



5KM

10KM

21KM

1 MILE

STARTING TIMES

21KM & 10KM: 07H00 | 5KM: 07H20 | 1MILE: 10H00

01 NOVEMBER 2026

FIRST 3000 ONLINE ENTRIES GETS T-SHIRTS

PRETORIA UNION BUILDINGS
GOVERNMENT AVE, PRETORIA

CLOSING DATE : 19 OCTOBER 2026

COLLECTION DATE : 30-31 OCTOBER 2026

COLLECTION TIMES 30TH OCTOBER 2026 FROM 09H00 TO 17H00

31ST OF OCTOBER 2026 FROM 09H00 TO 14H00



SCAN TO ENTER

[HTTPS://SECURE.ONREG.COM/ONREG2/FRONT/STEP1.PHP?ID=8022E](https://secure.onreg.com/onreg2/front/step1.php?id=8022e)

5KM

R80

10KM

R150

21KM

R200

TEMPORARY LICENSE: R70

1 MILE FOR ATHLETES WITH DISABILITY (T53/T54) | ENTRY FEE FOR MILE IS BY INVITATION

MEDALS CAPPED AT 6000

RACE ENQUIRIES: 076 307 1212 | 082 825 8001 | ENOCH (RACE COORDINATOR) : 082 825 8001





PRIZE MONEY

21KM MEN AND WOMEN

POSITION	OPEN	40-49	50-59	60-69
1	R50 000	R4 000	R4 000	R4 000
2	R20 000	R3 000	R3 000	R3 000
3	R10 000	R2 000	R2 000	R2 000
4	R5 000			
5	R4 000			
6	R3 000			
7	R2 000			
8	R1 500			

10KM MEN AND WOMEN

POSITION	OPEN	40-49	50-59	60-69
1	R15 000	R3 000	R3 000	R3 000
2	R7 000	R2 000	R2 000	R2 000
3	R6 000	R1 000	R1 000	R1 000
4	R5 000			
5	R4 000			

5KM MEN AND WOMEN

POSITION	OPEN	JUNIOR
1	R5 000	R4 000
2	R3 000	R3 000
3	R2 000	R2 000

1 MILE (WHEELCHAIR ATHLETES)

POSITION	OPEN
1	R5 000
2	R3 000
3	R2 000



RACE RULES

1. The race is held in line with rules of Southern African Confederation of Athletics (SACA), Athletics South Africa (ASA) and Athletics Gauteng North (AGN).
2. The event is open for all South African athletes and International Athletes across the world.
3. International athletes competing must adhere to WA Rules (WA Rule 4.2).
4. Athletes should participate with the provided race bib (to wear in front) and the 2 (two) ASA 2026 Permanent License number (back & front) or the Temporary number at the back.
5. Race number must be visible at all times and worn on the front of the upper outer garment.
6. Non-registered / non club member athletes in are required to purchase a temporary licence in addition to the race entry fee and this number must be worn at the back of their vest.
7. 1 Mile is for athletes with disability (T53/T54).
8. Permanent Licensed athletes should participate in their full club colours.
9. International Foreign Athletes will be allocated a temporary License Number and must produce clearance from their member federation if are contenders for Prize Money.
10. Athletes who belong to clubs should be licensed for 2026.
11. As per World Athletics rules, the prize money will be paid within 60 days of the receipt of test results.
12. Athletes in the age category prize may be requested to produce proof of identity before being awarded prize money.
13. Any athletes who cannot on request produce acceptable proof of age documents will be afforded three days in which to comply, failing which he/she will not qualify for any age group prize money.
14. Category Age Athletes (Juniors and Masters) must wear their age categories.
15. An athlete may only compete in the age category displayed in his/her vest. Thus, a master will not qualify for any veteran or prizes.
16. Medals will be awarded to the first 6000 athletes to cross the finish line.
17. No athletes under the age of 14 years will be allowed to run the 10 km race.





RACE RULES

18. Athletes under the age of 9 years will be allowed to participate in the 5km, provided that their parent/guardian accompanies them at all times.

19. Marshalls, traffic officers, police officers, and all race officials must be obeyed at all times. If athletes are instructed to stop by any medical, race, traffic or police officials, they shall do so immediately.

20. For safety reasons, the use of personal music players with earphones or headphones is not allowed.

Any person using such device in contravention of WA TR6.3 or ASA Rule 34.10 shall not be eligible for individual or team prizes and may be disqualified.

21. Entries capped at 6000 runners.

22. No animals are allowed to accompany an athlete during any event.

23. Entry fees are non-transferable and non-refundable.

24. The athlete grants their permission, in terms of Section 51 of the Electronic Communications Transactions Act 25 of 2002, to the organisers to use their name, race information, and photographs, video tapes, broadcasts and telecasts in which they may appear free of charge. Organisers are compliant with the Protection of Personal Information Act 4 of 2013 (POPIA) and is committed to storing, using, and processing participant data in a manner compliant with the guidelines prescribed by

POPIA.

Participants accept that their personal information will remain confidential and hereby consent to same being shared with the parties involved in the organisation of the event for purposes of results, medical care, and/or promotion of activities related to the event.