blanche	U18 (2009 & 2010)	Male	800m	1500m	no event
116	Emke	Pretorius	U23 (2004 - 2006)	Female	100m	200m	no event
117	Emma-Lee	Van Der Westhuyzen	U18 (2009 & 2010)	Female	100m	200m	no event
118	Esethu	Madlala	U20 (2007 & 2008)	Male	100m	no event	no event
119	Esona	Kuse	U16 (2011 & 2012)	Female	100m	no event	no event
120	Estiaan	Scheepers	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
121	Ethan	Goertz	U16 (2011 & 2012)	Male	400m	no event	no event
122	Ethan	Minnaar	U20 (2007 & 2008)	Male	400m	no event	no event
123	Ewan	Coetzer	U16 (2011 & 2012)	Male	1500m	no event	no event
124	Ewan	Lourens	U20 (2007 & 2008)	Male	3000mSteepleChase	no event	no event
125	Fortune	Cletus-Okolo	U20 (2007 & 2008)	Female	Shotput	Discus	no event
126	Francios	Fourie	U20 (2007 & 2008)	Male	Javelin	no event	no event
127	Franco	Hugo	U18 (2009 & 2010)	Male	Long jump	no event	no event
128	Franco	Hattingh	U20 (2007 & 2008)	Male	400m	Long Hurdles	no event
129	Franco	Pienaar	U23 (2004 - 2006)	Male	200m	no event	no event
130	Franco	Fernandez	U18 (2009 & 2010)	Male	2000mSteepleChase	no event	no event
131	Frederick Petrus	Senekal	U20 (2007 & 2008)	Male	Discus	Shot Put	no event
132	Fundiswa	Makhanya	U18 (2009 & 2010)	Female	100m	no event	no event
133	Gaopaleloe	Sesinye	U16 (2011 & 2012)	Female	3000m	no event	no event
134	Genell	Roode	U16 (2011 & 2012)	Female	400m		no event
135	Gert-Hendrik	Grobler	U23 (2004 - 2006)	Male	Long Hurdles	no event	no event
136	Gibbor	Basila	U20 (2007 & 2008)	Male	Triple jump	no event	no event
137	Handre	Coetzee	U20 (2007 & 2008)	Male	Hammer	no event	no event
138	Hannah	Van Niekerk	U23 (2004 - 2006)	Female	400m	Long Hurdles	
139	Hannah	Plews	U20 (2007 & 2008)	Female	Heptathlon	no event	no event
140	Hannah Hope	Vermaak	U20 (2007 & 2008)	Female	200m	100m	no event
141	Hannes	Stander	U20 (2007 & 2008)	Male	Triple jump	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
142	Hanno	Bester	U18 (2009 & 2010)	Male	1500m	no event	no event
143	Hanno	De Klerk	U20 (2007 & 2008)	Male	Triple jump	no event	no event
144	Hanru	Herbst	U18 (2009 & 2010)	Male	Decathlon	no event	no event
145	Harrietta	Phaka	U20 (2007 & 2008)	Female	5000m	no event	no event
146	Heike	De Klerk	U20 (2007 & 2008)	Female	Triple jump	Long jump	
147	Heinrich	Weiss	U16 (2011 & 2012)	Male	Javelin	no event	no event
148	Hendrik Petrus	Van Tonder	U18 (2009 & 2010)	Male	discus	Shot Put	no event
149	Hendro	Schoeman	U16 (2011 & 2012)	Male	400m	no event	no event
150	Henre	Lombaard	U16 (2011 & 2012)	Male	Javelin	no event	no event
151	Hlulani	Nhlaniki	U23 (2004 - 2006)	Male	Triple jump	no event	no event
152	Hlumisa	Ketwana	U18 (2009 & 2010)	Female	400m	800m	no event
153	Homolemo	Madonsela	U23 (2004 - 2006)	Male	1500m	no event	no event
154	Ian	van Heerden	U23 (2004 - 2006)	Male	800m	no event	no event
155	Iminathi	Boltin	U16 (2011 & 2012)	Female	1500m	3000m	no event
156	Inam	Dlunge	U20 (2007 & 2008)	Male	200m	no event	no event
157	Indiphile	Myeki	U16 (2011 & 2012)	Male	3000m	no event	no event
158	Isabella	Van der Merwe	U18 (2009 & 2010)	Female	2000mSteepleChase	no event	no event
159	Isabella	Gunter	U18 (2009 & 2010)	Female	200m	400m	no event
160	Ithuteng	Khiba	U18 (2009 & 2010)	Female	1500m	3000m	no event
161	Itumeleng	Motlhajwa	U18 (2009 & 2010)	Male	800m	no event	no event
162	Ivanke	Hanekom	U16 (2011 & 2012)	Female	Shotput	Discus	no event
