

5KM – 10KM – 21.1KM

HOKA HALF

It's back, it's electric, and it's not slowing down.

Whether you're aiming for a personal best or a fun day out, this event promises excitement for runners and spectators alike.

24 SEPTEMBER 2026

Venue: Harlequins Rugby Club

RULES AND GENERAL INFORMATION

1. The time limits for all events will apply as stipulated under race information.
2. All entrants must be amateurs as defined under ASA rules and according to the age restrictions as stipulated under Race Information.
3. International Foreign Athletes must purchase a temporary License number and must produce clearance from their member federation if are contenders for Prizes
4. Marshals and traffic officials must be obeyed at all times. Failure to comply with their instructions will lead to immediate disqualification.
5. No seconding or vehicles on routes will be allowed.
6. Sufficient refreshment stations will be provided on routes.
7. All entrants will participate under the rules of AGN and ASA, and the athlete must familiarise themselves with the rules.
8. Each athlete's responsibility is to ensure they are medically fit and healthy to participate in any events.
9. The race committee reserves the right to accept or reject any entry. The judge's decision is final.
10. Proof of age for prize winners is required and must be presented to referees before prize giving. Prizes will be withheld until confirmed.
11. Athletes must wear clearly visible official numeric age category ID tags on the front and back of the running vest.

RULES AND GENERAL INFORMATION

11. Regret that no mechanically operated device or blade, cyclist or wheelchair is permitted to participate in the races.
12. Animals are only permitted on the 5km and not allowed on the 10km or 21.1km.
13. Prams are only permitted on the 5km and not on the 10km or the 21.1km.
14. No iPods or listening devices are allowed.
15. Temporarily licensed athletes are eligible for open, and category prizes provided the age category tag is clearly visible on the back and front of the running vest.
16. Objections must be lodged in writing within 30 minutes, before or after the prize-giving, to the chief referee, accompanied by payment of R300.00, refundable if the appeal is upheld.
17. To ensure all participants and spectators have a clear view and fair access to the venue space, club, branded, or large group gazebos are not permitted.

RULES AND GENERAL INFORMATION

LICENSED ATHLETES

1. All entrants for the 10km and 21.1km events must have a valid 2026 license number, which must be worn on the front and back of the running vest. The race number issued by the organisers must be worn on the front of the running vest without obscuring the sponsor's detail on the license number.
2. According to Circular 41 of ASA 2026. 2026 licenses are valid for both permanent and temporary licenses.

UNLICENSED ATHLETES

Unlicensed 21.1km and 10km athletes must purchase a temporary license number. The temporary license for 2026 is R70. Athletes must wear this number on the back of the running vest and the race number issued by the organisers on the front of the vest.

CHIP TIMING

A timing chip will be attached to the front of the 21.1km and 10km race numbers which must not be removed or damaged. The timing chip must be visible when crossing the mats at the finish line. The entry form and race number information are linked to the timing chip. No Chip, no results.

PRIZE-GIVING AND SPOT PRIZES

Prize-giving will take place at the venue when all categories are in at 08h00.

RESULTS

Preliminary results are available within 48hrs at results.finishtime.co.za. Official results are available after five days at www.raceresults.co.za

TOG BAGS

There will be a tog bag facility for use at the athlete's own risk in a dedicated area which will be announced closer to race day.

GENERAL

- The 21.1km and 10km routes are single-lap routes. Distance markers are displayed every km.
- Refreshment stations are approximately 3km apart. Dispose of cups and water sachets in the recycling bins at the refreshment stations.
- Medical support is provided along routes and at the venue.
- Food and refreshments are on sale at the venue.
- Only official and accredited vehicles can park at the Finish and the club sites. Security will be deployed at the venue.
- Entry fees are non-refundable.
- Toilet facilities are available at the venue.

PRICING

- HOKA HALF 21.1km – R469 excl temp license.** Entry includes exclusive HOKA HALF merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, a HOKA Half Medal and access to the HOKA HALF event
 - HALF A HALF 10km – R349 excl temp license.** Entry includes exclusive HOKA HALF merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, a HOKA Half Medal and access to the HOKA HALF event
 - FUN RUN 5km – R199** .Entry includes a R1000 HOKA shoe voucher, a goodie bag, a HOKA Half Medal and access to the HOKA HALF event
- Note: Temporary license fees are an additional R70 and required for participants without a valid ASA License.

PRIZE MONEY

21.1 KM (MEN & WOMEN) | RUNNERS

POSITION	OPEN	30-39 YEARS	40-49 YEARS	50-59 YEARS	60-69 YEARS	70-79 YEARS	80+ YEARS
1st	R 3,000.00	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)
2nd	R 1,500.00	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)
3rd	R 750.00	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)	Voucher (TBC prior to event)

10 KM (MEN & WOMEN) | RUNNERS

POSITION	OPEN	JUNIOR (U/19)
1st	R 500.00	Voucher (TBC prior to event)
2nd	R 300.00	Voucher (TBC prior to event)
3rd	R 200.00	Voucher (TBC prior to event)

EVENT SCHEDULE

DISTANCE	START TIME	CUT-OFF TIME	MINIMUM AGE	PRIZE GIVING
21.1 KM	06:00	3 HRS	16 YEARS	08:00
10 KM	06:10	2 HRS	14 YEARS	08:00
5KM	06:20	2 HRS	9 YEARS	08:00

MEDAL INFORMATION

POSITION	21.1km	10 km	5 km Fun Run
Standard medal	All finishers within cut-off times	All finishers within cut-off times	All finishers within cut-off times

ENTRY INSTRUCTIONS

- Entries available on www.hokahalf.co.za
- No late or on the day entries will be accepted.

RACE NUMBER AND GOODIE BAG COLLECTION

Race numbers and temporary license numbers (if applicable) should be collected on the following days at the respective locations:

- Tuesday: 22 September , 12:00 – 19:00 at The Village Walk, Hazelwood.
- Wednesday: 23 September, 12:00 – 19:00 at The Village Walk, Hazelwood.
- Thursday: 24 September, 04:30 – 06:00 at Harlequins Rugby Club. (*No late entries allowed)

HOKA HALF

FOR ENQUIRIES, CONTACT
INFO@HOKAHALF.CO.ZA