



IRENE FARM RACE

31 OCT '26

Athletics
Gauteng North



PARKING

- Ample parking on ARC grounds and Denel Dynamics premises. Search for "Denel Dynamics" on Google Maps for directions.
- Entrance to the ARC is opposite Denel Dynamics

RACE NUMBER COLLECTION

- Wednesday 28 October: Run-Away-Sport: 13:00 – 17:00
- Friday 30 October: Sportsmans Warehouse Centurion: 09:00 – 18:00
- Saturday 31 October (Race day): At the venue: 04:30 – 05:50

FUN FOR THE WHOLE FAMILY

Bring the whole family along to join the Irene AC and 5000 enthusiasts and run/walk along the tranquil streets of Southdowns, the Irene Dairy Farm & Irene Golf Course. Farm animals along the route. There just isn't another race like this!

ENTRY FEES

Entry Fee	5km	10km	21.1km
	R 70	R 150	R 240
70 +	FREE	FREE	FREE
Late Entries (14-69)	R 80	R 170	R 260

Entry fees exclude service charges



Discovery
with Vitality

RACE INFO

- The 10 and 21km will start at 6:00
- The 5km fun run starts at 06:15
- The 1km kiddies run starts at 07:45
- Medals to all finishers
- Distance markers every 1km
- Water points at ± every 3km
- Cut-off times: 10km-2hours, 21km-3hours.
- Food and drinks stalls available
- 21km is not Wheelchair-friendly

PRE-ENTRIES ONLY

Pre-entries close on 27 October or when cap of 5000 is reached

Online entries: www.entryninja.com

- Run-Away-Sport: 012 361 3733
- Tshwane Running Shop Sinoville: 076 929 7384
- Sportsmans Warehouse Centurion: 012 361 3733
- Klopers Castle Gate: 012 051 4200

PRIZE GIVING

Prize giving will commence at 08:00 for the 10km and at 09:00 for the 21km, or as soon as the results are available



aQuellé

ARC Campus, Nellmapius Drive, Irene



PRIZE MONEY MALE & FEMALE

Category	Position	10km	21,1km
Open	1	600	1000
	2	500	800
	3	400	600
40-49	1	500	600
	2	400	500
	3	300	400
50-59	1	400	500
	2	300	400
60-69	1	400	500
	2	300	400
70-79	1	300	400
80+	1	300	400
Juniors	1	400	500
	2	300	400
Walkers	1	500	600
	2	400	500
	3	300	400
40-49	1	300	400
50-59	1	300	400
60-69	1	300	400
70-79	1	300	400
80+	1	300	400

RACE RULES

- All participate at their own risk by entry and indemnify the organizers, sponsors and governing bodies of any liability claims
- Athletes acknowledge that by entering the event they are medically fit to participate.
- All participants in the 21.1km and 10km must wear a valid 2026 license number on the back and front of their vest during the race
- Unlicensed runners/walkers in the 10 and 21.1km must buy a temporary license(R70)Numbers must be worn on the back of the running top.
- The race number must not cover the sponsors logo on the license number.
- No license required for the fun run.
- The race will take place under the rules of ASA,AGN and WA (World Athletics)and all participants must wear club colours during the race, except when participating with temporary license.
- Minimum age of 16 years for the 21.1km and 14 years for the 10km race. No age limit for the fun run.
- Marshals and traffic officials must be obeyed at all times.
- No seconding allowed
- Official age category tags to be worn on front and back of vest, by athletes competing for prize money. Proof of age required for category winners.
- Walkers competing for prize money must wear an official "W" on the front and back of running top.
- NO iPods or listening devices are allowed
- Medical support will be available.
- No blades, cycles or mechanically operated devices are allowed in the race.
- Cut off time:10km-8:00,21.1km-09:00
- No pets/animals are allowed on the ARC premises
- Entry fees cannot be refunded, returned, cancelled or exchanged on account of the weather or any unforeseen circumstances beyond the control of the event organizers.
- The race organizers retain the right to refuse entry and reject persons under the influence of drugs or alcohol who are disorderly or engage in inappropriate behavior and vandalism.
- Athletes who participate without buying a race entry will be disqualified.
- No littering allowed
- Water points ± every 3km
- Tog bag area available
- Category winners who are not present at the prize-giving will have to collect their prizes and medals from Irene Athletics Club.
- International Foreign Athletes must purchase a temporary License Number and must produce clearance from their member federation if are contenders for Prizes

Club Gazebos Welcome

Can be set up Friday afternoon or early Saturday morning (before 05:00).

You can earn 300 Vitality points for completing 5km fun run, 600 Vitality points for your 21.1km run. Plus, we're giving you 500 boosted Vitality points because we're still stoked to be running in person with you!



VENUE

ARC Campus, Nellmapius Drive, Irene



ENQUIRIES

082 331 2236



By entering this race Vitality Member, you hereby agree to share the relevant personal information with Discovery Vitality (Pty) Ltd and related third parties for purpose of facilitating your Vitality rewards.