163	Izel	de Beer	U20 (2007 & 2008)	Female	400m	no event	no event
164	Jaco	van Dyk	U20 (2007 & 2008)	Male	Shotput	no event	no event
165	Jaden	de Wet	U23 (2004 - 2006)	Male	800m	no event	no event
166	Jaime Mae	Mans	U18 (2009 & 2010)	Female	Heptathlon	no event	no event
167	Jana	de Jager	U16 (2011 & 2012)	Female	1500m	3000m	no event
168	Jana	van Schalkwyk	U18 (2009 & 2010)	Female	1500m	no event	no event
169	Jané	Male	U20 (2007 & 2008)	Female	3000mSteepleChase	no event	no event
170	Janelle	Kirkpatrick	U18 (2009 & 2010)	Female	Short Hurdles	Long Hurdles	no event
171	Jano	Robberts	U18 (2009 & 2010)	Male	200m	no event	no event
172	Janru	Pretorius	U18 (2009 & 2010)	Male	Short Hurdles	no event	no event
173	Jasmine	Collett	U20 (2007 & 2008)	Female	400m	Long Hurdles	no event
174	Jean	van den Berg	U20 (2007 & 2008)	Male	Pole Vault	Decathlon	no event
175	Jean	De villiers	U16 (2011 & 2012)	Male	Long jump	Pentathlon	no event
176	Jean-Jaques	Ellis	U18 (2009 & 2010)	Male	Long jump	no event	no event
177	Jeandre	Jacobs	U20 (2007 & 2008)	Female	Shotput	Hammer	
178	Jeandré	Visagie	U18 (2009 & 2010)	Male	1500m	3000m	no event
179	Jecoliah	Ndlovu	U16 (2011 & 2012)	Female	Long jump	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
180	Jehoshaphat	Motlounge	U20 (2007 & 2008)	Male	400m	no event	no event
181	Jenevieve	Oosthuysen	U18 (2009 & 2010)	Female	Javelin	no event	no event
182	Jenni	Greyling	U16 (2011 & 2012)	Female	High jump	no event	no event
183	Jesse	Strachan	U18 (2009 & 2010)	Male	400m	no event	no event
184	Jessica	Nel	U16 (2011 & 2012)	Female	Shotput	no event	no event
185	Jessica	Maritz	U20 (2007 & 2008)	Female	High jump	no event	no event
186	JM	Maritz	U20 (2007 & 2008)	Male	3000m	no event	no event
187	Joel	Donkin	U23 (2004 - 2006)	Male	Decathlon	no event	no event
188	Johan	Swiegers	U18 (2009 & 2010)	Male	Javelin	no event	no event
189	Johann	Roelofse	U23 (2004 - 2006)	Male	5000m	no event	no event
190	Johanne	Lamprecht	U20 (2007 & 2008)	Female	Shotput	Discus	no event
191	John-Hunter	le Roux	U23 (2004 - 2006)	Male	Decathlon	no event	no event
192	Jonathan	Gauld	U23 (2004 - 2006)	Male	1500m	no event	no event
193	Jordan	Roos	U16 (2011 & 2012)	Male	High jump	no event	no event
194	Jordan	Meyer	U20 (2007 & 2008)	Male	Shotput	no event	no event
195	Joshua	Gerber	U20 (2007 & 2008)	Male	Discus	no event	no event
196	Joshua	Schoeman	U16 (2011 & 2012)	Male	Long Hurdles	no event	no event
197	Joshua	Young	U20 (2007 & 2008)	Male	800m	no event	no event
198	JP	Delpont	U20 (2007 & 2008)	Male	1500m	3000m	no event
199	JP	Botha	U20 (2007 & 2008)	Male	Hammer	no event	no event
200	Ju-Andru	Prinsloo	U20 (2007 & 2008)	Male	Decathlon	no event	no event
201	Juan	Maasdorp	U16 (2011 & 2012)	Male	100m	Short Hurdles	no event
202	Juandr�	Schutte	U18 (2009 & 2010)	Male	Javelin	no event	no event
203	Juandre	Lira	U23 (2004 - 2006)	Male	Shotput	no event	no event
204	Juan�	Coetzee	U18 (2009 & 2010)	Female	Hammer	no event	no event
205	Junior	Sekhwela	U18 (2009 & 2010)	Male	Long jump	no event	no event
206	Junior	Mukwevho	U23 (2004 - 2006)	Male	3000mSteepleChase	no event	no event
207	Kabelo	Mnisi	U18 (2009 & 2010)	Male	100m	Long jump	no event
208	Kagisho	Tshesebe	U18 (2009 & 2010)	Male	Short Hurdles	Long Hurdles	no event
209	Kaitlyn	van Rooyen	U20 (2007 & 2008)	Female	800m	no event	no event
210	Kamogelo	Legodi	U16 (2011 & 2012)	Female	400m	800m	no event
211	Kamogelo	Manganye	U18 (2009 & 2010)	Female	1500m	2000mSteepleChase	no event
212	Kamogelo	Lethabane	U20 (2007 & 2008)	Female	3000mSteepleChase	no event	no event
213	Kananelo	Makole	U16 (2011 & 2012)	Male	800m	1500m	no event
214	Karabo	Sephiri	U18 (2009 & 2010)	Male	High jump	no event	no event
215	Karla	Bouwer	U18 (2009 & 2010)	Female	Long Hurdles	no event	no event
216	Katelyn	Kotze	U18 (2009 & 2010)	Female	Long jump	no event	no event
217	Katlego	Shongwe	U16 (2011 & 2012)	Male	1500m	3000m	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
218	Kayla	Schröder	U20 (2007 & 2008)	Female	3000m	no event	no event
219	Kaylen	Mayers	U16 (2011 & 2012)	Female	400m	no event	no event
220	Kaylin	Achurch	U20 (2007 & 2008)	Female	200m	400m	no event
221	Keamogetswe	Monyeki	U20 (2007 & 2008)	Male	Long jump	no event	no event
222	Keith	Smit	U16 (2011 & 2012)	Male	Pentathlon	no event	no event
223	Keletlilwe	Legotlo	U18 (2009 & 2010)	Male	5000mWalk	no event	no event
224	Keneilwe	Mawela	U23 (2004 - 2006)	Female	800m	no event	no event
225	Keriana	Govender	U16 (2011 & 2012)	Female	100m	200m	no event
226	Kgaogelo	Ngwatla	U18 (2009 & 2010)	Male	5000mWalk	no event	no event
227	Kgethego	Matlou	U20 (2007 & 2008)	Male	800m	1500m	no event
228	Kgomotso	Pholoanyane	U16 (2011 & 2012)	Female	1500m	no event	no event
229	Kgothatso	Galane	U18 (2009 & 2010)	Male	High jump	no event	no event
230	Kgotso	Nkosi	U18 (2009 & 2010)	Male	5000mWalk	no event	no event
231	Kiara	Grobelaar	U18 (2009 & 2010)	Female	Triple jump	no event	no event
232	KIARAH	DELL	U18 (2009 & 2010)	Female	Short Hurdles	no event	no event
233	Klara	Pretorius	U23 (2004 - 2006)	Female	100m	Short Hurdles	no event
234	Koketso	Gaborone	U23 (2004 - 2006)	Male	5000m	no event	no event
235	Kutlwano	Kobeli	U16 (2011 & 2012)	Male	800m	1500mSteepleChase	no event
236	Kwena	Mojapelo	U18 (2009 & 2010)	Male	100m		
237	Lana	Oberholzer	U23 (2004 - 2006)	Female	Short Hurdles	no event	no event
238	Lara	Steyn	U16 (2011 & 2012)	Female	Long Hurdles	Long jump	no event
239	Lara	Van der Poll	U18 (2009 & 2010)	Female	Short Hurdles	no event	no event
240	Lara	Van der Merwe	U20 (2007 & 2008)	Female	1500m	3000m	no event
241	Lara Thene	De Klerk	U16 (2011 & 2012)	female	Discus	Javelin	no event
242	Leandri	Pretorius	U18 (2009 & 2010)	Female	1500m	3000m	no event
243	Leandri	van der Westhuizen	U20 (2007 & 2008)	Female	High jump	no event	no event
244	Leandro	Delpont	U20 (2007 & 2008)	Male	100m	Long jump	no event
245	Lebohang	Madikane	U18 (2009 & 2010)	Female	800m	no event	no event
246	Lee	Nyathi	U20 (2007 & 2008)	Female	5000mWalk	no event	no event
247	Lee-Hané	Mienie	U16 (2011 & 2012)	Female	1500mSteepleChase	no event	no event
248	Leema	Maruma	U20 (2007 & 2008)	Male	200m	400m	no event
249	Leepo	Pholo	U16 (2011 & 2012)	Male	5000mWalk	no event	no event
250	Lefa	Lebotsa	U18 (2009 & 2010)	Male	2000mSteepleChase	no event	no event
251	Lehakwe	Holomo	U18 (2009 & 2010)	Male	100m	no event	no event
252	Lehumo	Mabasa	U16 (2011 & 2012)	Male	5000mWalk	no event	no event
253	Leila	De Klerk	U18 (2009 & 2010)	Female	800m	no event	no event
254	Leila	Grobler	U20 (2007 & 2008)	Female	Short Hurdles	no event	no event
255	Lena	Mabena	U23 (2004 - 2006)	Female	5000m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
256	Leo	Wybenga	U16 (2011 & 2012)	Male	1500mSteepleChase	no event	no event
257	Leon	Stoltz	U20 (2007 & 2008)	Male	3000mSteepleChase	no event	no event
258	Lesedi	Phomodi	U18 (2009 & 2010)	Female	400m	no event	no event
259	Lesedi	Mokoena	U18 (2009 & 2010)	Male	3000m	no event	no event
260	Lesibe Dikgale	Dikgale	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
261	Lethabo	Maloma	U20 (2007 & 2008)	Male	100m	no event	no event
262	Lethabo	Matseke	U18 (2009 & 2010)	Male	1500m	2000mSteepleChase	no event
263	Lethobisa	Masebe	U16 (2011 & 2012)	Male	800m	no event	no event
264	Li-May	Swanepoel	U16 (2011 & 2012)	Female	400m	Long Hurdles	no event
265	Liandi	Stander	U18 (2009 & 2010)	Female	Triple jump	no event	no event
266	Lienke	van Reeuyk	U16 (2011 & 2012)	Female	Pentathlon	no event	no event
267	Lilly	Van Aswegen	U16 (2011 & 2012)	Female	Short Hurdles	Long Hurdles	no event
268	Lindsay	Heyns	U16 (2011 & 2012)	Female	Short Hurdles	no event	no event
269	Liney Sharika	Pretorius	U20 (2007 & 2008)	Female	5000m	no event	no event
270	Linmari	Kirkpatrick	U16 (2011 & 2012)	Female	400m	Long Hurdles	no event
271	Lisa	Du Plessis	U18 (2009 & 2010)	Female	High jump	no event	no event
272	Lisa	Pretorius	U20 (2007 & 2008)	Female	200m	no event	no event
273	Lise-Marie	Jansen van Rensburg	U16 (2011 & 2012)	Female	800m	no event	no event
274	Liyema	Sintu	U16 (2011 & 2012)	Male	Short Hurdles	Long Hurdles	no event
275	Llewellyn	Van Heerden	U18 (2009 & 2010)	Male	200m	400m	no event
276	Logan	De Jager	U16 (2011 & 2012)	Male	Shotput	no event	no event
277	Lohan	De Lange	U18 (2009 & 2010)	Male	Javelin	no event	no event
278	Lomile	Mofokeng	U16 (2011 & 2012)	Female	100m	200m	no event
279	Lonwabo	Mjekula	U18 (2009 & 2010)	Male	100m	no event	no event
280	Lourens	Erasmus	U23 (2004 - 2006)	Male	Discus	no event	no event
281	Luan	de Villiers	U20 (2007 & 2008)	Male	800m	1500m	no event
282	Luan	Boshoff	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
283	Luan	Visser	U18 (2009 & 2010)	Male	Short Hurdles	no event	no event
284	Luca	de Waal	U20 (2007 & 2008)	Female	3000m	5000m	
285	Lucan	Kotze	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
286	Lucriesh	Dingaan	U16 (2011 & 2012)	Female	1500m	no event	no event
287	Lufhuno	Makhuvha	U23 (2004 - 2006)	Female	3000m	3000mSteepleChase	no event
288	Lufuno	Nemakonde	U16 (2011 & 2012)	Male	100m	200m	no event
289	Lunathi	Nyama	U18 (2009 & 2010)	Male	3000m	no event	no event
290	Luyanda	Mbatha	U16 (2011 & 2012)	Female	High jump	no event	no event
291	Lwandle	Kolobe	U18 (2009 & 2010)	Male	200m	400m	no event
292	Lyla	Titus	U16 (2011 & 2012)	Female	100m	200m	no event
293	Lyla	Robinson	U18 (2009 & 2010)	Female	High jump	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
294	Madison	Pretorius	U16 (2011 & 2012)	Female	Long jump	Triple jump	no event
295	Maïke	Richelmann	U16 (2011 & 2012)	Female	High jump	no event	no event
296	Makgado	Matsiditso	U20 (2007 & 2008)	Female	Long jump	no event	no event
297	Malisha	Scholtz	U16 (2011 & 2012)	Female	High jump	no event	no event
298	Mamello	Kgole	U20 (2007 & 2008)	Female	5000mWalk	no event	no event
299	Manavhela	Mukona	U20 (2007 & 2008)	Male	100m	no event	no event
300	Mantle	Tsehlana	U16 (2011 & 2012)	Male	800m	1500m	no event
301	Marcel	Brits	U20 (2007 & 2008)	Male	800m	1500m	no event
302	Marcus	Van der Walt	U23 (2004 - 2006)	Male	400m	no event	no event
303	Markus	Coetzee	U16 (2011 & 2012)	Male	Shotput	Hammer	no event
304	Markus	Espag	U20 (2007 & 2008)	Male	400m	no event	no event
305	Marlene	Groenewald	U18 (2009 & 2010)	Female	800m	no event	no event
306	Marli	Venter	U16 (2011 & 2012)	Female	800m	1500m	no event
307	Marli	Dimond	U23 (2004 - 2006)	Female	400m	800m	no event
308	Maruma	Lima	U20 (2007 & 2008)	Male	400m	no event	no event
309	Matimba	Baloyi	U18 (2009 & 2010)	Male	Long Hurdles	no event	no event
310	Matodzi	Ndou	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
311	Matthew	Sampson	U18 (2009 & 2010)	Male	400m	no event	no event
312	Max	Van Vuuren	U16 (2011 & 2012)	Male	Discus	no event	no event
313	Megan	Ferreira	U18 (2009 & 2010)	Female	High jump	Long jump	no event
314	Megan	Nieman	U18 (2009 & 2010)	Female	Short Hurdles	Long Hurdles	no event
315	Megan	Maree	U18 (2009 & 2010)	Female	Short Hurdles	no event	no event
316	Megan	Venter	U18 (2009 & 2010)	Female	Long jump	no event	no event
317	Melandi	Bosman	U18 (2009 & 2010)	Female	Long jump	Triple jump	no event
318	Melvin	Mashishi	U20 (2007 & 2008)	Male	3000m	5000m	no event
319	Mheho	Mhlongo	U18 (2009 & 2010)	Male	3000m	2000mSteepleChase	no event
320	Mia	Smit	U18 (2009 & 2010)	Female	800m	no event	no event
321	Mia	de Jager	U18 (2009 & 2010)	Female	Heptathlon	no event	no event
322	Mia	Van Wyk	U20 (2007 & 2008)	Female	400m	no event	no event
323	Mia	Davel	U23 (2004 - 2006)	Female	High jump	no event	no event
324	Michael	Shanzi	U18 (2009 & 2010)	Male	200m	400m	no event
325	Michayla	Fysh	U18 (2009 & 2010)	Female	200m	no event	no event
326	Mieke	Loock	U16 (2011 & 2012)	Female	Shotput	no event	no event
327	Mihlali	Posile	U23 (2004 - 2006)	Male	800m	no event	no event
328	Mihlan	Du Toit	U16 (2011 & 2012)	Female	Discus	Hammer	no event
329	Mika	Botha	U23 (2004 - 2006)	Female	Long jump	no event	no event
330	Milan	Swart	U18 (2009 & 2010)	Female	High jump	no event	no event
331	Milané	Moolman	U16 (2011 & 2012)	Female	400m	Long Hurdles	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
332	Minke	Dekker	U18 (2009 & 2010)	Female	3000m		no event
333	Minke	Kruger	U18 (2009 & 2010)	Female	Long Hurdles	no event	no event
334	Modisane	Makobe	U20 (2007 & 2008)	Male	Long jump	no event	no event
335	Mohlale	Maimela	U20 (2007 & 2008)	Male	Long jump	no event	no event
336	Mokgadi	Maake	U18 (2009 & 2010)	Female	100m	200m	no event
337	Mone	Hugo	U16 (2011 & 2012)	Female	Long jump	no event	no event
338	Mpho	Katso	U20 (2007 & 2008)	Female	3000m	5000m	no event
339	Mpumelelo	Ngozo	U18 (2009 & 2010)	Male	3000m	no event	no event
340	Msizi	Nyembe	U23 (2004 - 2006)	Male	10000mWalk	no event	no event
341	Mukhethwa	Tshifura	U23 (2004 - 2006)	Male	100m	no event	no event
342	Musawenkosi	Mnisi	U23 (2004 - 2006)	Male	5000m		no event
343	Mvelo	Sibisi	U18 (2009 & 2010)	Male	Shotput	no event	no event
344	Naeem	Jack	U20 (2007 & 2008)	Male	Short Hurdles	200m	no event
345	Nalu	Xhinthi	U16 (2011 & 2012)	Male	800m	no event	no event
346	Natalie	Moreland	U20 (2007 & 2008)	Female	High jump	no event	no event
347	Nathan	Atkins	U16 (2011 & 2012)	Male	400m	Long Hurdles	no event
348	Nelisa	Mukadi	U18 (2009 & 2010)	Female	100m	Short Hurdles	no event
349	Neo	Montsho	U18 (2009 & 2010)	Male	2000mSteepleChase	no event	no event
350	Nicola Odendaal	Odendaal	U20 (2007 & 2008)	Female	Shotput	Discus	no event
351	Nicolaas	Ras	U18 (2009 & 2010)	Male	Pole Vault	no event	no event
352	Nicolas	Opperman	U20 (2007 & 2008)	Male	Javelin	no event	no event
353	Niela	Gerson	U20 (2007 & 2008)	Female	Javelin	no event	no event
354	Nimé	Mulder	U16 (2011 & 2012)	Female	Short Hurdles	no event	no event
355	Nina	Loggenberg	U18 (2009 & 2010)	Female	Shotput	no event	no event
356	Njabulo	Hlatshwayo	U20 (2007 & 2008)	Male	3000m	5000m	no event
357	Noa	Reinstein	U20 (2007 & 2008)	Female	400m	no event	no event
358	Ntando	Dube	U16 (2011 & 2012)	Male	Short Hurdles	Long Hurdles	no event
359	Nyambi	Menzokuhle	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
360	Obakeng	Tema	U20 (2007 & 2008)	Male	Short Hurdles	Long Hurdles	no event
361	Ofentse	Nondabula	U20 (2007 & 2008)	Male	100m	no event	no event
362	Ogone	Mosala	U16 (2011 & 2012)	Male	100m	200m	no event
363	Olebogeng	Mogapi	U20 (2007 & 2008)	Male	1500m	3000m	no event
364	Olerato	Masiloane	U18 (2009 & 2010)	Male	800m	1500m	no event
365	Olwethu	Mncibi	U23 (2004 - 2006)	Male	10000mWalk	no event	no event
366	Omaatla	Morule	U18 (2009 & 2010)	Female	3000m	no event	no event
367	Omaatla	Dikao	U20 (2007 & 2008)	Female	1500m	no event	no event
368	Omogolo	Mauoane	U18 (2009 & 2010)	Male	Long Hurdles	no event	no event
369	Omphile	Pila	U18 (2009 & 2010)	Male	400m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
370	Onalenna	Ngoepe	U16 (2011 & 2012)	Female	800m	no event	no event
371	Oratilwe	Kganyago	U18 (2009 & 2010)	Male	3000m	no event	no event
372	Orisiemetse	Van Wyk	U16 (2011 & 2012)	Male	400m	800m	no event
373	Owethu	Vuma	U16 (2011 & 2012)	Male	400m	no event	no event
374	Paballo	Dlothi	U20 (2007 & 2008)	Female	800m	no event	no event
375	Paul	Ras	U20 (2007 & 2008)	Male	Pole Vault	no event	no event
376	Pheletso	Masilo	U23 (2004 - 2006)	Female	Long jump	no event	no event
377	Phemelo	Matshaba	U23 (2004 - 2006)	Female	3000m	3000mSteepleChase	no event
378	Phenyo	Miyen	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
379	Phio	Mapadimeng	U18 (2009 & 2010)	Male	1500m	no event	no event
380	Pitsi	Matseba	U16 (2011 & 2012)	Female	5000mWalk	no event	no event
381	PrasieGod	Mudzanani	U18 (2009 & 2010)	Male	High jump	no event	no event
382	Pule	Shamase	U16 (2011 & 2012)	Male	800m	1500m	no event
383	Puleng	Mashilo	U23 (2004 - 2006)	Male	Triple jump	no event	no event
384	Qhama	Nombeleko	U18 (2009 & 2010)	Male	5000mWalk	no event	no event
385	Ratlou	Makgae	U18 (2009 & 2010)	Male	2000mSteepleChase	no event	no event
386	Realeboga	Smith	U23 (2004 - 2006)	Male	5000m	no event	no event
387	Regardt Hendrik	Hattingh	U20 (2007 & 2008)	Male	5000m	no event	no event
388	Reinette Rita	Klopper	U16 (2011 & 2012)	Female	Hammer	no event	no event
389	Reitu	Nkwane	U20 (2007 & 2008)	Male	3000m	no event	no event
390	Remoratile	Ramokgadi	U16 (2011 & 2012)	Female	Short Hurdles	no event	no event
391	Rene	Badenhorst	U16 (2011 & 2012)	Female	Triple jump	no event	no event
392	Riaan	Labuschagne	U18 (2009 & 2010)	Male	3000m	no event	no event
393	Riandré	Botha	U23 (2004 - 2006)	Female	Discus	Hammer	shotput
394	Rivers	Williams	U23 (2004 - 2006)	Male	10000mWalk	no event	no event
395	Roan	Joubert	U20 (2007 & 2008)	Male	Shotput	no event	no event
396	Rochelle	Pitzer	U16 (2011 & 2012)	Female	800m	no event	no event
397	Roelof	Liebenberg	U16 (2011 & 2012)	Male	High jump	no event	no event
398	Roemay	Korff	U16 (2011 & 2012)	Female	100m	200m	no event
399	Rolandt	Grosskopf	U23 (2004 - 2006)	Male	100m	no event	no event
400	Roline	Du Plessis	U16 (2011 & 2012)	Female	Shotput	Discus	no event
401	Roline	Louw	U23 (2004 - 2006)	Female	Short Hurdles	no event	no event
402	Ronald	Khoza	U16 (2011 & 2012)	Male	100m	200m	no event
403	Ronnie	Chacha	U20 (2007 & 2008)	Male	400m	no event	no event
404	Rorisang	Rammupudu	U23 (2004 - 2006)	Male	400m	no event	no event
405	Ruan	Paton	U18 (2009 & 2010)	Male	800m	no event	no event
406	Ruan	Nieman	U18 (2009 & 2010)	Male	Short Hurdles	no event	no event
407	Ruan	Oosthuizen	U23 (2004 - 2006)	Male	400m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
408	Ruben	Human	U16 (2011 & 2012)	Male	1500m	no event	no event
409	Ruben	Jacobsz	U16 (2011 & 2012)	Male	Javelin	no event	no event
410	Ruben	Badenhorst	U16 (2011 & 2012)	Male	Triple jump	no event	no event
411	Ruben	Louwrens	U18 (2009 & 2010)	Male	Long jump	no event	no event
412	Ruben	Visagie	U23 (2004 - 2006)	Male	1500m	no event	no event
413	Ruvé	Van der Ende	U18 (2009 & 2010)	Female	200m	400m	no event
414	Ryan	McCreanor	U18 (2009 & 2010)	Male	High jump	no event	no event
415	Ryno	Riekert	U20 (2007 & 2008)	Male	400m	no event	no event
416	Sarel	Van der Merwe	U16 (2011 & 2012)	Male	Pentathlon	no event	no event
417	Sarel	Boshoff	U20 (2007 & 2008)	Male	Long jump	no event	no event
418	Sean	Honeyborne	U16 (2011 & 2012)	Male	400m	no event	no event
419	Sehata	Moremi	U20 (2007 & 2008)	Male	3000mSteepleChase	no event	no event
420	Selena	Rocha	U20 (2007 & 2008)	Female	100m	no event	no event
421	Shaun	Monyake	U20 (2007 & 2008)	Male	Discus	no event	no event
422	Shiloh	Snijders	U18 (2009 & 2010)	Female	Shotput	Discus	no event
423	Sibusiso	Colepi	U23 (2004 - 2006)	Male	5000m	3000mSteepleChase	
424	Simango	Simango	U23 (2004 - 2006)	Male	1500m	no event	no event
425	Simphiwe	Ndlovu	U20 (2007 & 2008)	Male	100m	200m	no event
426	Sinethemba	Mcinjana	U18 (2009 & 2010)	Male	5000mWalk	no event	no event
427	Sipho	Sindane	U23 (2004 - 2006)	Male	200m	no event	no event
428	Siphosethu	Adams	U20 (2007 & 2008)	Male	200m	no event	no event
429	Sisanda	Ntuli	U23 (2004 - 2006)	Male	800m	no event	no event
430	Siyabonga	Xowana	U23 (2004 - 2006)	Male	5000m	10000m	no event
431	Siyabonga	Mbeleki	U20 (2007 & 2008)	Male	1500m	3000mSteepleChase	no event
432	Siyanda	Dladla	U18 (2009 & 2010)	Male	Long jump	no event	no event
433	Slayden	Van Staden	U23 (2004 - 2006)	Male	200m	no event	no event
434	Stefan	Otte	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
435	Stiaan	Burger	U16 (2011 & 2012)	Male	Discus	no event	no event
436	Sunelle	Burger	U16 (2011 & 2012)	Female	Short Hurdles	Long jump	no event
437	Suricka	Nortje	U23 (2004 - 2006)	Female	Heptathlon	no event	no event
438	Surika	Janse van Rensburg	U18 (2009 & 2010)	Female	Heptathlon	no event	no event
439	Sven	Hedin	U18 (2009 & 2010)	Male	Short Hurdles	Long Hurdles	no event
440	Taelyn	Smith	U20 (2007 & 2008)	Male	High jump	no event	no event
441	Teneal	Craven	U18 (2009 & 2010)	Female	Triple jump	no event	no event
442	Thabiso	Matseke	U18 (2009 & 2010)	Male	3000m	no event	no event
443	Thato	Sethosa	U23 (2004 - 2006)	Female	100m	no event	no event
444	Thato	Matlala	U23 (2004 - 2006)	Male	400m	200m	no event
445	Thato	Mahlatsi	U18 (2009 & 2010)	Male	100m	no event	no event

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
446	Thembinkosi	Mduli	U16 (2011 & 2012)	Male	3000m	no event	no event
447	Theodora	Mandjolo	U16 (2011 & 2012)	Female	3000m	no event	no event
448	theto	kekana	U16 (2011 & 2012)	Male	1500m	no event	no event
449	Thor	Myburgh	U16 (2011 & 2012)	Male	High jump	no event	no event
450	Tiaan	Stevens	U20 (2007 & 2008)	Male	Shotput	Discus	no event
451	Tiaan	Zietsman	U18 (2009 & 2010)	Male	100m	200m	no event
452	Tielelo	Lekgetho	U18 (2009 & 2010)	Male	200m	100m	no event
453	Tiisetso	Malungane	U18 (2009 & 2010)	Male	800m	1500m	no event
454	Tiisetso	Mosima	U20 (2007 & 2008)	Male	Long jump	no event	no event
455	Tinyiko California	Ndala	U23 (2004 - 2006)	Female	800m	1500m	no event
456	Tommie	Cronje	U16 (2011 & 2012)	Male	1500mSteepleChase	no event	no event
457	Toye	Adebowale	U20 (2007 & 2008)	Male	Long jump	no event	no event
458	Troy	Gosling	U18 (2009 & 2010)	Male	Short Hurdles	no event	no event
459	Tshegofatso	Modiselle	U23 (2004 - 2006)	Male	1500m	800m	no event
460	Tshepang	Morake	U18 (2009 & 2010)	Male	Triple jump	no event	no event
461	Tshepho	Mofolo	U20 (2007 & 2008)	Male	Triple jump	no event	no event
462	Tshepo	Mphulanyane	U23 (2004 - 2006)	Male	5000m	no event	no event
463	Tshiamo	motaung	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
464	Tshifhiwa	Murabi	U18 (2009 & 2010)	Male	100m	200m	no event
465	Tsidke	Haasbroek	U20 (2007 & 2008)	Female	100m	Long jump	no event
466	Tumi	Ramokgopa	U20 (2007 & 2008)	Female	Short Hurdles	Long Hurdles	no event
467	Tumi	Kapu	U20 (2007 & 2008)	Male	100m	no event	no event
468	Tumisho	Mabiletja	U16 (2011 & 2012)	Male	100m	200m	no event
469	Tyler	van Rooyen	U16 (2011 & 2012)	Female	Short Hurdles	Long Hurdles	no event
470	Tyonne	Tommy	U20 (2007 & 2008)	Female	High jump	no event	no event
471	Utenda	Nedzingahe	U18 (2009 & 2010)	Female	Triple jump	no event	no event
472	Van Zyl	Venter	U20 (2007 & 2008)	Male	Long Hurdles	no event	no event
473	Veronique	Van Wyk	U18 (2009 & 2010)	Female	Heptathlon	no event	no event
474	Vihan	Kemp	U23 (2004 - 2006)	Male	Long Hurdles	no event	no event
475	William	de lange	U18 (2009 & 2010)	Male	Short Hurdles	Long jump	
476	Wilmarie	Nolte	U23 (2004 - 2006)	Female	800m	1500m	no event
477	Wynand	Kruger	U18 (2009 & 2010)	Male	400m	no event	no event
478	Xander	Schoeman	U20 (2007 & 2008)	Male	100m	no event	no event
479	Xian	Gouws	U18 (2009 & 2010)	Male	Discus	no event	no event
480	Xolisa	Ndara	U20 (2007 & 2008)	Male	800m	no event	no event
481	Yave	Collins	U23 (2004 - 2006)	Female	100m	200m	no event
482	Yave	Collins	U23 (2004 - 2006)	Female	200m	no event	no event
483	Zack	Reddy	U20 (2007 & 2008)	Male	400m	no event	no event

Board Members:

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No	Name of Athlete	Surname of Athlete	Age Group	Gender	Event 1	Event 2	Event 3
484	Zander	Van Staden	U16 (2011 & 2012)	Male	Long jump	no event	no event
485	Zander	Rikhotso	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
486	Zander	Le Roux	U16 (2011 & 2012)	Male	1500mSteepleChase		
487	Zandré	Van Dyk	U18 (2009 & 2010)	Male	Hammer	no event	no event
488	Zanrich	Botha	U20 (2007 & 2008)	Male	Short Hurdles	no event	no event
489	Zanta	Lourens	U18 (2009 & 2010)	Female	2000mSteepleChase	no event	no event
490	Zante	Dreyer	U16 (2011 & 2012)	Female	1500m	no event	no event
491	Zanté	Van Der Merwe	U20 (2007 & 2008)	Female	400m	no event	no event
492	Zattu	Hlongwane	U20 (2007 & 2008)	Male	100m	200m	no event
493	zeca	tibana	U20 (2007 & 2008)	Male	1500m	no event	no event
494	Zian	Brenkman	U20 (2007 & 2008)	Male	800m	no event	no event
495	Justin	van Vuuren	U23 (2004 - 2006)	Male	Short Hurdles		no event

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